





Nonprofits First Cares Website

<u>NonprofitsFirstCares.org</u> is available at no cost to nonprofits and prospective volunteers and donors - thanks to Children's Services Council of Palm Beach County, Great Charity Challenge, and Cincinnati-based Inspiring Service.

Through a unique profile, you can highlight the innovative ways your nonprofit has adjusted programming to serve our community, describe the financial effects of event cancellations and decreased volunteer hours, make an appeal for immediate needs, announce volunteer opportunities, and connect potential donors to your website.

You can provide as much or as little information as you wish, but the richer the data and the story, the better for your organization and our community. Through sharing this information in a central site at <u>NonprofitsFirstCares.org</u>, we hope to inspire donors and volunteers to step up and make a difference

To create or update your organization's profile, click <u>here</u> and follow the instructions linked <u>here</u> to register with your nonprofit, or watch the step-by-step video <u>here</u>.

QUICK LINKS

- <u>County and State Orders, Actions, and Announcements</u>
- Help for Residents Facing Eviction

- Information on Testing
- Schools and Education
- Help Finding Food
- Healthy Return To the Workplace FAQs
- Free Masks
- <u>Community Guides</u>
- <u>Counseling and Mental Health Support</u>
- Libraries
- Employment
- Business Resources
- <u>Transportation</u>
- Jury Duty

NEW! PBC YOUTH SERVICES DEPARTMENT TO RESUME FREE IN-PERSON MENTAL HEALTH SERVICES

In accordance with Palm Beach County entering Phase 2, Step 1 reopening, mental health services provided by the Palm Beach County Youth Services Department's Residential Treatment and Family Counseling (RTFC) Division will resume in-person services beginning September 21. Palm Beach County Youth Services continues to adhere to the CDC guidelines. Telehealth services will continued to be offered, based on client preference.

The RTFC Division provides Palm Beach County residents free family and individual therapy, parent training services, a certified trauma-informed care treatment program, weekly remote trainings on a variety of mental health topics, community based services including assessments, school-based behavioral health services and a court diversion program providing case management, case planning, referral advocacy and mediation.

Licensed therapists, social workers and psychologists can help by addressing the following areas:

- adjustment to virtual/in-person schooling
- anxiety, grief, depression
- traumatic stress responses
- parent-child relationships
- school and behavioral concerns
- self-esteem, bullying
- isolation, loneliness

- communication and social skills
- emotion regulation
- family violence

Office hours are Monday through Thursday, 7:30 a.m. - 7 p.m. with locations in West Palm Beach, Palm Beach Gardens, Delray Beach and Belle Glade. Mental health services are offered in person or virtually, via Zoom Video and available in English, Spanish, French and Creole. Please call 561-625-2540 to schedule an intake appointment.

For a full list of mental health services provided by Palm Beach County Youth Services, please visit our <u>website</u>.

NEW! PBC LIBRARY SYSTEM ADDING SUNDAY HOURS AT SELECT BRANCHES BEGINNING SEPTEMBER 13

Beginning Sunday, Sept. 13, the Palm Beach County Library System will begin offering Sunday hours at select branches.

The following branches will be open on Sundays from noon to 5 p.m.:

- Acreage Branch
- Gardens Branch
- Hagen Ranch Road Branch
- Jupiter Branch
- Lantana Road Branch
- Main Library
- Wellington Branch
- West Boca Branch
- West Boynton Branch

Visitors are required to wear facial coverings during their visit per County Executive Order 2020-010. A limited number of computers will be available with social distancing measures in place. Computer users are limited to one-hour sessions per day. Returned materials will be quarantined for 72 hours. Members are asked to return items through the book drop or automated returns and to place items removed from shelves on book carts for quarantine.

Virtual activities are available through Zoom. To see what activities are available, visit <u>http://www.pbclibrary.org/</u>.

County and State Orders, Actions, and Announcements

PALM BEACH COUNTY APPROVED TO MOVE INTO PHASE TWO

<u>Executive Order 20-214</u> This order by Governor Ron DeSantis allows Palm Beach County to enter into an Incremental Phase 2 plan.

The link to Palm Beach County's Incremental Phase 2 plan is here: PBC Phase 2 Plan

PALM BEACH COUNTY EMERGENCY ORDERS

Emergency Order 20-024

Palm Beach County COVID-19 Phase 2, Step 1 Re-Openings. This order, which took effect at 12:01 a.m. on September 8, 2020, is authorizing additional business reopenings in accordance with the direction of Governor DeSantis and Step 1 of the Incremental Phase 2 Re-Opening Plan.

<u>Emergency Order 2020-020</u>: Extension of the facial coverings directive Emergency Order 2020-012 until 12:01 a.m. on September 22, 2020. The original order has been in place since June 24.

<u>Emergency Order 2020-021</u>: Effective at 5:00 pm on August 27, 2020, with all users assuming any and all risks associated with utilizing the activities, officials allowed county-owned playgrounds, skate parks, bicycle tracks, water fountains, and volleyball courts to re-open. Campgrounds can accept reservations beginning Oct. 1, lighted supervised sports facilities can operate after sunset, and adult sports leagues can resume play.

Masks and Face Coverings FAQs

Click <u>here</u> to view Palm Beach County Emergency Orders, including updates on the State of Emergency.

For up-to-date re-openings go to PBCGOV.com here.

Help for Residents Facing Eviction

The Palm Beach County Community Services Department (CSD) has contracted with the Legal Aid Society of Palm Beach County, Inc. and Florida Rural Legal Services, Inc. to provide county residents with free legal representation and assistance in handling landlord/tenant matters and past due payments through the Rapid Response Eviction Assistance Project (RREAP). The program is part of the CARES Act COVID-19.

Through the COVID-19 RREAP, the agencies will assist individuals who have received a three-day notice or demand for rent from their landlord, been served with an eviction lawsuit, or who need help understanding the eviction process. The services include:

- pre-suit mediation between landlords and tenants
- legal advice regarding the eviction process
- referrals for rental assistance
- preparation of responses to an eviction lawsuit
- assistance in negotiating repayment plans, and
- court representation.

The COVID-19 RREAP is designed to respond to the housing crisis created by the COVID-19 pandemic by mediating disagreements between tenants and property owners. Through this program, parties will be able to construct payment plans, temporary rent reductions, deferred payments or other creative solutions to prevent evictions and ultimately homelessness.

The program term is from Aug. 1 through Dec. 30, 2020, and participants can receive up to \$10,000 in rental assistance. Eligibility requirements for the program include:

- rental unit must be located in Palm Beach County
- tenant's income is under 140% of Area Median Income

Applicants will need documentation to qualify for the program:

- proof of U.S. Citizenship or legal residents (per CARES Act regulations)
- documentation proving hardship is directly related to the COVID-19 pandemic, such as evidence of loss of income, reduction in hours, or unemployment due to the COVID-19 pandemic that contributed to the missed rental payments, and
- an eviction notice (three-day notice or 30-day notice for CARES Act covered parties);

Individuals facing eviction may call the Legal Aid Society of Palm Beach County's Rapid Response Eviction Project at (561) 655-8944, ext. 328 or Florida Rural Legal Services at 1-888-582-3410.

For more information, visit <u>www.legalaidpbc.org/eviction</u> or <u>www.frls.org</u>.

MORTGAGE FORECLOSURE AND EVICTION RELIEF ORDERS EXTENDED

Executive Order 20-211 This order by Governor Ron Desantis provide a limited, onemonth extension until 12:01 am on October 1, 2020 to Executive Order 20-180.

Click <u>here</u> to see all of Governor DeSantis' Executive Orders.

Information on Testing

PALM BEACH COUNTY'S INTERACTIVE TESTING MAP

<u>This map</u> will help residents find the closest private or community based testing location for them. Several of the sites are government supported and have free testing with a variety of restrictions and processes. Many others are private labs, urgent care facilities or pharmacies that will bill your insurance.

Click <u>here</u> for a spreadsheet of testing locations.

HEALTH CARE DISTRICT OF PALM BEACH COUNTY'S TESTING

COVID-19 Testing Site Locations and Hours:

FITTEAM Ball Park of the Palm Beaches Testing Site 5444 Haverhill Rd, West Palm Beach, FL 33407 Drive-thru Testing Site - Appointments Only *Antibody testing reserved for first responders and healthcare workers Tuesday - Saturday from 8:00 a.m. to 12:00 p.m.

Belle Glade Testing Site: Lakeside Medical Center <u>39200 Hooker Highway, Belle Glade, FL 33430</u> Walk-up Testing Site - Appointments Only Monday - Friday from 8:00 a.m. to 12:00 p.m.

West Palm Beach Testing Site: C. L. Brumback Primary Care Clinics - West Palm Beach <u>1150 45th Street, West Palm Beach, FL 33407</u> Walk-up Testing Site - Appointments Only Mondays and Thursdays from 8:00 a.m. to 11:00 a.m.

Jupiter Testing Site: C. L. Brumback Primary Care Clinics - Jupiter <u>411 W. Indiantown Road, Jupiter, FL 33458</u> Walk-up Testing Site - Appointments Only Tuesdays, Wednesdays and Fridays from 8:00 a.m. to 11:00 a.m.

Delray Beach Testing Site: C. L. Brumback Primary Care Clinics - Delray Beach <u>225 South Congress Avenue, Delray Beach, FL 33445</u> Walk-up Testing Site - Appointments Only Monday - Friday from 8:00 a.m. to 12:00 p.m.

Residents are encouraged to call the Health Care District's Testing Hotline, 561-642-1000, to schedule appointments at all of its testing sites. Testing is open to individuals of any age who do not need to be symptomatic.

For a list of testing sites, visit the <u>Health Care District website</u>.

UP-TO-DATE DEPARTMENT OF HEALTH COVID-19 DASHBOARD

To find the latest information about your specific zip code and other COVID-19 data, check out the Florida Department of Health <u>COVID-19 Dashboard</u>. Also find more health/COVID-19 information in <u>multiple languages here</u>.

For complete complete details on business opening requirements, please visit: <u>http://discover.pbcgov.org/coronavirus/Pages/open.aspx</u>

HOMEBOUND RESIDENT TESTING

Residents eligible include homebound elderly or individuals with disabilities who are experiencing symptoms of COVID-19 and cannot leave their homes to access one of the drive-up or walk-up test collection sites. Residents who believe they are eligible for the in-home testing option should call 561-712-6400 for a pre-qualifying assessment. The testing line is open from 8:00 a.m. to 5:00 p.m. Monday through Friday.

Offer Testing at Your Site with Lab 24

Lab 24 is a Molecular Diagnostic Lab in South Florida currently working with the Federal Government through the Cares Act to conduct Corona (Covid-19) Virus testing Free of Charge for patients that do not have health insurance, or that are Medicare recipients. Lab 24 is FDA EUA Approved and CLIA Certified with a 48 hour turnover time.

They are working with many non-profits, organizations and clinics, enabling them to host testing events for their patient population. For more information contact Isabella Sosa at isabellasosa@lab24inc.com.

Schools and Education

REMINDER! PBCSD SCHOOL CAMPUSES REOPENING SEPTEMBER 21st

Information, including responses to Frequently Asked Questions, is available on the District's website <u>here</u>.

PALM BEACH COUNTY FUNDS A NEW SCHOLARSHIP OPPORTUNITY FOR SCHOOL-AGE CHILDREN DURING DISTANCE LEARNING

Next week, many school-age children who will begin the 2020-21 school year in distance learning will still need child care due to working parent(s) or guardians.

The Palm Beach County Board of County Commissioners will provide funding through its Youth Services Department to the Early Learning Coalition of Palm Beach County to provide child care scholarships for qualifying families with school age children grades K-5 who may be participating in the School District of Palm Beach County's distant learning curriculum.

The scholarship will prioritize homeless children, children residing in families who work or attend school during the hours of the School District of Palm Beach County's distance learning and have a household income at or below 200% of federal poverty guidelines.

Additionally, Palm Beach County Youth Services procured 1,000 headsets to be supplied to child care centers allowing students to concentrate on their individual lessons in a congregate setting.

For more information and to apply, visit Early Learning Coalition of Palm Beach County's website <u>here.</u>

BOYS AND GIRLS CLUBS REMAIN OPEN FOR DISTANCE LEARNING

Boys & Girls Clubs of Palm Beach County has extended operating hours to create a safe space for Club members to go during distance learning. While school district classrooms remain closed, 13 Clubs across the county are open from 7:30 AM until 7 PM.

Space is limited due to COVID-19 social distancing guidelines. A full list of Clubs can be found at <u>www.bgcpbc.org/clubs</u>. More information <u>here</u>.

FOR THE CHILDREN INC. - FREE PROGRAM FOR MIDDLE AND HIGH SCHOOL YOUTH For The Children would like to offer a safe environment that supports learning for students during these unpredictable times.

Services for middle school and high school students include:

- Clean and safe establishment Monday through Friday, 8 am 6 pm
- Student access to computers/internet connection, learning materials, staff support and meals
- Five pick-up and drop-off locations
 - 1589 Lantana Road (in the Publix plaza)
 - Lake Worth High School (corner of A Street and 6th Avenue)
 - 1630 S. Dixie Highway, Lake Worth Road (near Badcock Home Furniture)
 - Lake Worth Beach Cemetery (corner of A Street and 12th Avenue)

For the Children also offers a distance learning environment for children ages 3 - 12 through the Kids Zone and Youth Zone. Full-day and half-day programs are open and accepting ELC Vouchers, First Responder, and private fees.

For more information on these programs, contact For the Children at 561-493-1190.

URBAN YOUTH IMPACT OPENS LEADERSHIP ACADEMY DISTANCE LEARNING SUPPORT

Urban Youth Impact is lending a helping hand and a safe space for children to complete their learning now that classrooms closed so that parents can go to their day job stress free.

In addition to virtual school support, the program will still be providing their literacy interventions, a time of chapel, community circles (an intentional time of student social, emotional, and psychological development), behavior and discipline intervention, and all of their typical UYI aftercare assets.

The cost for the entire school year is \$100 for the first child and \$200 per family. Parents also have the opportunity to earn it all back through attending four parent sessions (\$25 per class) hosted by the organization's President/CEO.



More information available at Urban Youth Impact's website here.

Photo: FLIPANY

Help Finding Food

United Way of Palm Beach County Food Finder Map

The Palm Beach County Food Finder was created in response to COVID-19 in order to connect individuals seeking food resources to sites near them in a quick and accessible way. United Way of Palm Beach County will update this resource weekly. If you would like to include your organization's resources on the map, please fill out this <u>Food Finder</u> <u>Interest Form</u>. The map features different types of food resources, including:

- Meals for Children 18 and Under
- *Food Pantries*: These sites offer groceries such as canned goods, produce, and protein products.
- Soup Kitchens: These sites offer hot meals for individuals to take with them.
- *Family Take Out Meals*: These sites offer drive through hot meals for everyone in the car.
- *Affordable Produce*: These sites offer affordable produce boxes.

Palm Beach County Interactive Map

Palm Beach County has also made an interactive map available here.

SNAP Benefits available at 6 locations

Supplement Nutrition Assistance Program (SNAP) benefit sign-up is available by appointment at six PBC Library locations. Please see the updated schedule below or online <u>here</u>.

Mondays and Tuesdays, 10 a.m. to 4 p.m. Hagen Ranch Road Branch, 14350 Hagen Ranch Road, Delray Beach, FL 33446 Contact: James Vil, 561-517-7533 (English and Creole)

Mondays, 10 a.m. to 4 p.m. Jupiter Branch, 705 Military Trail, Jupiter, FL 33458 Contact: Mario Mendez, 561-345-5085 (English, Spanish, and Q'anjob'al)

Tuesdays, 10 a.m. to 4 p.m. Main Library, 3650 Summit Blvd., West Palm Beach, FL 33406 Contact: Riquet Lucien, 561-316-0895 (English and Creole)

Wednesdays, 10 a.m. to 4 p.m. Glades Road Branch, 20701 95th Ave. South, Boca Raton, FL 33434 Contact: Mario Mendez, 561-345-5085 (English, Spanish, and Q'anjob'al) Thursdays, 10 a.m. to 4 p.m. Royal Palm Beach Branch, 500 Civic Center Way, Royal Palm Beach, FL 33411 Contact: Riquet Lucien, 561-316-0895 (English and Creole)

Fridays, 10 a.m. to 4 p.m. Lantana Road Branch, 4020 Lantana Road, Lake Worth, FL 33462 Contact: Mario Mendez, 561-345-5085 (English, Spanish, and Q'anjob'al)

Clients must make an appointment by calling the numbers above. Walk-ins are not accepted at this time.

Individuals and families applying for SNAP can also email the Palm Beach County Food Bank at <u>Benefits@pbcfoodbank.org</u> or call 561-670-2518, extension 312 to schedule appointments or ask questions.

Delray Beach Food Assistance

Food assistance programs located specifically in Delray Beach can be found by <u>clicking here</u>.

Feeding South Florida

"Drive-thru" style grocery pick up in Palm Beach, Broward, and Miami-Dade Counties. For the .pdf of the complete list, click <u>here</u>

Healthy Mothers Healthy Babies

The Basics for Babies Program offers formula, baby food, and diapers for children ages birth-3 to families in Palm Beach County. For more information, call (561) 623-2800 or email: pantry@hmhbpbc.org

Hospitality Helping Hands

Hospitality Helping Hands distributes groceries, pet food, and diapers on Saturdays at the Port of Palm Beach in Riviera Beach. More info available on their Facebook page <u>here</u> and at <u>www.hospitalityhelpinghands.org</u>.

Meals on Wheels of the Palm Beaches

Due to COVID-19 Meals on Wheels has temporarily adjusted operations to ensure the continued health and safety of the vulnerable senior population they serve, as well volunteers many of whom are over 60 themselves. They have shifted from daily

deliveries to once a week delivery of a multi-pack of frozen dinner meals along with three breakfast meals.

In addition, they have opened temporary meal service eligibility to seniors who are normally mobile and able to shop for themselves but who, due to COVID-19, are not shopping in public to minimize their exposure. Seniors receive weekly delivery of the multi-pack of meals delivered at no cost which is made possible by special grant funding.

To inquire about eligibility and setup service please call (561) 802-6979 extension 6.

Palm Beach County Food Bank

The Palm Beach County Food Bank supports close to 200 partner agencies that provide food to our neighbors in need. Partner agencies are food pantries, soup kitchens, residential facilities, and other social services organizations that are located throughout Palm Beach County. <u>https://www.pbcfoodbank.org/find-food</u> or dial 211.

School District Locations

Free food distribution is available at 133 schools. For more information on locations and dates/times, click <u>here.</u>

PALM BEACH COUNTY CARES ACT FOOD ASSISTANCE NOW AVAILABLE

Beginning September 4th, the Palm Beach County Board of County Commissioners, through its Community Services Department (CSD), will provide direct assistance for food to eligible residents of Palm Beach County under the Coronavirus Aid, Relief, and Economic Security (CARES) Act.

Palm Beach County will issue pre-paid debit cards to approved residents to purchase food. Eligible residents who experienced a loss of income as a direct result of COVID-19 and who are at or below 140% Area Median Income (AMI) may apply. The one-time benefit allowance is based on household size and maximum amounts is listed. Only one card will be given out per household, and all expenditures must be made by December 30, 2020.

- * 1-2 Household members: \$400
- * 3-4 Household members: \$800
- * 5 or more Household members: \$1,000

Applicants must present evidence their household was adversely affected by the COVID-19 pandemic in order to qualify to receive the prepaid card. Supporting documentation must be provided to prove income eligibility, such as last a pay stub or last filed tax return, valid government issued ID and Social Security card.

Clients who received assistance for rental and utility services thru Covid Cares program may apply for the food assistance without uploading additional documentation.

Eligible residents may apply for food assistance at <u>www.pbcgov.com/OSCARSS</u>. A list of Frequently Asked Questions can be found <u>here</u>. For more information, contact CSD's Contact Center at (561) 355-4792.



Healthy Return to the Workplace FAQs

OSHA is asking employers to investigate and record cases of COVID-19 that their employees acquired at work. In addition, OSHA has modified some of their language around cloth face coverings, stressing the importance of the employer duty to maintain a safe and healthy workplace. More information is in the FAQs document <u>here.</u>

Included on the resource page are additional best practice guides for re-opening places of businesses including Childcare Center-specific guides.

Visit the <u>COVID-19 resources page</u> and click *Healthy Return to the Workplace Resources* to access all the tools and download the templates.

Free State-Issued Face Masks

The Florida Department of Health (FDOH) has received 15 million reusable cloth masks to aid in decreasing the spread of COVID-19. These masks are for distribution in your community or other communities in the state of Florida. You may request as many as your agency can distribute. Please share this information with other organizations in your community as well as the concentric circle in which you move. This opportunity is available to any and all residents of Florida. Please share this information to as many agencies, churches, religious groups, fraternal and social clubs and other organizations as possible.

If you or any of your partners would like to access to these materials, please submit your request to Samantha Cooksey (Samantha.cooksey@flhealth.gov) via email; and be sure to copy: (walter.niles@flhealth.gov) and Jana Shamburger (jana.shamburger@flhealth.gov) on your request. This will allow the Office to monitor referrals. Please note, all requests must include the following information in order to be

- 1. Name of Organization
- 2. Person to Address Shipment to
- 3. Mailing Address for delivery
- 4. Quantity Needed

processed:

Free Reusable Cloth Masks

Free reusable cloth masks to aid in decreasing the spread of COVID-19 are available for distribution nonprofits in Palm Beach County and religious organizations. Please call Roger Vick or Roger Eades 561- 840-4522 or 561-629-0043 to make an appointment to arrange pick-up.

<u>Preventing the Spread of COVID-19 in Palm Beach County While Maintaining Access</u> to Health and Human Services Webinars and Information

Please fill out this <u>form</u> to sign up and receive information regarding the regular webinars on Preventing the Spread of COVID-19 While Maintaining Access to Health and Human Services in Palm Beach County. State and local demographic data related to COVID-19 testing and infection rates and updates from community partners are shared weekly. Stay informed!

Past webinars have been recorded and may be accessed on the county website here.

Community Guides

211 Website

Check out 211's website for updated information with geographic links and "quicklinks" for services in your community. <u>https://211palmbeach.org/coronavirus</u>

City of West Palm Beach

The West Palm Beach COVID-19 Response Unit publishes a digital community guide for the City of West Palm Beach. <u>Download it here.</u>

Florida Nonprofit Alliance Resources

The Florida Nonprofit Alliance informs, promotes, and strengthens the nonprofit sector in order to create more vibrant communities across the state. State-wide guidelines and resources related to COVID-19 may be accessed here: https://flnonprofits.org/page/COVID19Resources



Counseling and Mental Health Support

211 Palm Beach and Treasure Coast

211 HelpLine is your Local Community HelpLine & Crisis Hotline. 211's highly trained staff are accredited by the National Suicide Prevention Lifeline. 211 provides crisis intervention, crisis support, assessment, and information and referrals to your local community resources and services. During times of crisis or for everyday needs, 211 is available 24/7 and is free, confidential and for people of all ages. Staff are available even if you are feeling overwhelmed and just want to talk.

Dial 2-1-1 or Text your zip code to 898211. Online Chat is available 10am-8pm daily at www.211palmbeach.org

211 staff also are the regional responders for the National Suicide Prevention Lifeline: 1-800-273-TALK (8255) and the Disaster Distress Helpline at 1-800-985-5990.

Alpert Jewish Family Service

Alpert Jewish Family Services is offering Free Virtual Support for the Community during the COVID-19 pandemic, including: Coping with our New Reality; Family Survivors of Suicide; Jewish Family Addiction Support Group; Women in High Conflict Relationships and more. Additional information including dates and times is available by clicking <u>here</u>.

Catholic Charities Mental Health Counseling

Catholic Charities Counseling Program encourages anyone experiencing stress, anxiety, and fear due to the COVID-19 pandemic to call our toll free hotline number at 1-844-848-6777. They are offering video sessions in lieu of face-to-face meetings with their highly trained therapists. Fees may apply to follow up video sessions (not the initial call), depending on an income-based sliding fee scale. Staff and counselors are bilingual - Spanish/English.

Telehealth Services for Children and Teens

Center for Child Counseling (CfCC) is providing counseling and support for children, teens, and families impacted by everyday challenges including those experiencing emotional or behavioral challenges related to the stress of COVID-19. Contact CfCC at 561-244-9499 ext. 2 for a free phone consultation. More information such as free, online parenting workshops may be found <u>here.</u>

Center for Family Services

CFS is a nonprofit social service agency whose mission is to strengthen individuals and families through behavioral health services. Since 1961, CFS has been serving children, adults, and families in Palm Beach County through various affordable services, including counseling, recovery, treatment for abuse, training for parents, etc. Insurance is accepted, and there is a sliding fee for those without insurance. Please contact CFS at 561-616-1222 or go to the website <u>www.ctrfam.org</u> for more information.

Children's Home Society of Florida offers Free 24/7 Counseling

Right now, life is hard. Overwhelming. Exhausting. Lonely - even if you have houseful of kids. But you are not alone - and you don't have to go through this alone. Day or night, you have a listening ear and compassionate guidance with a caring counselor through <u>Children's Home Society of Florida's Family Support Warm Line</u>. It's completely free. Completely confidential. And available around the clock, 24/7.

Call or text 1-888-733-6303, or visit www.chsfl.org/support.

Faulk Center for Counseling Serving Clients through Telehealth

During COVID-19, the Fauk Center continues to serve our community with free and lowcost mental health services, including individual, couples, and family counseling, group counseling for children, teens, and adult, and support groups. Call 561-483-5300 between 9 am - 5 pm to schedule a telehealth intake appointment. New clients welcome.

Highridge Family Center Provides Free Intensive Outpatient Program and Supervised Distance Learning for Palm Beach County Youth

Beginning August 31, Palm Beach County Youth Services Department's Highridge Family Center is offering an ongoing five-days-per-week Intensive Outpatient Program (IOP) for youth ages 11-16, who are experiencing mental health or behavioral concerns and need more intensive supervision than at-home distance learning may provide.

In addition to licensed clinicians providing therapeutic services, Highridge staff offers structured and supervised distance learning, recreational and creative activities throughout the day. The program is free of charge for Palm Beach County residents. Family therapy and group therapy are required components of the program.

Daily programming is from 7:15 am to 6:30 pm Monday-Thursday and 7:15 am to 1 pm on Fridays. Families are responsible for daily transportation.

The IOP includes the following schedule of activities:

- Breakfast (provided)
- Distance learning with Palm Beach County Public Schools
- Lunch (provided)
- Therapeutic group
- Outdoor structured activity
- Community group or group activity and homework
- Dinner (provided)
- Pick-up

Highridge Family Center follows CDC guidelines for social distancing, handwashing and face coverings (provided). Changes have been made to restroom and meal service procedures to decrease any transfer of germs. The center is located at 4200 N. Australian Avenue, West Palm Beach. For more information or to apply for services, please call 561-625-2540.

PBC YOUTH SERVICES PROVIDES FREE MENTAL HEALTH SERVICES TO GLADES RESIDENTS

Mental health services provided by Palm Beach County Youth Services Department's Youth and Family Counseling (YFC) program are available at no charge for Palm Beach County residents in the Glades area with youth ages 0-22.

YFC's community-focused services include assessments, family and individual therapy, parent education, school-based behavioral health services, and the "Real Talk" teen support group. YFC licensed clinical social workers, licensed mental health counselors, and masters-level therapists can help families by addressing the following areas:

- bullying
- self-esteem
- family violence
- isolation
- school and behavioral concerns
- emotion regulation
- grief
- loneliness
- parent-child relationships
- adjustment/anxiety to virtual school
- communication and social skills

Office hours are Monday through Thursday, 7:30 am -6 pm Telemental health services are offered in English, Spanish, French and Creole via Zoom Video. To schedule an appointment, please email <u>YSD-YFC-WestAppt@pbcgov.org</u> or call the YFC West County Office (Belle Glade) at 561-922-1233.

For a full list of telemental health services provide by Palm Beach County Youth Services Department's Residential Treatment and Family Counseling (RTFC) Division, please visit their <u>website</u>.



<u>Libraries</u>

Expanded Wi-Fi and Remote Printing Available at All Palm Beach County Library System Branches

All branches of the Palm Beach County Library System have expanded Wi-Fi signals throughout the parking lot. This will allow members who do not want to come into the building to access the internet from their car. For a list of library locations visit <u>www.pbclibrary.org</u>.

The Library System is also offering remote printing. You can now print from anywhere - your hotel room, home, school, office or even from your mobile device in the library. Click <u>here</u> for more information and instructions.

Virtual activities for adults, children and teens are also available via Zoom. Visit <u>www.pbclibrary.org</u> to register for upcoming classes or to view previously recorded sessions. Click <u>here</u> for a complete list of digital activities.



Transportation

Palm Tran

Reminder: Palm Tran passengers will now board through the front and exit through the back doors. **Palm Tran began collecting fares on all services starting August 16, 2020.**

Palm Tran Fixed Route and Paratransit Resumes Regular Service

A mask or facial covering is required to ride Palm Tran. The number onboard is limited to no more than 20 passengers on fixed-route buses. PT Connection is now running non-essential trips.

Go Glades Service

Palm Tran's western community bus service, Go Glades, Routes 1, 2, 3 and 4 are currently not running a regular service. You will be able to book a trip directly to and from your destination by calling: (561) 649-9838. Call at least two hours in advance to schedule a ride. Scheduled off-route pick up or drop off may be scheduled as early as three days in advance.

The Palm Tran call center (561) 841-4BUS (4287) is operating from 8:00 a.m. to 5:00 p.m. Many trip planning functions may be done through the Palm Tran app and on palmtran.org.

Tri-Rail

Passengers are urged to wear masks while riding. Tri-Rail continues to offer an amended schedule until further notice, with 18-trains every 2 hours starting at 4:17 a.m. on weekdays, and 12-trains every 3-hours starting at 5:17 a.m. on weekends. Trains have suspended fares.

Brightline

Train service is suspended until further notice.

Employment

CareerSource Central Career Center is Open

CareerSource Palm Beach County's Central Career Center at 3400 Belvedere Road in West Palm Beach is open with limited services from 8 a.m. to 3:30 p.m M-F. Career Centers in Belle Glade and Delray Beach remain closed until further notice. The organization also will continue to provide virtual services online and by email and phone to serve customers.

Many businesses are ramping up to rehire staff as well as hire new candidates. The CareerSource Business Services staff connects employers with qualified candidates for job openings - at no cost. They can be contacted at <u>www.careersourcepbc.com</u> or call 561.340.1060 and select option 3.

Some training scholarships are available. Workforce Innovation & Opportunity Act (WIOA) Training scholarships help those who qualify obtain a credential or certification that can help lead to a career in one of Palm Beach County's in-demand industries such as healthcare, hospitality, construction, information technology, and business management. Click <u>here</u> for more information.

Business Resources

SBA Disaster Loan Virtual Office

The U.S. Small Business Administration South Florida District Office will host virtual office hours to answer questions about the SBA Economic Injury Disaster Loan Program. Limited to 250 callers at one time. Participants may call at any time and are welcome to enter and exit at will. Callers will be muted upon entry and will be taken in the order they are received. The virtual office hours are 11:00 a.m. to 1:00 p.m. and 3:00 p.m. to 5:00 p.m. Monday through Friday.

Skype: <u>https://meet.lync.com/sba123/jfhein/DRJCSWGT</u> [Inks.gd] Phone: (202) 765-1264; Conference ID - 143765659

Jury Duty

All jury selection proceedings, grand jury proceedings, and criminal and civil jury trials are suspended until further order of the court. If you received a summons to report for jury duty, do not report to the courthouse. You do not need to take any further action.

Those with questions regarding jury service can call 561-355-2930 or visit <u>https://jury.mypalmbeachclerk.com/</u>#/home.

Individuals with questions related to the coronavirus should call the Florida Department of Health's Coronavirus Call Center at 1-866-779-6121 which is available 24 hours a day, seven days a week or email <u>COVID-19@flhealth.gov</u>. They can also visit <u>http://pbchd.org</u> for the latest health information. Visit the Centers for Disease Control and Prevention.

For previously shared COVID-19 related resources please visit the <u>Nonprofits First</u> <u>website</u> and click on *COVID-19 Information, Nonprofits Needs Survey, & Healthy Return to the Workplace Resources* in the middle of the page. Please send us information that you would like us to share with our community.

Sincerely,

Jessica Cecere Chief Executive Officer

