

35 years #HealthySafeStrong

Helping Palm Beach County
children grow up
healthy, safe and strong



Monday Morning Update November 15, 2021

[COVID-19 Resources](#)

[Testing sites, meals sites, health tips and more COVID-19 updates and resources](#)

Children's Services Council has compiled an ongoing list of local resources that Palm Beach County families may find helpful in these uncertain times. [Click here](#) for links to federal, state and local resources and as well as educational resources for your family.

News

211's holiday meal sites for Palm Beach County

Spread some holiday cheer to local families! Every year, 211 compiles a list of holiday meal sites for Palm Beach County. Individuals and families interested in learning more about meal distribution sites and times can call 2-1-1 or [click here](#) for more information. Contact 211 HelpLine with your organization's holiday meal locations.

Pfizer Pediatric COVID-19 vaccine sites

The FDA has authorized the use of the Pfizer-BioNTech COVID-19 Vaccine for children ages 5 through 11 years. The US Centers for Disease Control and Prevention's (CDC) Advisory Committee has also approved the vaccine for this same age group. The Health Care District Mobile Clinic is now administering the vaccines at select School District locations. Pediatric doses will also be offered by the Health Care

National Injury Prevention Day

Did you know that every day 20 children needlessly die from preventable injuries – and their deaths make up more deaths than all other diseases combined? Their family members are also dying and being hospitalized. Injury is the number one cause of death and hospitalization of people from 1-44 years old and we are asking you to help make a difference. "Shine a Green Light" on November 18th, 2021, National Injury Prevention Day, to help

District at the Lantana Primary Care Clinic located at 1250 Southwinds Drive, Lantana, FL, 33462, Monday through Friday from 9 a.m. to 4 p.m. [Click here](#) to learn more.

raise awareness about the need for change. Join us and wear GREEN showing you are a part of child injury prevention and sharing on our Facebook page! [Click here](#) to learn more.

Water/Ways Museum Exhibit Photo Contest for the Glades

This photo contest is open to middle and high school students. Photos should be themed around water. To accompany your photo, you must include a narrative of up to one paragraph explaining how your photo represents your personal water story or describes what water means to you. All photos must include a title. Photo location must be in the Glades Region, including Pahokee, Belle Glade, Canal Point and South Bay. The deadline to submit is November 16th, 2021. [Click here](#) to learn more and apply.

Community Foundation Scholarship applications are now open!

Do you know a graduating high school senior or current undergraduate student from Palm Beach or Martin County? Do they plan on attending a college, university, trade, or vocational school? Share the Community Foundation's scholarship opportunity with them! In the 2020-2021 scholarship cycle, the Community Foundation awarded over \$1 million dollars to 107 local students. Once a student completes our general scholarship application, they are automatically considered for over 110 scholarship funds! Application deadline is Jan. 31, 2022. [Click here](#) to apply.

Non-profit organizations invited to join the 2022 Great Charity Challenge

For the 2021 Great Charity Challenge presented by Fidelity Investments (GCC), an event founded by the father/daughter team of Mark and Paige Bellissimo in 2009, COVID-19 highlighted that non-profit organizations and civil society stood at the core of our community's resilience. Through the generous support of the equestrian industry and the local community, the GCC has acted as a catalyst for charitable giving over the last 12 years, distributing \$15.9 million to 276 Palm Beach County non-profit organizations. If you know of a deserving Palm Beach County-based charity, we invite you to share the link below to access the application. [Click here](#) to apply.

Free insurance help with Epilepsy Florida

For questions on eligibility, exemptions and all things having to do with Florida's Health Insurance Marketplace, contact Epilepsy Florida to help you sign up for the Marketplace and navigate the system. For Future assistance or to schedule an appointment, please call 1.877.553.7453. [Click here](#) to learn more.

The Health Care District's Sponsored Programs bid opportunity is currently open from November 1 – 19

The Health Care District is accepting funding requests from qualified Respondents to provide health care, health care support services, and services that address Social Determinants of Health to uninsured, underinsured, and/or other vulnerable Palm Beach County residents. For more information please [click here](#).

United Way of Palm Beach County seeks 200 volunteers for VITA Program

Help local families succeed! United Way's Volunteer Income Tax Assistance (VITA) program, in partnership with the Internal Revenue Service (IRS), is looking for 200 volunteers to help provide free tax prep services to PBC households with an annual income of \$68,000 or less. Perfect opportunity for CPAs, retired professionals, college students, or anyone interested in accounting and finance. [Click here](#) to learn more.

Florida Children's Council: Capitol Connection

Council Update: Palm Beach County honored with

Early Learning Coalition of Palm Beach County's ASPIRE New Teacher Initiative

Florida Children's Council's Capitol Connection is a weekly email update sent during Legislative Session to keep you informed of all proposed legislation related to children, youth and families in Florida. This newsletter provides concise and timely information regarding current public policy issues. [Click here](#) to access the 2022 Legislative Session updates.

prestigious Culture of Health Prize

Palm Beach County is one of 10 winners chosen this year for the national, prestigious RWJF Culture of Health Prize. The prize, awarded by the Robert Wood Johnson Foundation, honors communities for their work advancing health, opportunity and equity. For more on this and other actions from CSC's Council Meeting, [click here](#).

This initiative has the potential to solve two societal needs with one solution. Currently, the child care industry is facing a shortage of qualified and trained early childhood educators, and as previously stated, women and parents overall have left the workforce because of the pandemic. Opportunities to come back to the workforce and maintain a work/life balance exist either working in a child care center or opening a family child care home. [Click here](#) to register and access the upcoming webinar on Nov. 10. [Click here](#) to learn more about ASPIRE.



At the Heart of CSC

At Children's Services Council of Palm Beach County, our staff is our heart. Go to www.cscpbcc.org to learn about the important work they do every day on behalf of our community's children and families –and why they feel such a deep connection to CSC's mission: that all Palm Beach County children grow up healthy, safe and strong:

[Learn more](#)

Events

Thanksgiving: Turkey Giveaway and Food Drive
Saturday, Nov. 20
1 - 5 p.m.
Carolyn Sims Center
225 NW 12th Ave.,
Boynton Beach

Water Smart Town Hall
Thursday, Dec. 2
7 p.m.
Facebook Live

Join SafeKids PBC for an informative evening with local expert and Pediatrician Dr. Peter Antevy, Pediatric EMS Medical

Healthy Mothers, Healthy Babies Basic4Babies Mobile Pantry
Mondays and Wednesdays
Pop-up sites in West Palm Beach, Riviera Beach, Lake Park, Royal Palm and Jupiter

Sponsored By BRIDGES at Boynton Beach/Pathways To Prosperity and Boynton Strong, this free event will have hot meals, beverages, enjoyable music and community congregation! Call 561.903.7743 to learn more about this event.

Director for Palm Beach County Fire Rescue, to learn about the impact of drownings and near drowning for our children and community. We will also hear from different agencies that promote and offer swim lessons for children of varying ages. Participants joining in will also have the opportunity to participate in a survey, which will enter them into a raffle for Family 4 Pack Passes to Calypso Bay or Coconut Cove Water Parks, 1 Month Free Membership to the Boynton YMCA and FREE swim lessons for children ages 2-12 years of age and their immediate caregivers. [Click here](#) to learn more.

Healthy Mothers, Healthy Babies of Palm Beach County's Basics4Babies Emergency Pantry for Infants is going mobile! Made possible by a grant from the [Lost Tree Foundation](#), our Mobile Pantry will travel around northern Palm Beach County communities and make distribution of infant essentials directly to local families possible - eliminating transportation barriers that prohibit them from receiving our services. [Click here](#) to learn more.

Trainings

Upcoming trainings with the Center for Child Counseling

The Center of Child Counseling is hosting the upcoming trainings below. Their trainers have a wealth of experience, knowledge, and formal training in a wide array of best practice and evidence-based interventions for young children, their families, and caregivers:

- [Healthy Babies, Healthy Children, Healthy Life: A Symposium on Demand](#)
- [Implementing Effective Transitions - Live Virtual Workshop](#)
- [Self-Regulation for the Classroom and Beyond](#)
- [Showing Affection During the Pandemic](#)
- [Implementing Effective Transitions for Children](#)
- [Integrating Mindfulness into Daily Routines](#)
- [Creating a Calm Down Corner](#)
- [Beating Burnout for Teachers](#)

Newborn T.O.U.C.H. training with Florida Association for Infant Mental Health

Virtual

The Florida Association for Infant Mental Health (FAIMH) is excited to share with you our newest competency-based training: Newborn T.O.U.C.H. (Touch, Observe, Understand, Communicate, Hold). This training emphasizes the critical role the physical, social and emotional environment plays in shaping healthy infant development. This 4-hour training can help professionals from all disciplines who need additional training hours to meet the Pregnancy and Early Parenthood or Relationship-based Practice Competencies in preparation for Florida's Infant Mental Health Endorsement® (FIMH-E®) even if you don't work directly with newborns. [Click here](#) to learn more and to register.

A Way of Being with Children: A Trauma-Informed Approach to Building Resilience

In May, Center for Child Counseling (CFCC) launched "A Way of Being with Children: A Trauma-Informed Approach to Building Resilience." This online training for parents, teachers, childcare workers, or anyone who regularly interacts with children and families aims to build a more trauma-informed community so that children can grow up with adults who understand the impact of stress and trauma on the developing child. Being trauma-informed involves understanding, sensitivity, and a deep knowledge of how trauma can affect a child's growing brain and potentially result in lifelong physical and mental health implications. The 5.5 hour online course, accompanied by a spiral-bound manual with over 80 pages of practical advice and technique-building exercises, introduces a new way for adults to simply "be" around children. [Click here](#) to register.

- [The Power of Co-Regulation](#)
- [Calming Down for High Energy Children](#)
- [Promoting Engagement for Withdrawn Children](#)

Upcoming CSC trainings Virtual

Children's Services Council will host the upcoming online trainings through the end of the calendar year:

- Touchpoints, Through Dec. 22, 1 - 4:30 p.m.
- Early Childhood Attachment & Development by Dr. Allison Golden, Nov. 29, 2021 - Jan. 25, 2022, 1 - 4:30 p.m.

[Click here](#) to view more information about these trainings and additional trainings to come.

November classes for pregnant and new parents with Healthy Mothers, Healthy Babies Throughout November 2021 Virtual

Healthy Mothers, Healthy Babies of Palm Beach County is here to support you through pregnancy with educational classes and groups. Register today for upcoming support groups and educational classes for pregnant and new parents like Small Steps, Great Parents classes and Circle of Moms. All are at no cost, but registration is required. [Click here](#) to learn more and to register.

Unicorn Children's Foundation Hosts Creative Workforce Solutions Summit

Thursday, Dec. 2 - Saturday, Dec. 4, 2021
Virtual

Unicorn Children's Foundation will be hosting an amazing virtual conference on December 2-4. It will be focused on self-employment and other options for those who face barriers with traditional employment channels. [Click here](#) to learn more.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpb.org. [Click here](#) to review the MMU Submission Guidelines.

Stay Connected!



