

LEISURE TIMES ONLINE



PALM BEACH COUNTY
PARKS & RECREATION



March 2019



What's Happening in PBC Parks:



Gentle Yoga- CMAA Therapeutic Recreation Complex

Stay active, stretch muscles and reduce stress in a class modified for each individual **Mondays, 11 a.m. and Tuesdays & Thursdays, 9:30 a.m.** at the CMAA Therapeutic Recreation Complex, Lake Worth. For adults and seniors of all abilities. \$9/class or \$50/pass of 8 classes. RSVP required.

[Read more →](#)



Outdoor Adventure Day- John Prince Park

Enjoy fun activities like archery, canoeing, fishing and more **Sat, March 2, 10 a.m.** at the Smythe Pavilion in John Prince Park, Lake Worth. This event is being offered in partnership with Florida Fish and Wildlife Conservation Commission. **FREE ADMISSION**

[Read more →](#)



Yoga in the Park- South Inlet Park

Baptiste Flow presents: Yoga in the Park **Mon, March 4, 11, 18 & 25, 10:30 a.m.** at South Inlet Park, Boca Raton. This **FREE** program is for all levels; please bring your own yoga mat or beach towel. Parking fees apply at South Inlet Park.

[Read more →](#)



Food Truck Invasion- Sunset Cove Amphitheater

Enjoy a great selection of food trucks during Food Truck Invasion **Wed, March 6 & 20, 5 p.m.** at Sunset Cove Amphitheater in Burt Aaronson South County Regional Park, west of Boca Raton. **FREE ADMISSION**

[Read more →](#)



Palm Beach County Mounted Posse Barrel Point Show- Jim Brandon Equestrian Center

Watch as riders and their horses compete against the clock and each other for money and prizes **Sat, March 9, 5 p.m.** at Jim Brandon Equestrian Center in Okeehetee Park, west of West Palm Beach. **FREE** to spectators.

[Read more →](#)



Yoga for Community Healing- Canyon Amphitheater

Enjoy a healing and refreshing yoga class and make the pledge to proactively promote peace within our community **Sat, March 9 & 23, 10 a.m.** at Canyon Amphitheater in Canyon District Park, Boynton Beach. **FREE ADMISSION**

[Read more →](#)



Mori Stories: Kamishibai Folktales- Morikami Museum and Japanese Gardens

Bring the whole family and delve into the world of Japanese folklore through *kamishibai* paper theater **Thurs, March 14, 11 a.m. & 1 p.m.** in Classroom A at the Morikami Museum and Japanese Gardens, Delray Beach. **FREE** with paid museum admission.

[Read more →](#)



Bands and Brews- Seabreeze Amphitheater

Enjoy unlimited craft beer tastings from over 20 breweries with ticket purchase and some rockin' music from several artists **Sat, March 16, 1 p.m.** at Seabreeze Amphitheater in Carlin Park, Jupiter. GA/\$39.95 (fees not included)

[Read more →](#)



Shamrock Run- John Prince Park

Register today for the 43rd Annual Shamrock Run **Sat, March 16, 7:15 a.m.** at John Prince Park, Lake Worth. A portion of the race proceeds will be donated to the Palm Beach Roadrunners Youth Scholarship Fund.

[Read more →](#)



Sour Mash Trio- Canyon Amphitheater

Legends on the Lawn presents: Sour Mash Trio **Sat, March 16, 7 p.m.** at Canyon Amphitheater in Canyon District Park, Boynton Beach. Sour Mash Trio is an acoustic trio. **FREE ADMISSION**

[Read more →](#)



**VOLUNTEER
SPOTLIGHT**
DuBois
Docents

Check out a new episode of Destination Recreation!

Learn the history of both Riverbend Park and Loxahatchee River Battlefield Park and all the great amenities at each park in our new episode of Destination Recreation.

[Click here](#) to watch!

Volunteer Spotlight: DuBois Docents
PBC Parks' "Volunteer Spotlight" highlights our talented and dedicated volunteers! Meet DuBois Pioneer Home volunteers, Debbie DeLuco and Donna Adair, two of the "original" DuBois Pioneer Home historical docents!

[Click here](#) to watch!

Interested in volunteering with PBC Parks? [Click here](#) for more information!



Bike Rodeo- Westgate Recreation Center

Learn about bike safety, get a bike inspection, enjoy a bike obstacle course and more **Sat, March 16, 10 a.m.** at Westgate Recreation Center, West Palm Beach. **FREE ADMISSION**

[Read more](#) →



Junior Naturalist: Water- Okeeheelee Nature Center

Kids will learn about the Earth's water cycle, wetlands and more **Sat, March 16, 10 a.m.** at Okeeheelee Nature Center in Okeeheelee Park, west of West Palm Beach. Ages 8-12, \$10/participant. RSVP required.

[Read more](#) →



Survivalism- Green Cay Nature Center

This program takes children on an adventure in learning about tracking, orienteering and reading the woods **Thurs, March 21, 10 a.m.** at Green Cay Nature Center and Wetlands, Boynton Beach. Ages 9-14, \$10/participant. RSVP required.

[Read more](#) →



Big Bounce America- Burt Aaronson South County Regional Park

Bounce around with family and friends in the world's biggest bounce house and much more **Fri-Sun, March 22-24**, at Burt Aaronson South County Regional Park, west of Boca Raton. Prices and times vary based on age.

[Read more →](#)



Full Moon Bike Ride- Riverbend Park

Ride the trails at night with a park naturalist guiding the way **Fri, March 22, 6:30 p.m.** at Riverbend Park, Jupiter. All ages, \$10/participant. RSVP required.

[Read more →](#)



Geocaching by Bike- Daggerwing Nature Center

Integrate modern technology with the exploration of nature **Sat, March 23, 10:30 a.m.** at Daggerwing Nature Center in Burt Aaronson South County Regional Park, west of Boca Raton. Ages 8+, \$5/participant. RSVP required.

[Read more →](#)



Handcycling Clinic- CMAA Therapeutic Recreation Complex

Learn a new Paralympic Sport and how to ride a handcycle **Sat, March 23, 8:30 a.m.** at the CMAA Therapeutic Recreation Complex, Lake Worth. Participants will learn proper techniques and go for a group ride throughout John Prince Park. **FREE ADMISSION**

[Read more →](#)



Food Trucks in the Park- Ocean Cay Park

Enjoy a great selection of food trucks while listening to live music during Food Trucks in the Park, presented by ChowDown Food Trucks **Wed, March 27, 5 p.m.** at Ocean Cay Park, Jupiter. **FREE ADMISSION**

[Read more →](#)



Great Inflatable Race- John Prince Park

Register today for a fun run with inflatable obstacles spread throughout the running course **Sat, March 30, 9 a.m.** at John Prince Park, Lake Worth. \$75/person, times vary based on wave times.

[Read more](#) →



Dyer Challenge 12- Dyer Park

Register today for this mountain bike endurance fund raising event **Sun, March 31, 8 a.m.** at Dyer Park, West Palm Beach. \$50/participant. Proceeds of the event go to Jack the Bike Man, Inc.

[Read more](#) →



We want to hear from you!

How do you hear about us? Website, print publications and/or social media? We want to know! Help us better serve you and your community by taking our quick, short communication survey!

[Click here](#) to take the survey.



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