Inter-Agency Network PBC: November Updates

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To: Updates <updates@gladesinitiative.org>

INTER-AGENCY NETWORK OF PALM BEACH COUNTY

"Together...making a world of difference!"

All Are Welcome!

Thank you for your participation in one of Palm Beach County's oldest "community-wide" networking groups!

Note: we will not be hosting a December meeting this year

Next Meeting: .

January 3rd, 2022

Start time 9:00 am

Meetings run the First
Tuesday of each month Sept-June

Please note I will be reviewing for guest speakers prior to this meeting.

Mounts Auditorium, 531 N Military Trail,
West Palm Beach, FL 33415
(building located right on Military) Until further notice

Will attempt to have a hybrid meeting
Zoom Link

https://us02web.zoom.us/j/82588187677?pwd=akd4Qk9McnpOU2tYTVVqOU56bkcwdz09

Click here for calendar, phone & other zoom info

November & October Meeting Chat Notes

October Meeting Chat

November Meeting Chat

Holiday Project

We need your help and to please spread the word!!!

We have several sponsored packing events coming up including our big Annual Holiday Packing Event (11/19, which ensures the packages are ready to be shipped on 12/1)

We are in dire need of items to fill the care packages.

Our list of needed items is on our ***website***. You can drop off items at our warehouse (please call for hours) or use our ***Amazon Wish List***. Shop from home, ship free with Prime, and the items are delivered directly to our warehouse. We also need a lot of candy canes to put in the "We Care" packages, again we have it listed on our ***Amazon Wish List***

We just had 1,500 more registered recipients currently deployed in the Middle East! Your support is greatly appreciated! Please help us to provide our troops with that "little bit of home" for the holidays. Thank you! On behalf of those we serve...

Lynelle Zelnar
Executive Director and Founder

PS Did you know that we held our very first packing event on October 19th, 2003? We are now entering our 20th year of serving our troops!

ITEMS NEEDED FOR FORGOTTEN SOLDIERS OUTREACH "WE CARE" PACKAGES

Below is a list of items that we need on a regular basis to fill our packages. This list is subject to change.

You can also find items on our Amazon wish list and have them shipped directly to us
https://www.amazon.com/hz/wishlist/ls/18B7ZCFLBPYYD?ref_=wl_share

We appreciate all the items that we receive; however, we cannot ship aerosol cans, pork products, tobacco, lewd/pornographic materials or alcohol. We do not accept hotel toiletries, canned food, boxes of pasta, cereal or expired and/or used items.

Toiletries/Hygiene
(prefer travel size)

Baby Wipes
Baby/Foot Powder
Dental Floss
Tampons
Lip Balm/Chapstick
Mouthwash
Hand Sanitizer
Lotion
Shave Cream Packets
Sunscreen
Shampoo
Body Wash
Deodorant
Bar Soap
Razors
Q-tips
Toothbrushes
Toothpaste
Conditioner
Tissues

Additional Items

Crew Socks
Insect Repellent Wipes
Scotch Heavy Duty Packing Tape
Snack Storage Bags
Hand Warmers

Food Items

Trail Mix
Sunflower Seeds
Individual Crackers
Fruit Roll Ups
Beef Jerky/Sticks
Rice Krispies Treats
Microwave Popcorn
Bagged Popcorn
Ramen Noodles
Candy/Gum
Dried Fruit Snacks
Breakfast Bars
Individual Cookies
Snack Bars
Protein Bars
Cup of Noodles
Foil Tuna & Salmon Packets
Individual Packed Drink Mixes
Oatmeal/Grits Packages
Microwavable Ravioli & Mac & Cheese
Individual Packages Nuts or Dried Fruit
Peanut Butter Cups (Jif to Go)

Revised 09/20/2022

Forgotten Soldiers Outreach 3550 23rd Avenue South, Suite 7 Lake Worth, FL 33461 561-369-2933
forgottensoldiers.org

IAN Members Please Note:

If you are planning to participate you can order thru Amazon Prime for direct delivery to FSO. Or you can drop your items at location on list above.

If you have several items I would be happy to meet you by November 17th to collect and take items to FSO.

please email me should you need

patrice.schroeder@211pbtc.org

Other Information

If your agency is providing hurricane preparation or recovery services please email:

211Disaster@211pbtc.org

How You Can Help Those Impacted By Ian

Florida Disaster Fund: The state's official private relief fund was established to assist Florida's communities as they respond to and recover during times of emergency or disaster. Donations to the Florida Disaster Fund are made to the Volunteer Florida Foundation, a 501(c)(3) charitable organization.
You can donate online: send a check or text "DISASTER" to 20222 to make a $10 donation.

The Red Cross: The Red Cross helped operate shelters for those evacuating Hurricane Ian and will continue to provide recovery support.
You can donate online or text "IAN" to 90999 to make a $10 donation. The group is also asking for blood donors.

Volunteer Florida: This state agency has several volunteer positions available to assist with Hurricane Ian recovery efforts, such as volunteering with the Red Cross or assisting with mental health services.
Apply online

Big Dog Ranch Rescue will be heading to areas ravaged by hurricane Ian on Florida's West Coast to provide pet supplies to families and shelters struggling with the aftermath of the storm. Supplies of food and crates will be sent to the region's pet-friendly hurricane shelters and animal rescues, additionally, endangered dogs will be brought back to safety at Big Dog Ranch Rescue.

https://www.bdrr.org/hurricane-and-disaster-relief-1

epilepsy FLORIDA

Health Insurance Marketplace

FREE INSURANCE ENROLLMENT HELP

1-877-553-7453

HOW THE MARKETPLACE WORKS:

Create Account → Apply → Pick a Plan → Enroll

From questions on eligibility, exemptions and all things having to do with Florida's Health Insurance Marketplace, we'll help you sign up for the Marketplace and navigate the system.
For further assistance or to schedule an appointment call 1-877-553-7453

A CHECKLIST OF WHAT YOU NEED FOR ENROLLMENT:

- Information about you and your household, including income, any insurance you currently have and some additional items
- Social Security Numbers (or document numbers for legal immigrants)
- Employer and Income Information (from pay stubs or W-2 forms) for every member of your household who needs coverage
- Policy numbers for any current health insurance plans covering members of your household

TRUSTED HEALTHCARE ENROLLMENT FOR ALL

COVERING FLORIDA

For more information visit www.epilepsyfl.com or call 1-877-553-7453

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COLLEGE PREP CRASH COURSE FOR MENTORS!

PATH TO COLLEGE FELLOWSHIP

You're invited to a lunch and learn to help your high school student on their path to college.

FRIDAY
NOV. 4
11 AM

MENTORS PLAY A CRITICAL ROLE IN SUPPORTING STUDENTS WHO PURSUE HIGHER EDUCATION. STUDENTS WITH A MENTOR ARE 55% MORE LIKELY TO ENROLL IN COLLEGE. ARE YOU READY TO HELP YOUR MENTEE LEVEL UP?

Equip yourself with the skills to have conversations with your mentee about postsecondary opportunities and connect them to resources. PATH TO COLLEGE is a local non-profit that fearlessly clears the path for overlooked students to get into the best colleges with the best scholarships. **This one-hour crash course will cover how to:**

- APPLY & WHERE TO START
- MAKE AN APPLICATION SHINE
- TACKLE ENTRANCE EXAMS
- PAY FOR COLLEGE

SIGN UP TODAY!

UNITEDWAYPBC.ORG/EVENT/COLLEGE-PREP

Palm Beach State College Room# CE 119
4200 S. Congress Ave. Lake Worth, FL 33461

Achieve Palm Beach County

MENTOR Change two lives
UNITED WAY OF PALM BEACH COUNTY

PRESENTED BY THE

PALM BEACH COUNTY SHERIFF'S OFFICE

RIC L BRADSHAW SHERIFF

AVOID | DENY | DEFEND

United Way of Palm Beach County

Health Care District PALM BEACH COUNTY

Civilian Response to Active Shooter Events

Brought to you by the United Way

Law enforcement agencies are frequently requested by businesses, and community members for direction and presentations on what they should do if confronted with an active attack/shooter event.

Since 2002, the Advanced Law Enforcement Rapid Response Training (ALERRT)™ Program at Texas State University has been used to train law enforcement officers across the nation on how to rapidly respond to dangerous active threat situations. Over the years we've seen response times shorten and the capabilities of law enforcement increase. As we've seen that hiding and hoping isn't a very effective strategy, Avoid Deny Defend® has been developed as an easy-to-remember method for civilians of all ages and abilities to follow. This (3) three hour presentation will provide the most recent information on how to respond to active attack threats as well as include several awareness topics like HANDS-ONLY CPR and Stop the Bleed.

Avoid | Deny | Defend

Remember that **What You Do Matters.** ®

Thursday, November 10th, 2022 9AM to 12PM

Greenacres Community Center

501 Swain Blvd Greenacres FL 33463

Register at: https://unitedwaypbc.org/event/mass-violence-incident-preparedness-training-for-nonprofits/

AHF
AIDS HEALTHCARE FOUNDATION

foundcare

COMMUNITY BUILDING ADVOCATES
Palm Beach County
ADVISORY ACTION GROUP

GILEAD
Creating Possible

Crossing Bridges
of the Palm Beaches

AIDS Coalition
of the Glades

MIDWAY
SPECIALTY CARE CENTER

Women RISE Up:

MAKE A DIFFERENCE

SURVIVAL

Endurance

Attitude

Resilience

Community Engagement Luncheon

November 17, 2022 1:30-3:30PM
Belle Glade Library
725 NW 4th Street
Belle Glade, Florida 33430

THE 24TH DR. MARTIN LUTHER KING JR. ANNUAL CELEBRATION

LEADERSHIP AWARDS CALL FOR NOMINATIONS

Do you know someone or an organization that has made
contributions in the areas of education, diversity, race relations, social justice or economic empowerment?

This is your opportunity to recognize those who have made a difference in improving the lives of individuals in our community.

Deadline for nominations is **November 18, 2022**

PalmBeachState.edu/MLK
TO DOWNLOAD FORMS AND INSTRUCTIONS

NOMINATION CATEGORIES

INDIVIDUAL

ORGANIZATION

STUDENT

ALUMNI

FACULTY / STAFF

Nominate someone TODAY!
Scan the QR code or CLICK here

United Way of Palm Beach County presents

Racial Equity Workshop

Facilitated by national expert trainers from REI racialequityinstitute, llc

This is a two-day process that helps to provide talking points, historical factors and an organizational definition of racism.

December 8th & 9th
9:00am - 5:00pm
Attendance is mandatory for both days.

TRAINING WILL BE VIRTUAL
Attendees are asked to keep their cameras on and actively participate

After your registration is confirmed, you will receive another email a few days prior to the training providing Zoom details.

Your email will be shared with REI ahead of the training for participation in a survey evaluation process.

United Way
United Way of Palm Beach County

We are expanding our programming...

211 Palm Beach and Treasure Coast is now hiring!

Click Here For Job Openings

Florida KidCare Key Messages

Approximately 2.4 million Florida children from birth through the end of age 18 rely on Florida KidCare for the head-to-toe coverage they need. But for us it's not just about the numbers, it's about the real people whose lives are made better through access to quality, affordable, child-centered health insurance. We are insured with a lot of heart. ***Learn more...***

Click here: WPTV Priced Out of Paradise Series

The Housing Crisis Continues As A Hot Topic

At some level we are all experiencing this...increased rents, homeowners insurance, and property taxes.
How can we as service providers and community members make a difference?

- o

***The Homeless & Housing Alliance (HHA) General Meeting takes place the**

4th Thursday of each month
2:30pm - 4:00pm.
Community Center Conference Room
1400 MLK Jr. Blvd, Riviera Beach, FL 33404

To get on email distribution list email:

Maria Bond
mbond@pbcgov.org
Homeless Program and Contract Manager
Division of Human Services
810 Datura St. 2nd Floor
West Palm Beach, FL 33401
561-355-4779

Note: The HHA Support Services Pillar committee meets the first Friday of every month from 9:00am to 10:00am at 810 Datura Street, 2nd Floor conference room with a new virtual option available via zoom at the link below. Please join us if any of the goals listed below intersect with the work you are involved with.

Join Zoom Meeting

https://pbcgov.zoom.us/j/85200641591?pwd=yfGD9gGycdHHfjX6xiEqMaZHr5LAU7.1

Add Your Email

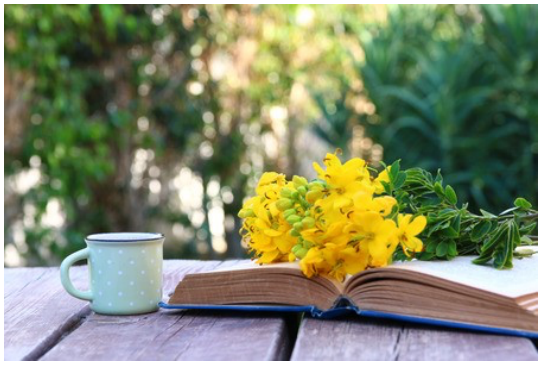
Click here to get monthly invites

Simple Ideas & Mindfulness

Make Time For Self-Care

- Learn something new
- Laugh often- watch comedies
- Find a way to "connect" each day
- Turn off the news!
- Make sure information you find is from a reliable source
- Learn how to boost your immune system.
- Get enough quality sleep and rest
- Take the time to exercise
- Don't deprive yourself of a little comfort food- but lean towards fresh fruits & vegetables
- Simply breath! Breath work can reduce anxiety while enhancing the health of your lungs.

Get "grounded" in nature. Whether in meditation or for exercise- this may lift your mood and help you to sleep better.



A nice cup of hot tea & a good read...can be enhanced by nature. Patio, porch or park- nature can uplift your spirits while providing a sense of grounding.

Other Resources

Building Resiliency- click here

Also let someone you trust know how they can best support you...

Vibrant Emotional Health- Safe Space-for available coping tools & strategies

"We are in this together!"

See you at the next meeting!

211 Palm Beach/Treasure Coast | PO Box 3588, Lantana, FL 33465

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