

Upcoming Workshops and Resources to Support You The Glades

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on behalf of

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To: Updates <updates@gladesinitiative.org>

Live Clinical Workshops

Endemic Times: Art and Play Therapy Techniques for Grief, Loss, and Isolation

Facilitated by Marla Berger, LMHC, ATR, RPT-S™

The past few years have been difficult for children, tweens, and teens.

They have had to grow up away from the social supports and systems that help sustain and nurture. Many have experienced losses, deaths, and isolation from friends and family. As our world moves from a pandemic state of mind to an endemic, so must our therapy services.

This live workshop on 2/24/23 will provide hands-on, experiential art and play therapy activities to help children, tweens, and teens process their lived experience of grief and loss. Participants will engage in interactive activities which can be utilized through in-person and telehealth sessions.

Cost: \$150 (including 6 CEUs and contact APT CEs). Check out our early bird specials!

[Learn More](#)

Clinical Series with Jon Sperry, Ph.D.

Dr. Jon Sperry, Ph.D. is an Associate Professor in the Clinical Mental Health Counseling program at Lynn University. He is also a staff therapist at the Counseling and Psychological Services at Florida Atlantic University.

Dr. Sperry is currently the co-editor of the *Journal of Individual Psychology* (JIP). He has co-authored six psychotherapy textbooks and has given lectures in 22 different countries.

This fall, we are hosting four **live, online workshops** with Dr. Sperry! Click on the title of each workshop to learn more...

- **Trauma-Informed Case Conceptualization:** 9/23
- **Motivational Interviewing for Practitioners:** 10/17
- **CBT with Children and Youth:** 11/14
- **Self-Care for Practitioners:** 12/2

Trauma-Informed Case Conceptualization

It's not too late to register for tomorrow's workshop!

Case conceptualization is considered by many to be the most important competency

expected in clinical practice today.

This workshop will introduce a trauma-informed case conceptualization model within an integrated framework. Assessment and treatment implications of various trauma and related disorders will be reviewed. In addition, several evidenced-based therapy models for treating individuals living with developmental and acute trauma will be discussed.

Date and Time: September 23, 2022, 8:30am - 11:30am **Cost:** \$60 (including 3 CEUs)

[Register Now](#)

On-Demand Play Therapy Workshops

Building the skills to work successfully with children is essential for mental health, social work, and pediatric professionals.

We have developed an array of online workshops that are available on-demand 24/7 for 30 days after registration.

Earn APT Credits for Online Learning!

[Learn More](#)

Child-Centered Group Play Therapy

Facilitated by Nida Paul, LMHC, NCC, Registered Play Therapist

The focus of this 1.5-hour workshop is using Child-Centered Group Play Therapy (CCGPT) with young children experiencing social, emotional, behavioral, and/or relational difficulties.

CCGPT is an evidence-based intervention that allows children to experience social interactions to learn, practice, and enhance new social and coping skills.

The cost of this 90-minute on-demand workshop is \$35, including 1.5 non-contact APT CE and CEUs for Florida Board of Psychology, Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling. [Learn more or register now.](#)

Other On-Demand Play Therapy Workshops...

Trauma and Play Therapy: The focus of this online, one hour workshop is on using Play Therapy with clients who experienced trauma. Specific activities and strategies are explored. Cost: \$25 (1 hour Play Therapy non-contact APT and 1 State of Florida CEU included).

Play Therapy with Families: The focus of this online workshop is on using play in sessions with families. Specific activities and strategies are explored. 1 Hour training - Cost: \$25 (1 non-contact APT and CEU included).

Foundation for Addressing the Social-Emotional Wellness of Children Using Play - 10 Hours \$150 - This course is ideal for mental health professionals and students who are interested in Play Therapy, including the history and theories of play. Approved through APT.

Discounts Available! [Send us an email](#) for your student discount code!

[Learn More](#)

For Parents, Teachers, and Caregivers

A Way of Being with Children

A Way of Being with Children offers a rich experience in learning **trauma-informed ways for addressing specific concerns or behaviors, building positive relationships, and promoting child resilience.**

In addition to our on-demand 5.5 hour [online course](#) and manual (shipped to you with registration), we have developed brief, [online workshops](#) (45 - 60 minutes), [downloaded tip sheets](#), and [short videos](#) to build specific skills to support parents, teachers, and caregivers of children.

FREE for Teachers and Parents in Palm Beach County!
Simply enter the promo code: **AWOBPBC** and click apply to waive the fee.

NEW! Join our [A Way of Being Parenting Group](#)!

This new, 7-session, online support group will provide a safe space for parents and caregivers to freely and confidentially share their experiences, challenges, and strengths while learning practical ways to address behaviors and build resilience.

Cost: \$35 for 7 sessions. Scholarships available. [Click here](#) to learn more or [email Nida](#) if you have

On-Demand Workshops

We offer an array of 'A Way of Being' workshops - with topics ranging from [Promoting Resilience](#) to [Mindful Parenting](#). **Click on the button below to learn more about all of the workshops.**

[Learn More](#)

Ways to Talk to Children

Developed by our experts in child mental health and trauma, we have developed [Ways to Talk to Children](#) resources, at no cost, for parents, teachers, and caregivers across Florida and the nation to help tackle tough conversations about sexual abuse, divorce, war, and more.

It is important to talk to children about real situations that may be impacting them emotionally. The workshops, videos, and resources were created to help you have these difficult conversations, in developmentally appropriate and trauma-informed ways.

Addressing and Identifying Suicide

Suicide is an emotional, overwhelming, and scary topic to discuss with anyone, let alone a child. You, as a parent or caregiver, may be worried about what to do, what to say and whether your efforts are improving the situation or not.

Join us for this important workshop as we review information that can assist you in early detection, prevention and intervention as well as ways to be involved and buffer the risk factors against suicide.

Learn more or register for our free, 60-minute [workshop here](#).

[More Topics](#)

For Schools and Organizations

In the absence of buffering, protective relationships, trauma and toxic stress in childhood may impact an individual's health and well-being across the lifetime. Our PACEs (Positive and Adverse Childhood Experiences) and Trauma-Informed Care training and consultation provide participants, schools, and organizations with knowledge and effective strategies that can be immediately

implemented.

Training options include live in-person or virtual and on-demand, online learning. Our live workshops are individualized for each setting, with practical ways to integrate strategies into your work.

[Learn More](#)

Interested in learning more about any of our workshops? Please contact [Dominika Nolan](#), Director of Education and Prevention Services at Center for Child Counseling.

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