



CROS THISWEEK

CROS Ministries // This Week!

A weekly update especially for CROS Liaisons, Board Members, Friends, and Volunteers

August 29, 2017

JOIN US!



Saturday, October 7

Registration - 8am, the Walk begins - 9am

Contact Gibbie Nauman at gnauman@crosmministries.org
[8.5 x 11 event flyer](#) [11 x 17 event flyer](#)

The End Hunger Walk is a 5K (3.1 mile) Walk along Flagler Drive in West Palm Beach. The Walk is free, however, we ask that Walkers raise a minimum of \$100 through pledge envelopes or online donation pages. For more information and to register online, [click here](#).

Volunteer opportunities available too!

Contact Gibbie Nauman at gnauman@crosmministries.org

HOPE TO SEE YOU THERE!

Gleaning

See you in November! Weather permitting.

For more information about CROS Gleaning, please contact Keith Cutshall at kcutshall@crosmministries.org.

CROS Employment Opportunity

Food Pantry Coordinator in Delray Beach - Part-Time, 20 hours per week.

Click on the link below to view the job description.

Job Description: [Food Pantry Coordinator - Delray Beach](#)

TO APPLY FOR THIS POSITION:

Mail (1) resume, (2) letter of intent, (3) three references (two employment), and (4) wage requirements to:

CROS Ministries
ATTN: Meredith Caldwell
3677 23rd Ave. S., #B-101
Lake Worth, FL 33461

OR

E-mail your submission to mcaldwell@crosmministries.org

Submissions should have all **four components**, as listed above, to be considered complete.

Submissions should be postmarked by **Sept 1, 2017**, if mailed. E-mailed submissions should be received by **Sept. 4, 2017**.

Pantry Need This Week

Canned Meat

Advocacy Corner

Can You Write a Story on an Empty Stomach?

WASHINGTON, August 16, 2017 - If you find it difficult to concentrate when you're hungry, imagine how children without enough food to eat feel as they return to school. We know there are so many great stories waiting to be written on the importance of school breakfast and afterschool meals, the need to end lunch shaming, and of course, preserving essential nutrition programs in the federal budget... [read more...](#)

...Fiscal Year 2018 Budget: School Meals and SNAP

Free school meals are a longstanding and highly effective poverty reduction strategy. And they are under attack in the House Budget Committee's proposed FY 2018 budget resolution, which includes a potential \$1.6 billion cut to community eligibility. Nationwide, this harmful cut could impact an estimated 8,300 schools with over 3.8 million students currently participating, and preclude another 12,800 schools with over 6.2 million students from adopting community eligibility in the future.

As children go back to school they are threatened as well by proposals to slash food stamp spending. Both the president and the House Budget Committee have proposed deep cuts to the Supplemental Nutrition Assistance Program (SNAP, formerly known as food stamps). More than two in five (43 percent) of all SNAP households include children. SNAP serves as the first line of defense against hunger for low-income children and families in rural, suburban, and urban areas alike, as FRAC's SNAP Maps show. It is unacceptable that this proven and effective program is under attack.

Press release sent out by Food Research & Action Center (FRAC), the leading national nonprofit organization working to eradicate poverty-related hunger and undernutrition in the United States. Visit FRAC's Legislative Action Center to learn more about what action steps to take to build opposition to the FY 2018 Budget Resolution, which is expected to be voted on in the House in September at www.frac.org.

It is the policy of CROS Ministries to provide equal employment opportunities (EEO) to all employees and applicants for employment without regard to race, color, religion, national origin, disability, gender, veteran status, marital status, sexual orientation, age or other unlawful discriminatory characteristics as defined in federal, state, or local laws. All candidates are considered on the basis of individual character, qualifications, and abilities in relation to the requirements of the advertised position.

Bulletin

Announcements

Volunteer Needs

Caring Kitchen - Delray Beach

Traffic Director

A volunteer is needed to direct cars to proper parking areas during peak meal times. Shift time is approximately 11:15 am - 12:20 pm.

Drivers to deliver meals to the Homebound

Monday, Wednesdays, and Fridays. Time Commitment approximately 2 hours, one day per week. Background check and driver check mandatory. After training delivery, time is flexible anytime between 10:30 am-1:00 pm.

Weekday Van drivers

Wednesdays. Approximately 4 hours one day per week to make regularly scheduled stops and occasional random pick ups. Drivers will be trained and must pass driver background check.

From Nov. 1 - 10, 2017

Volunteer Greeters

We will need two volunteers to stand on the east and north side of the property to greet individuals coming to the Caring Kitchen for service and redirect them to the

Click the links below to find information about our Florida Senators and Representatives.

[Florida Senators](#)

[Florida Representatives](#)



These lovely ladies are from Grace Presbyterian in Lantana. They come to our warehouse in Lake Worth several times a month to sort food for our seven food pantries. Thank you ladies for your faithful service! Check out our new volunteer shirts they are modeling. **Only \$5 per shirt.** Please contact your program manager if you are interested.



#StartWithaS

mile at smile.amazon.com
and Amazon donates to
Christians Reaching Out To Society Inc.

Spring Newsletter

new locations where meals are being served. Looking for two shifts: 8:30 am - 10:30 am and 10:30 am - 12:30 pm.

From Nov. 1, 2017 forward Van Loader

We need two volunteers to help us with loading and unloading the prepared food into and out of the van. Help is needed Monday through Friday from either 11:15 am - 12:15 pm - 12:45 pm - 1:45 pm. Choose a day and time that works for you.

Please contact Shona Castillo for more information, 561-278-0918 or scastillo@crosmministries.org.

Food Pantries

Community Food Pantry - West Palm Beach

Volunteers needed the 2nd and 4th Fridays 10:00 am - 11:30 am to check-in clients on the computer and pack and distribute bags of food. Must be able to lift and bend and pickup 20-25 pounds.

Please contact Julius Sanna at jsanna@crosmministries.org for more information.

Community Food Pantry - Lake Worth

Two volunteers needed on Monday, Tuesday, Wednesday, Thursday, or Friday from 10:00 am to 2:00 pm to check-in clients on the computer and pack and distribute bags of food. Also, we are looking for one to two volunteers Monday - Friday from 10:00 am - 10:30 am to pack food bags before the pantry opens.

Please contact Julius Sanna at or jsanna@crosmministries.org for more information.

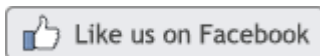
Community Food Pantry - Riviera Beach

Volunteers needed Monday, Wednesday, and Friday 9:00 am -

[Click here](#)
for a our 2017 Spring Newsletter

DONATE NOW

**Please remember
CROS Ministries
in your Will
and Estate Planning**



CROS Ministries

The Caring Kitchen
Community Food Pantries
Nutrition in a Knapsack
Summer Camp
Gleaning and Food Recovery
Community Advocacy

CROS Ministries
3677 23rd Avenue South, #B-101
Lake Worth, Florida 33461
www.crosministries.org

For information about volunteering, please contact Juanita Bryant Goode at (561) 233-9009 x110 or jgoode@crosministries.org

Volunteers: Do you need a volunteer shirt? Please let your program director know if you want one. Just \$5!

If you would like to make a donation to CROS Ministries, [click here](#) or contact Gibbie Nauman, Director of Development and Community Relations at 561-233-9009 ext. 108 or gnauman@crosministries.org.



12:00 pm. Must be able to lift and bend and pickup 20-25 pounds.
PLEASE NOTE: This food pantry is located at the Port Center building and is housed in the same location as the Department of Children and Families and the Palm Beach

County Sheriff's Department.
Please contact Brian Rowe at 561-779-7936 or browe@crosministries.org for more information.

Community Food Pantry - Indiantown

Volunteers needed Tuesday 9:00 am - 12:00 pm and 2:00 pm - 5:00 pm. Must be able to lift and bend, and pickup 20-25 pounds.
Please contact Jeanette Hemphill for more details at 561-475-7276.

Community Food Pantry - Belle Glade

Volunteers needed Tuesdays and Thursdays from 1:00 pm - 3:30 pm. Must be able to lift and bend and pickup 20-25 pounds.
Please contact Mayra Echenique for more details at 561-755-2495 or secretarycumc@bellsouth.net.

CROS Warehouse Sorting Groups

Sorting groups needed to sort food at CROS' warehouse. Must be able to do a lot of lifting and bending, lifting at least 20 -25 pounds at a time. Monday-Friday from 9:30 am- 11:30 am or longer and weekends too.
Please contact Brian Rowe at 561-779-7936 or browe@crosministries.org or more information.

Food Pickups

A volunteer is needed to help with picking up food from Palm Beach County Food Bank in Lantana on Tuesday mornings. Must be able to do a lot of lifting and bending, at



least 20 -25 pounds at a time, and be comfortable driving a truck. Please contact Brian Rowe at 561-779-7936 or browe@crosmministries.org for more information.

Loading, Unloading, Delivering...

Volunteers needed to lift heavy loads (30 to 65 pounds) and assist other CROS storage volunteers loading, unloading trucks, and delivering to CROS Food Pantries. Tuesdays and Thursdays from 9 am - Noon.

Please contact Pete Noble at 561-233-9009 x112 or pnoble@crosmministries.org.

Community Resources SNAP for Seniors

Do you know a senior struggling **to make ends meet**? SNAP (*Supplementary Nutrition Assistance Program*) can help them stretch their food dollars and prevent them from having to choose between buying medicine or buying food. It's free to apply, and they can get one-on-one help completing the application online or by hand. Please share the following flyers.

Click on the text below to download the pdf flyers.

[Snap for Seniors](#) (English)
[Snap for Seniors](#) (Spanish)
[Snap for Seniors](#) (Creole)