

Expert parenting tips for your child with ADHD

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Getting an ADHD (Attention-Deficit/Hyperactivity Disorder) diagnosis for your child may answer some of the behaviors you've been seeing like lack of concentration and impulsivity. But what comes next? What can you do as a parent? Here are some quick tips from Carolina Libreros, a Triple P supervisor for the Center for Family Services of Palm Beach County. Triple P stands for the Positive Parenting Program, a program available to all Palm Beach County families who are experiencing parenting challenges. For more helpful parenting tips, expert advice and local resources, visit EveryParentPBC.org/behavior and download the free **EveryParent** app to create your free family profile today:

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