

## COUNSELING SERVICES

- Individual, Couple and Family Counseling
- Marital/Relationship Discord
- Child and Family Dynamics
- Depression
- Loneliness
- Divorce Recovery
- Grief and Loss
- Anxiety
- Stressful Relationships
- Adolescent Behavioral Problems
- Parent-Child Conflict Resolution
- Other Life Stressors

**Professional Counseling**  
**Services Available to**  
**Anyone in Need**

## A PROGRAM OF CATHOLIC CHARITIES

### Mission Statement

*Catholic Charities of the five-county Diocese of Palm Beach respects life in all of its stages. In living our faith, we create hope for people in need, without regard to religion. Through our programs and ministries, we empower individuals, deliver social services and collaborate with others in building just and compassionate communities.*

9995 N. Military Trail  
P.O. Box 109650  
Palm Beach Gardens, FL 33410  
Ph: (561) 775-9560 Fax: (561) 625-5906  
Or visit our website:  
[www.catholiccharitiesdpb.org](http://www.catholiccharitiesdpb.org)



CREDIBILITY • INTEGRITY • ACHIEVEMENT

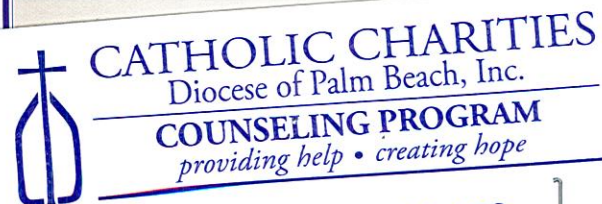


Allegany  
Franciscan  
Ministries



CATHOLIC CHARITIES  
Diocese of Palm Beach, Inc.  
COUNSELING PROGRAM  
*providing help • creating hope*

## COUNSELING PROGRAM



ANA MARTINEZ, RMHCI, NCC  
Counselor

1200 E Main Street  
Pahokee, FL 33476  
Office Phone (561) 924-5677

Main Counseling Phone  
(844) 848-6777  
Email: [amartinez@ccdpb.org](mailto:amartinez@ccdpb.org)

## Offices Located In:

Boca Raton  
Pahokee  
Palm Beach  
Riviera Beach  
Stuart  
Vero Beach

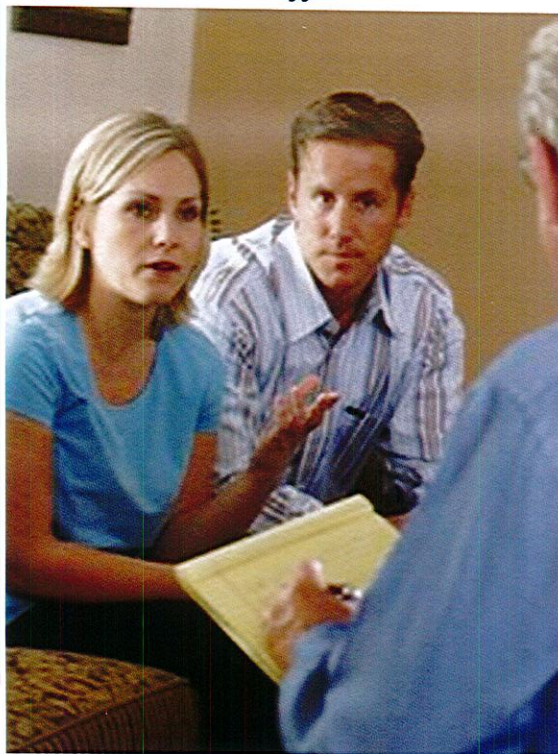
1-844-848-6777

[www.catholiccharitiesdpb.org](http://www.catholiccharitiesdpb.org)

## OUR MISSION

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*Our mission is to deliver services that deal with the realities of human suffering; to convene and work with those of good will on common concerns; and to advocate justice for persons burdened by poverty, oppressions and the effects of societal indifference.*



## PROGRAM INFORMATION

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- Services Provided by Masters Level Counselors.
- Services Provided in multiple languages including English, Spanish, French, Dutch and German at different locations.
- Affordable Services Provided on a sliding scale.
- Program assists nearly 1,000 unduplicated clients annually.
- Counseling services are not provided to those who are actively abusing drugs or alcohol or who are physically abusive. Persons that the agency cannot serve will be referred to a more appropriate resource.

## PROGRAM GOAL

- Provide safe, confidential and affordable services regardless of client's ability to pay a fee.

## HOW YOU CAN HELP

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Assist the Counseling Program with a **tax deductible gift** that will provide counseling sessions to clients in need.

Please make checks payable to:  
Catholic Charities and Mail to:  
Catholic Charities  
9995 N. Military Trail  
Palm Beach Gardens, FL 33410



Attend the **Fundraising Ladies Tea**. Please call 561-630-2695 for more details

about ticket prices, sponsorships or to help with the event.

Visit our website at [www.catholiccharitiesdpb.org](http://www.catholiccharitiesdpb.org) to make an online donation to the **Counseling Program!**

*Thank You*

\*Contributions benefit Catholic Charities Diocese of Palm Beach, Inc., a 501(c)3 not for profit tax exempt organization. A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION OF Catholic Charities Diocese of Palm Beach, Inc., CH3109, MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL FREE 1-800-435-7352 WITHIN THE STATE OF FLORIDA OR VISITING [WWW.800HELPFLA.COM](http://WWW.800HELPFLA.COM). REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL OR RECOMMENDATION BY THE STATE.\*