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Leading Change
for Better Health



Register Your Team for the Let's Move Challenge!



**LET'S
MOVE!**
Palm Beach County
Commit to Change
2022

LET'S MOVE:
COMMIT TO CHANGE PHYSICAL ACTIVITY CHALLENGE

March 1 - 31, 2022
www.LetsMovePBC.org

ENGAGES

Palm Beach County residents in a friendly competition through the month of March with the goal of promoting physical activity and healthy behaviors!

LET'S MOVE

invites Palm Beach County residents to form teams and get moving together - commit to exercising at least 30 minutes a day, and log your minutes!

Designed by:
FINITYTEK
DESIGNS



[About Let's Move](#)

1. Go to www.LetsMovePBC.org
2. Select the "Create a Team" button
3. Fill out contact information
4. Fill out organization, or team, information
5. If your team has sub-teams, select "yes" under "Would you like to add Sub-Teams?"
6. A text box will pop up; In the text box, list your sub-team names; Enter 1 team name per line
7. Click submit!

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NOTE: Whoever is registering the team is considered the **"Team Captain"** and will be able to view a special dashboard that allows them to review and monitor all team member activity throughout the campaign.

A Let's Move team member will review your submission and contact you once your team has been added to the site.

Register Your Team

Thank you to our *Let's Move* Sponsor:



It's not too late to become a Let's Move sponsor! If interested, email: letsmove@digitalvibez.com

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