

Today's MMU: Prime Time and local out-of-school time programs celebrate Lights On Afterschool

Children's Services Council of Palm Beach County <mmu+cscpb.org@ccsend.com>

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To: Updates <updates@gladesinitiative.org>

35 years #HealthySafeStrong

Helping Palm Beach County
children grow up
healthy, safe and strong



Monday Morning Update October 3, 2022

News

Prime Time and local out-of-school time programs celebrate Lights On Afterschool

Lights On Afterschool was launched in October 2000 with celebrations in 1,200 communities nationwide. Today, more than 8,000 Lights On Afterschool rallies are held annually, attracting about a million individuals and media coverage nationwide. Prime Time is helping to host Lights On Afterschool celebrations in three out-of-school time programs in Palm Beach County on October 20, 2022. Palm Beach Public Afterschool Program will offer different learning stations that will include social and emotional learning and STEAM topics. Activities will include yoga, musical activities, planting, team boat building/racing and more! [Click here](#) to learn more.

Council approves rolling back tax rate for 2022-2023 fiscal year

The governing board of Children's Services Council of Palm Beach County on Thursday approved a 2022-2023 millage rate of .5508 – a nearly 12 percent decrease from last year, which is the rolled-back rate. For more about this and other business the Council conducted this month, [click here](#).

Congressional Youth Council 2022-2023

Do you know a student interested in learning more about the government? Congresswoman Lois Frankel's Youth Leadership Council is an annual opportunity for junior and senior high school students who reside in Florida's 21st Congressional District, to get a glimpse of how government works and hear from experts on various topics of interest. The Council is an initiative that grants students the opportunity to learn more about Congress, local gov't, and current topics of interest. As a member of this Council, high school students will deepen their commitment to civic engagement and public service. [Click here](#) to learn more.

Watch: 'Spilling the Tea' with the Children's Healing Institute

Spilling the Tea is an educational series for new preemie moms and dads brought to you by TEACUP Preemie Program. This brief but in-depth [video](#) will explore aspects of prematurity including emotional and mental effects, the NICU environment, breastfeeding & pumping, reclaiming attachment & bonding, and others. Preemie parents share their experiences through intimate video journals, and experts in infant development and prematurity offer guidance and information.

211's Crisis Support 24/7

If you or someone you know is experiencing a mental health or suicidal crisis- or is struggling with substance use, simply dial 2-1-1 or the new 9-8-8 number. The National Suicide Prevention Lifeline has recently rebranded to 988 Suicide & Crisis Lifeline- with the new three-digit 9-8-8 number replacing its longer ten-digit 1-800-273-TALK (8255) version. 211's highly trained and caring staff will continue to be the frontline responder for crisis calls from both 2-1-1 and the 9-8-8 number.

Organizations collaborate to strengthen youth resources in Palm Beach County

Local youth advocates and organizations got together on Wednesday to see how to best help 167,560 students attend Palm Beach County district-operated schools and other youth in the area. The event brought 40 leaders from local organizations to collaborate on the issues youth ages 0 to 22 in Palm Beach County are facing. Through the program's 300+ community networks, they're working on a "Youth Master Plan" where they can collaborate to bring resources and funding to the issues. [Click here](#) to learn more.



Quick tips on helping your child with toilet training

Toilet training your child can be a frustrating (and messy) experience. What can a parent do? Get some quick tips from Esperanza Gomez, a Triple P Practitioner with the Center for Family Services in West Palm Beach. Triple P stands for the Positive Parenting Program, a program available to all Palm Beach County families who are experiencing parenting challenges. For more parenting tips, visit

EveryParentPBC.org/behavior:

[Learn more](#)

Events

Caridad Center Hispanic Heritage Festival

Saturday, Oct. 15

9 a.m. - 12 p.m.

8645 Boynton Beach Blvd, Boynton Beach

In honor of National Hispanic Heritage Month, Caridad Center invites you to participate in their Hispanic Heritage Resource Fair on October 15, 2022. The event will be held from 9am-12pm. The goal of this event is to connect and serve our local

Our History, Our Culture: The State of Black Education in Palm Beach County Schools

Tuesday, October 11, 2022

6 - 7 p.m.

2129 N. Congress Ave.,
Riviera Beach

This community symposium is designed to engage and galvanize parents and community stakeholders around the state of education as it

families by providing information about the resources available to them in the community as well as celebrate the Hispanic Culture. [Click here](#) to learn more and to register.

pertains to Black students. This is an opportunity to elevate our voices and the representation of Black history and culture in teaching and learning. In addition, this will be space for us to use our collective minds to develop ways to innovate education to address the unique needs of students, both academic and socio-emotional. Learn more [here](#).

Save the Date: Cayuga Centers' Anniversary Celebration Open House

Tuesday, Oct. 11, 2022

2 - 6 p.m.

1301 N Congress Ave, Suite 130, Boynton Beach

Join us as we celebrate 170 years of serving families and youth. Learn more about the programs we offer, meet our President & CEO Edward Myers Hayes and tour our Boynton Beach facility. Light refreshments and entertainment! [Click here](#) to learn more.

DownRight ExtraOrdinary Walk for Down Syndrome 2022

Sunday, October 23, 2022

8 a.m. – noon

John Prince Park's Center Drive Pavilion

4759 South Congress Ave.,

Lake Worth

Gold Coast Down Syndrome is proud to continue their tradition of coming together to celebrate people with Down syndrome. Join their DownRight ExtraOrdinary Walk for Down Syndrome and start your team today! Other activities include bounce houses, breakfast, carnival games, DJ & dancing, live entertainment, pony rides, face painting, raffle & silent auction and much more! [Click here](#) to learn more and to register.

Trainings

Florida Association for Infant Mental Health's Official DC:0-5 for Clinicians Online

Tuesday, Oct. 25

9 a.m. - 1 p.m.

Online via Zoom

This 3-day training series is the first developmentally based system for diagnosing mental health and developmental disorders in infants and toddlers, Zero to Three's Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood (DC:0–5™). This critically important guide is an indispensable resource for practitioners such as mental health clinicians, mental health consultants, social workers, early intervention specialists, psychiatrists, and whose work with infants, young children, and their families involves assessment, diagnosis, and case formulation. [Click here](#) to register.

2022 Disaster Cycle Training Series

United Way of Palm Beach County is hosting it's 2022 Disaster Cycle Training Series on the following topics:

- Recovery, Oct. 6, 10 - 11 a.m. Panel discussion about different structures (COAD, VOAD, LTRC), different governance (501c3 or no?), and when to start a recovery group.
- In-person Active Shooter and Mass Casualty Training, November (Date and Venue TBD). Participate in this open-to-the-public workshop and get the most current training on human-made disasters, including Run, Hide, Fight and Stop the Bleed.

[Click here](#) to register.

Upcoming trainings with the Center for Child Counseling

See the links below to upcoming trainings with the Center for Child Counseling:

- October 17: 9am - 5pm [Motivational Interviewing for Practitioners](#)
- November 14: 9am - 3pm [CBT with Children and Youth](#)
- December 2: 9 -10:30 am [Self-Care for Practitioners](#)
- [Parenting 101: A Way of Being](#) - Parenting 101 support group provides a safe space for parents to freely share their parenting experiences including their challenges and strengths within confidentiality in a group setting. his support group is for parents of children ages 3-6. Sessions will take place weekly on Tuesdays 10/4/22 – 11/15/22 at 6-7pm via Zoom. Click [HERE](#)

to register.

Provider series with the Early Learning Coalition of Palm Beach County

The Early Learning Coalition is hosting a series for those interested in a career as a family childcare home provider. The series, led by Director of Provider Services Gina Carello, is perfect for those who have a passion for the care and education of young children. This four-part virtual series will give attendees an introduction to opening a Family Child Care Home with step-by-step support, licensing instruction, free professional development opportunities, and much more. Sessions are once a month, beginning September 13th and running through November 3rd. [Click here](#) to register.

Healthy Mothers, Healthy Babies September Educational Calendar

Throughout October
Virtual

Healthy Mothers, Healthy Babies of Palm Beach County is here to support you through pregnancy with educational classes and groups. Register today for upcoming support groups and educational classes for pregnant and new parents like Small Steps, Great Parents classes and Circle of Moms. All are at no cost, but registration is required. [Click here](#) to learn more and to register.

Deliver the Dream Upcoming Programming

Deliver the Dream presents the following upcoming programs:

- Hope at HOME (virtual): A Beary Fun Hunt. Tuesday, October 18, 2022. [Register here](#).
- Family Fun Day (in-person) Fall Festival Oct. 29, 2022 11 a.m. - 2 p.m. Quiet Waters Park, Deerfield Beach. [Register here](#).
- Family Retreats (in-person) Veterans Family Retreat. December 9-11, 2022. The Fountains Resort, Orlando. [Register here](#).

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpb.org. [Click here](#) to review the MMU Submission Guidelines.

Stay Connected!



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