



## Upcoming Virtual Workshops

### Promoting Resilience

Hosted by Center for Child Counseling - Sponsored by United Way of Palm Beach County

#### In this engaging live, virtual workshop, participants will learn about:

- What resilience is and why it matters in childhood and across the lifespan;
- How resilience helps individuals “bounce back” from adversity and manage stress;
- The role of protective factors, including internal strengths and social supports;
- How early experiences shape a child’s ability to cope with challenges;
- Research insights showing resilience as a skill that can be strengthened; and
- Practical strategies to build and support resilience in children and families.

**Location:** Virtual. Participants will receive a confirmation email with a link to join.

**Date and Time:** April 22, 2026 from 9:00 AM – 10:30 AM EST. **Cost: FREE!**

[Register Here](#)

## Healing the Healers

Hosted by Center for Child Counseling - Sponsored by United Way of Palm Beach County

### In this impactful live, virtual workshop, participants will learn about:

- The unique stressors and challenges faced by helpers and healers in medical, mental, and behavioral health fields;
- The impact of prolonged stress, burnout, and secondary trauma;
- How the pandemic has intensified mental health risks, including anxiety, depression, and PTSD;
- The importance of prioritizing self-care as a professional responsibility;
- Practical, sustainable strategies to build resilience and prevent burnout; and
- Tools to support emotional well-being while continuing to care for others.

**Location:** Virtual. Participants will receive a confirmation email with a link to join.

**Date and Time:** May 21st, 2026 from 9:00 AM – 1:00 PM EST. **Cost: FREE!**

In honor of Mental Health Awareness and Trauma-Informed Care Month, participants are encouraged to **wear green** to show their support for mental health and wellness.

[Register Here](#)

## **Additional Workshops**

Hosted by Center for Child Counseling - Sponsored by United Way of Palm Beach County

View upcoming training details via the links below. Registration is open for all sessions.

- June 8, 2026: [How to Respond to a Mental Health Crisis](#)
- July 13, 2026: [Identifying and Addressing Suicide](#)
- August 19, 2026: [ACEs, Intergenerational Trauma & Stress](#)

A special thank you to [United Way of Palm Beach County](#) for sponsoring our virtual workshops. [Click here](#) for additional resources and our [ACEs Toolkit](#).



**Education for Parents, Caregivers, Students, and Professionals**

At Center for Child Counseling, we specialize in Infant and Early Childhood Mental Health, Play Therapy, and trauma-informed care. We know that early, healthy relationships are powerful. They support development, strengthen resilience, and buffer children from the effects of adversity.

Our experienced team brings deep knowledge and evidence-based practices to life through engaging, hands-on workshops. Participants gain practical skills and strategies they can use right away—whether in the classroom, therapy room, or at home.

We offer training and resources for parents, educators, professionals, and caregivers who live, love, and work with children and teens. Play is at the heart of our work, serving as a meaningful pathway for coping, healing, and growth. Learn more and explore our workshops on our [website](#).

Interested in learning more about any of our workshops? Please contact [Dominika Nolan](#), Sr. Director, Development and Events at Center for Child Counseling.



*The Center for Child Counseling is approved by the Association for Play Therapy, APT Approved Provider #09-263, Continuing Education Provider Approved by: Florida Board of Psychology and Florida Board of Clinical Social Work, Marriage & Family Therapy, and Mental Health Counseling: Provider #50-11511.*

**Are you passionate about working with children and teens?** Join our growing team! [Visit our career page](#) to learn about current employment opportunities, benefits, and more.

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