

Today's MMU: Flourishing Futures Scholarship Available to Graduating Youth in Foster Care

Children's Services Council of Palm Beach County <mmu@cscpbcc.org>
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To: Updates <updates@gladesinitiative.org>

35 years #HealthySafeStrong

Helping Palm Beach County
children grow up
healthy, safe and strong



Monday Morning Update April 17, 2023

News

Flourishing Futures Scholarship Available to Graduating Youth in Foster Care

Scholarship awards of \$1,000 are available through Speak Up for Kids of Palm Beach County to graduating youth in foster care. [Click here](#) to apply online by April 28. Funds will be distributed directly to youth in May. Learn More about Speak Up for Kids and the Flourishing Futures graduation campaign [here](#).

Two More Days of Free Tax Filing through United Way of Palm Beach County

Get your taxes filed free, fast and safe through April 18! If your household income was \$70,000 or less in 2022, United Way of Palm Beach County is offering free income tax preparation services. This program is supported by IRS-certified Volunteer Income Tax Assistance (VITA) volunteers. Find a VITA site near you and learn what documents to bring by [clicking here](#) or calling 211.

Site-Based Trainings Offer Afterschool Professionals Hands-On Learning Experience

Site-based trainings are being offered to Palm Beach County's afterschool programs to help increase each practitioner's knowledge of youth development practices to better serve children and youth who attend their program every day. Prime Time's goal as a local intermediary is to increase quality in out-of-school time (OST) programs so children and youth have better experiences and opportunities. Read more [here](#).

Teen Intern Coalition Summer 2023 Seeks Student Interns

The Palm Beach County Behavioral Health Coalition's Teen Intern Coalition Summer '23,

Youth Performers Wanted for Youth Explosion 2023

Youth performers ages five to 18 are invited to sign up to participate in the second annual Youth

Medicaid Redeterminations are Coming Back

Have Medicaid? Make sure your information is up-to-date in your MyAccess account,

(TICS'23), seeks Palm Beach County students interested in education, recreation, public health and/or psychology to intern this summer to develop leadership skills, practice public speaking, gain community engagement experience and increase knowledge of substance use prevention while earning community service hours. Applications will be accepted during the month of April for students rising to 8th through 11th grades. The deadline to apply is May 1st. To read application criteria and to apply, [click here](#). For questions, call **561-628-3951** or email SusanFoley@pbcbh.org.

Get Your Green on and Spring into Self Care with CSC!

Children's Services Council of Palm Beach County (CSCPBC) is highlighting mental health and self-care for the month of May. CSC providers can check out and register for some of our new offerings as well as some old favorites on the CSC Learning Management System, [here](#). Offerings Include: Mental Health First Aid for Adults (5/10), Introduction to Mindfulness (5/16), **NEW** PBSO Therapy Dogs-Meet & greet the officers and therapy dogs working within the Palm Beach Sheriff's Office Canine Unit (5/23) and **NEW** Introduction to Sound Therapy (Sound Bathing) (5/24).

Explosion on May 21 at New Bethel Missionary Baptist Church in Belle Glade. Cash prizes will be awarded for both singing and dance categories. [Click here](#) to complete the application to register. A flyer with prizes listed for the event can be viewed [here](#).

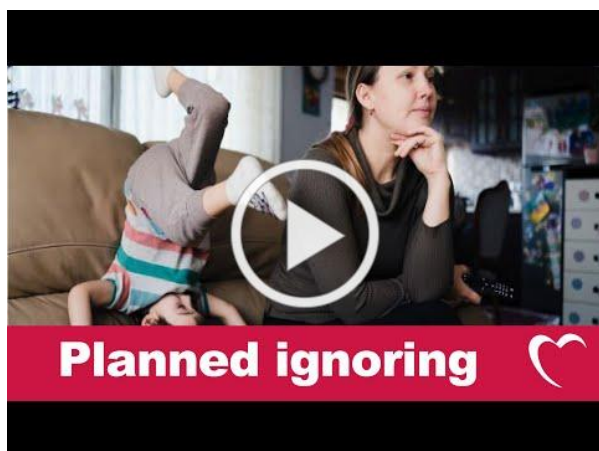
Legal Aid's Community ID of the Palm Beaches Issuing IDs in April

The Community ID of the Palm Beaches is for any resident who may have limited access to government issued forms of identification and for those who support a diverse and inclusive community. Upcoming dates include April 20 in West Palm Beach and April 25 in Belle Glade. For more information, including what to bring with you, contact Legal Aid Society of Palm Beach County, Inc. at **561-822-9740** or visit their Facebook page, [here](#).

found [here](#). Additionally, you don't want to miss this important piece of mail. Watch for the envelope with the yellow stripe! It has your Medicaid renewal.

Children's Services Council of Palm Beach County Job Opportunity

Children's Services Council (CSC) seeks an evaluation officer to conduct systematic inquiry to understand how funding from CSC is used to improve child outcomes and reduce racial disparities. Using a broad range of quantitative and qualitative methods, the evaluation officer performs complex statistical analyses, synthesizes data and shares findings with funded programs, system leaders and community residents. To read more and apply, submit a cover letter and resume [here](#) by 5:00 p.m. April 30.



Parenting Tips: The Power of Planned Ignoring

Is your child making an annoying sound to get your attention? Is your child whining for something minor? Maybe try planned ignoring.

Therapist Robert Lerro is part of a team of therapists with Triple P, a FREE program offered by Community Partners of South Florida and funded by Children's Services Council of Palm Beach County. Triple P offers parenting strategies to cope with common

childhood behaviors with one-on-one sessions and group sessions. Triple P is available for parents raising children up to age 12.

[Click this Button to
Learn More](#)

Events

Black Under-Representation Initiative Task Force Meetings

Every last Wednesday of the month
10:00 a.m.
Virtual

Florida Atlantic University's Center for Autism and Related Disabilities invites you to join the Black Under-Representation Initiative meetings to discuss research that indicates black children are being misidentified, delay identified and under-identified with Autism Spectrum Disorder. Without proper identification, children will not receive access to evidence-based interventions to progress academically and socially, and parents and families will not receive the support and training needed to help their children. RSVP by calling **561-212-4930** or email cmckinney@fau.edu.

Unicorn Children's Foundation Family Fun Nights

Every last Wednesday of the month
5:30 p.m. - 7:30 p.m.
99 SE Mizner Blvd., Ste. 120
Boca Raton

The Unicorn Children's Foundation is dedicated to creating cradle to career pathways for kids and young adults with developmental differences and helping their families navigate the complex journey. This free event is open to people of all ages and abilities and includes karaoke, dancing, light bites and refreshments, crafts, board games, cups of kindness served by Percs Café baristas and tours available upon request. [Click here](#) to register.

Birth to 22 Ensuring Safety & Justice Kick-Off

Monday, April 17
2:00 p.m.
Clayton Hutchinson Center
559 N. Military Trail
West Palm Beach

You're invited to join this special, kick-off event to hear more about the work of the Birth to 22 *Ensuring Safety & Justice* Action Team and the ways you can join their efforts. A "marketplace" will be featured at the event, so please feel free to bring any organizational materials, resources and swag to share with attendees. Refreshments will be provided. [Click here](#) to view a flyer with more details. RSVP to caltaro@pbcgov.org.

ELCPBC Kaleidoscope Play & Learn Groups

Mondays, April 17 & 24
10:00 a.m. - 11:30 a.m.
Glades Pioneer Park
866 SW 16th Street
Belle Glade

During these group meetings with Early Learning Coalition of Palm Beach County, children will learn through play, get to practice with their peers and spend quality time with their caregivers. Families with all children five and under are welcome! No registration required. For more information, contact arielle.tuan@elcpalmbeach.org.

Library Office Hours with the Clerk of the Circuit Court & Comptroller

Tuesday, April 18
11:00 a.m. - 1:00 p.m.
Jupiter Branch, Palm Beach County Library
705 Military Trail
Jupiter

Want to ask a question in person? The Clerk of the Circuit Court and Comptroller of Palm Beach County invites you to visit their team that is ready to help answer questions you bring. [Click here](#) for a listing of other locations and regular office hours.

Daddy and Me Program Session

Saturday, April 22
10:00 a.m. - 1:00 p.m.
Cox Science Center
4801 Dreher Trail North
West Palm Beach

West Palm Beach Center for Arts and Technology invites you to this fun bonding event that includes lunch, an art activity and a guest speaker. Children must be accompanied by a father or father figure. Upcoming sessions include May 13, June 17, July 15, August 19 and September 16. [Click here](#) to register.

Take Back Day

Saturday, April 22
10:00 a.m. - 2:00 p.m.

Minority Health Month Events

Saturday, April 22
10:00 a.m. - 2:00 p.m.

Jupiter Police Family Autism Day

Saturday, April 22

Walgreens
10420 Forest Hill Blvd.
Wellington

Palm Beach County Behavioral Health Coalition is partnering with the Village of Wellington to host National Take Back Day for residents to anonymously drop off unused or expired medications to be safely disposed of and reduce overdose deaths. The goal is to collect 100 pounds of medications so they don't go into the water system, landfill or into other hands and used for harm. Learn more about the event [here](#) or call **561-374-7627**. To view a flyer for the event, [click here](#). Click [here](#) for all local drop off locations that are open year-round.

Youth Summit of Palm Beach County
Saturday, April 29
9:00 a.m. - 4:00 p.m.
Palm Beach Central High School
8499 W. Forest Hill Blvd.
Wellington

Middle and high school students are invited to join this free day of fun, food, music and entertainment, a dance competition, prizes and education. Community service hours are available! Text **YOUTH SUMMIT** to **888-687-0035** for more information, [click here](#) to register and [click here](#) to view a flyer.

Healthy Mothers, Healthy Babies Tenth Annual Moments Luncheon
Thursday, May 11
11:30 a.m. - 2:00 p.m.
BallenIsles Country Club
100 BallenIsles Circle
Palm Beach Gardens

For a decade, Moments has honored all of the women in our

Palm Beach County Health Department
1150 45 St.
West Palm Beach AND

Saturday, April 29
10:00 a.m. - 2:00 p.m.
Palm Beach County Belle Glade Health Center
38754 State Road 80
Belle Glade

Florida Health's Office of Minority Health is celebrating National Minority Health Month, in partnership with the Alzheimer's Association and other community partners, in order to distribute information on various topics as they relate to minority health. Partners and events include 211, Digital Vibez, Library Literacy Corner, smoothies and games. For more information call **850-245-4941** or email MHHE@flhealth.gov.

West Tech Career Expo
Tuesday, May 2
5:00 p.m. - 7:30 p.m.
West Technical Education Center
2625 NW 16 Street
Belle Glade

West Tech students and the community of Belle Glade, South Bay and Pahokee are invited to this event to meet subcontractors and explore job opportunities in electrical, HVAC, welding, plumbing and carpentry. [Click here](#) to view a flyer for the event with information to register.

Afterschool Symposium 2023: Shift to Now
Friday, May 12
8:00 a.m. - 1:00 p.m.
West Palm Beach Marriott
1001 Okeechobee Blvd.
West Palm Beach

Prime Time Palm Beach County is excited to offer this annual event with the purpose of embracing the

10:00 a.m. - 2:00 p.m.
Carlin Park West
400 SR-A1A
Jupiter

This event is filled with over 25 incredible resources in the area that assist those on the autism spectrum and will inform their families and friends while providing fun connections with local first responders and others with autism. Read more about the event [here](#) and RSVP [here](#).

The Village of Wellington Hurricane Expo '23
Saturday, May 6
9:00 a.m. - 1:00 p.m.
Wellington Community Center
Wellington

Grab a disaster supply kit and hear presentations by Florida Power and Light, National Weather Service, Wellington Flood Control, and homeowner's insurance updates from Allstate Insurance. The Storm Panel includes Home and Business Preparedness Planning by the American Red Cross, Learn How to Stay Informed by the Village of Wellington, Shelters and Special Needs Registry by Palm Beach County EOC and hear from Solid Waste Authority's COO. Admission is free. Contact Wellington Village Hall for more information at **561-791-4000** or **561-363-7905**.

Get Your Green On Fashion Art Ball 2.0
Thursday, May 18
5:00 p.m. - 9:00 p.m.
Arts Warehouse
313 NE 3rd
Delray Beach

Don your super-hero attire at this featured event for the county-wide Get Your Green On (GYGO)

lives – the mothers, daughters, aunts, sisters and friends who tirelessly ensure we all have moments of joy to share. Please join Healthy Mothers, Healthy Babies for this special anniversary year celebration that will feature a Q&A session with Tonya Lewis Lee, producer, film director, writer, entrepreneur and women's health advocate and facilitated by Hollani Davis of WPTV. For more information, including ticketing, [click here.](#)

present to offer youth meaningful out-of-school time experiences. Attendees will be inspired with innovative strategies and activities that complement ways in which out-of-school time programs, practitioners and the field can "SHIFT" (Stop, Hold space, Imagine, Feel the change and Take action). Pre-register [here](#) to get placed in a drawing to win a \$50 gift card. The winner will be announced at the Advancing Afterschool Awards Luncheon on May 12 and must be present to win.

mental health campaign, which aims to raise awareness by creating visible support and fostering safe spaces to talk openly about mental health and trauma. The Ball will combine fashion and the arts while shining light on mental health during Mental Health Awareness Month. The evening includes a fashion show, music, performances and mental health inspired artwork. To view a flyer for the event, [click here](#) and to reserve your spot, [click here.](#)

Hey Sistas Launch Party

Saturday, May 20
6:00 p.m.- 9:00 p.m.
Olentv Selfie Museum
205 N Federal Hwy
Lake Worth

"Hey Sistas" is a women's support group through Rhonda's Promise Inc. for women of color to focus on health, wellness and mental health awareness. The group will participate in fitness activities, as well as hear from expert guest speakers on health-related topics. Through the support of this program, women will work together to develop their leadership skills and find their voice to positively advocate for issues related to women's physical and mental health. [Click here](#) to register.

Center for Child Counseling April Events:

Art Therapy Classes for Middle-School Students

Tuesdays: 7-week sessions
6:00 p.m. - 8:00 p.m.
Lighthouse Art Center
Tequesta

Group art therapy classes support mental health, peer relationships and overall well-being. The purpose of this program is to increase feelings of community and connectedness, build resilience and coping skills and decrease feelings associated with anxiety, depression, loneliness and/or stress. For each group cohort, a Center for Child Counseling therapist will partner with a Lighthouse ArtCenter art instructor to provide weekly therapeutic art activities from painting to pottery! The first session's topic is anxiety. [Click here](#) for the ArtClub schedule with a list of topics and registration form.

Lead the Fight, with Fritz Horstman

Wednesday, April 19
6:00 p.m. - 7:30 p.m.
Virtual

This event is a continuation of the Lead the Fight series that aims to bring awareness, action, and advocacy to effectively addressing Adverse Childhood Experiences (ACEs) and trauma. [Click here](#) to read more and to RSVP.

Boys SNAP® Group

Wednesdays, April 26 - June 28
Center for Child Counseling
8895 N. Military Trail, Suite 300c
Palm Beach Gardens

The Stop Now And Plan (SNAP®) Program offers support for children ages 6-11 and their families by providing strategies to address acting out behaviors and increasing prosocial skills that help children stay out of trouble by making better choices. SNAP® is a 13-week program during which children and their families participate in engaging activities such as group discussions, role-playing, interactive games and self-

reflection to address topics including dealing with anger, learning how to cope and practice self-control, and engaging in problem solving. Please make sure you and your child are able to commit to the 13-week group sessions so that you both can get the best out of the program. [Click here](#) to complete the Interest Form. Email info@centerforchildcounseling.org with questions.

[Girls Voice Task Force Events:](#)

The Girls Voice Task Force, (GVTF), is a subcommittee of the Girls Coordinating Council of Palm Beach County; a community collaborative aimed at strengthening the system of care for girls ages 12-19.

Virtual Space Task Force Meetings

Every second Thursday of the month

6:00 p.m.

Virtual

The GVTF virtual space serves as a place for girls to connect with one another, learn valuable skills and grow together. [Click here](#) to complete the application to receive the meeting link. Join GVTF on Remind by texting @girlspbc to **81010**.

School Dress Code & Self-Advocacy for Girls and Parents

Wednesday, April 19

6:00 p.m. - 7:00 p.m.

Virtual

Girls and their parents are invited to attend this panel discussion. [Click here](#) to register.

Responding to Girls' Mental Health for Parents

Tuesday, May 23

6:00 p.m.

Virtual

[Click here](#) to register and contact WJones@pbcgov.org event information.

Trainings

Healthy Mothers, Healthy Babies Coalition of Palm Beach County: April Educational Calendar

April events include educational classes for pregnant women, new parents and their support partners, maternal wellness support group meetings, childbirth classes, pregnancy and infant loss and couples support groups, prenatal yoga, and Circle of Dads peer-to-peer support groups. Many classes are offered in both English and Spanish with a virtual option. A calendar with details can be found [here](#).

Talking to Children About Grief

Tuesday, April 18

6:00 p.m. - 7:30 p.m.

Virtual

In this intensive workshop, participants will learn about what grief is and how children grieve, developmental stages and the impact on grief, parent regulation and ways to encourage self-expression and how to prepare for the conversation about grief. Presented by trainers from the Center for Child Counseling. [Click here](#) to register.

Unicorn Children's Foundation Special Needs Advisory Coalition (SNAC) Meeting

Tuesday, April 18

2:00 p.m. - 4:00 p.m.

Virtual

In recognition of Autism Awareness month, the focus will be on school options for children with autism in Palm Beach County. The speaker panel includes Ann Eisenberg, Executive Director and Nicole DeFlorio, Director of Transition & Family Services, Palm Beach School for Autism, Dr. J. Duane Meeks, President & CEO, Potentia Academy, Inc., Melissa Carman and Pam Ludwick, Directors, Connections Education Center of the Palm Beaches, Inc., Carly Werner, Director of Education and Diana Sierra, Transition Coordinator, Boca School for Autism at Unicorn Connection Center and Kevin McCormick, Director, Exceptional Student Education, School District of Palm Beach County. [Click here](#)

to register.

Turn on the Light Conference on the Wellbeing of Children and Families

Thursday, April 27
8:00 a.m. - 4:15 p.m.
Palm Beach County Convention Center
650 Okeechobee Blvd.
West Palm Beach

The full day symposium offers an array of educational workshops, resource booths and a keynote luncheon. This year's speaker is Dena "Rainey" Nave, Executive Director of Healing Place, International Vice-President of Bikers Against Trafficking, Addiction and Clinical Trauma Therapist, and biker who survived a lifetime of being trafficked. [Visit here](#) to register, become a sponsor or secure your exhibitor table. Group discounts available.

Caregiver 911: Fearless Caregiver Conference

Thursday, April 27
10:00 a.m. - 2:00 p.m.
Carolyn Sims Center
225 NW 12th Ave.
Boynton Beach

This conference, hosted by Gary Barg, Editor-in-Chief of *Today's Caregiver* magazine, will teach how to balance work, family and caring, motivate family members to help, communication strategies and securing the future of your adult child. Lunch is included. [Click here](#) to register and [here](#) to view a flyer for the event.

Mental Health First Aid

Tuesday, May 2
1:00 p.m. - 3:00 p.m.
Alpert JFS Office
5841 Corporate Way
West Palm Beach

Learn how to recognize and help an individual who may be experiencing a mental health or substance use crisis. This training, presented by the Melvin J. & Claire Levine LifePlanning Program and sponsored by Jewish Family Service, National Council for Mental Wellbeing and Palm Beach County Mental Health First Aid Coalition covers topics such as recognizing changes, signs and symptoms in behavior, learning how to safely and appropriately approach someone in need, recognize triggers to crises, highlights the importance of self-care and much more. Register [here](#).

Center for Child Counseling In-Person Play Therapy Series

Friday, May 5
9:00 a.m. - 4:00 p.m.
Opportunity Early Childhood Education and Family Center
4171 Westgate Ave.
West Palm Beach

Join Play Therapy experts to learn the language of the child through this new Play Therapy Series. The next workshop focuses on utilizing sand tray in play therapy, a powerful method in treating children and adults. This workshop will explore the fundamental theory, skills, tools and methods of sand tray play therapy through hands-on experiences that allow participants to explore the various elements of the sand tray process. Participants will be able to develop and practice basic skills for incorporating sand tray play therapy into their practice. To learn more about the event and to register, [click here](#). Includes 4 live contact APT CE hours. Upcoming workshops include Continuing the Practice, Addressing Trauma Through Play Therapy and Treating Trauma using TF-CBT.

Storytelling for Nonprofits

Wednesday, May 10
10:00 a.m. - 11:30 a.m.
Children's Services Council
2300 High Ridge Road
Boynton Beach

Nonprofits First invites you to join James Coleman and Tom Elia with The Palm Beach Post to learn what they look for in choosing stories to cover. They'll share insider secrets on how to reach out to editors and reporters that will get their attention, how to submit an idea and what happens to your pitch once you do, what to include in your submission, especially regarding photos and other media and a clearer sense of why editors choose some stories over. [Click here](#) to register for this free event.

Florida Atlantic University's Center for Autism and Related Disabilities (CARD) Virtual Trainings this Month:

Summer Break Success for Children with ASD: Tips for Caregivers

Monday, April 24
12:00 p.m. - 1:00 p.m.

In this workshop, parents of children with Autism Spectrum Disorder, (ASD), will learn about evidence-based

strategies and community resources to support their child's behavior and routines during holiday breaks from school. [Click here](#) to reserve a spot.

AT, AAC and ASD: Engagement and Communication in the Classroom

Tuesday, April 25

5:00 p.m. - 7:00 p.m.

Assistive technology (AT), including Augmentative and Alternative Communication (AAC), can not only enhance the lives and capabilities of students with ASD but also provide educators and related service providers with a valuable tool to allow students with ASD increased educational opportunities. While focusing on students with ASD, this training will provide participants with an overview of AT and AAC, guidance on how to effectively secure AT for students, meeting the needs of students with ASD with AT, and tips and tricks for implementing AT and AAC in the classroom. [Click here](#) to register.

Additional Resources

[Visit the CSC website](#)

[CSC Employment](#)

[CSC Provider Agency Employment](#)

[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpbcc.org. [Click here](#) review the MMU Submission Guidelines.

Stay Connected!



Children's Services Council of Palm Beach County | 2300 High Ridge Road, Boynton Beach, FL 33426

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