



**Women In Distress – Training Proposal**

<p align="center"><u>TITLE</u></p>	<p>Intimate Partner Violence: Understanding Abuse &amp; Supporting Safety</p>
<p><u>DESCRIPTION &amp; OBJECTIVES:</u></p>	<p>With the recognition that any client served could be affected by domestic violence, intimate partner violence, or dating violence this training will focus on the dynamics of these types of interpersonal violence including red flags, root causes, challenges for survivors in navigating to safety, understanding abusers’ behavior, and best practices to hold abusers accountable/ support for survivors and their children - including understanding trauma and trauma-informed care.</p> <p>After this training, participants will:</p> <ul style="list-style-type: none"> <li>• Understand the dynamics of DV/IPV as a complex issue and as a learned behavior.</li> <li>• Recognize the effects of intimate partner violence in the community for all members of society.</li> <li>• Identify warning signs in intimate partner relationships and barriers survivors face in leaving.</li> <li>• Understand abuser behavior with the recognition that violence experienced by the survivor is not the survivor’s fault.</li> <li>• Understand best practices for community professionals and advocates when working with someone affected by intimate partner violence.</li> <li>• Increase capacity to provide support and referrals by knowing services provided by domestic violence centers like Women In Distress and others.</li> </ul>
<p><u>TRAINER:</u></p>	<p>Emily Janas, Education &amp; Prevention Manager</p> <p>Emily Janas serves as the Education &amp; Prevention Manager at Women In Distress (WID), the only state certified, nationally accredited domestic violence (DV) center in Broward County. In this role, Ms. Janas oversees WID’s community education initiatives that aim to increase awareness through trainings and classroom programs on healthy relationships, domestic violence awareness, and dating violence prevention. Ms. Janas and her team implement prevention programming with middle and high school youth, establishing an environment where students feel heard and supported and can gain the tools to practice and promote healthy behaviors and support their peers with empathy and understanding. The team also engages parents, professionals, and others to build awareness of DV and increase access to</p>

	<p>help and support for survivors. In addition to this community prevention work, Ms. Janas oversees the Agency's internal staff training program and acts as a contract manager and content reviewer for the statewide Florida Domestic Violence Collaborative.</p>
<p><u>DATE &amp; TIME:</u></p>	<p>August 29, 2023, 2 PM to 4 PM</p> <p>The content of the training typically takes about 1 hour and 30-45 minutes. The two-hour window will allow room for comments, questions, and expanded discussions.</p>