

FREE Parent Support Groups, Child Safety Resources, and More

Center for Child Counseling <renee@centerforchildcounseling.ccsend.com>
on behalf of

Center for Child Counseling <info+centerforchildcounseling.org@ccsend.com>

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To: Updates <updates@gladesinitiative.org>

Free Parenting Support Groups!

Our **parenting support groups** provide a safe space for parents and caregivers to freely share their experiences, challenges, and strengths in a confidential group setting.

Parents will learn about the importance of attitude and acceptance to **strengthen** the **parent-child relationship**, child development, and parenting techniques such as reflective listening, encouragement, limit setting and choices to manage children's emotional, and behavioral difficulties.

Group Schedule

Every Tuesday 6:00 pm - 7:00 pm from 1/24 until 3/14
LIVE on Zoom

[Submit Interest Form](#)

Need More Parenting Support?

SNAP® Can Help You!

If you are struggling with difficult behaviors with your child, SNAP® (Stop Now and Plan) can teach you, and your child, effective ways to control behaviors and practice self-regulation.

New, **FREE groups are now enrolling!** The spring schedule includes...

- **Boys Group (ages 9-11)** from 2/13 - 5/22
- **Girls group (ages 9-11)** from 2/21 - 05/23

Location: Center for Child Counseling's Northlake Office.

[Submit Interest Form](#)

Information to Keep Your Child Safe

How to Talk to Kids about Body Boundaries and Consent

Talking to your child about consent can become a little sticky to navigate.

In this article, our Child Safety Expert, Cherie Benjoseph, LCSW, discusses how to teach children healthy body boundaries and consent.

Empowering your child at a young age with the concept that their body belongs to them is a valuable lifelong lesson.

[Read the Article](#)

Child sex trafficking and sexual abuse is horrific to consider. Parents may tend to shy away from these difficult topics. In our latest child safety article, Cherie details what signs to look out for and how to protect our children from sex trafficking and sexual abuse.

[Read the Article](#)

A Way of Being with Children

A Way of Being with Children offers a rich experience in learning trauma-informed ways for addressing specific concerns or behaviors, building positive relationships, and promoting child resilience.

FREE for Teachers and Parents in Palm Beach County!
Simply enter the promo code: AWOBPBC and click apply to waive the fee.

Online, On-Demand Workshops

- [Integrating Mindfulness into Daily Routines](#)
- [Creating a Calm Down Corner](#)
- [Building Confidence and Self-Esteem in Children](#)
- [Mindful Parenting](#)
- [Promoting Resilience in Children](#)
- [The Power of Co-Regulation](#)
- [Implementing Effective Transitions for Children](#)
- [Calming Down for High Energy Children](#)
- [Self-Regulation for Classroom and Beyond](#)
- [Promoting Engagement for Withdrawn Children](#)
- [The Power of the Parent-Teacher Relationship](#)
- [Trauma Stories and the Impact on Teachers](#)
- [Supporting Social-Emotional Development in Children](#)
- [The Power of Play](#)
- [Separation Anxiety](#)
- [The Importance of Family Involvement in Early Education](#)
- [Supporting Empathy Development in Children](#)
- [Beating Burnout for Teachers](#)
- [Stress and the Pandemic](#)

This work is possible through funding from the [Florida Blue Foundation](#), [Children's Services Council of Palm Beach County](#), and the [Early Learning Coalition of Palm Beach County](#) - thank you for your commitment to children and families.

Learn More

[Center for Child Counseling] | [561-244-9499] | [\[E-mail\]](#) | [\[Website\]](#)

#fightingaces #awayofbeing #waystotalk #waystoplay

Center for Child Counseling | 8895 N. Military Trail, Suite 300C, Palm Beach Gardens, FL 33410

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