



Diabetes Wellness Series

Nova Southeastern University's IDEA Initiative shares S.M.A.R.T. goal setting for managing diabetes, covering diet, exercise, medications and emotional factors for better prevention and control. Preregister online.

Sat, Feb 08, 10:30 am - 11:30 am
Goal Setting for Diabetes

Sat, Mar 01, 10:30 am - 11:30 am
Diabetes Prevention & Management

Sat, Mar 15, 10:30 am - 11:30 am
Diabetes & Exercise



NSU
Florida

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