

Today's MMU: Watch 'Spilling the Tea' with the Children's Healing Institute

Children's Services Council of Palm Beach County <mmu+cscpb.org@ccsend.com>

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To: Updates <updates@gladesinitiative.org>

35 years #HealthySafeStrong

Monday Morning Update September 19, 2022

News

Watch: 'Spilling the Tea' with the Children's Healing Institute

Spilling the Tea is an educational series for new preemie moms and dads brought to you by TEACUP Preemie Program. This brief but in-depth [video](#) will explore aspects of prematurity including emotional and mental effects, the NICU environment, breastfeeding & pumping, reclaiming attachment & bonding, and others. Preemie parents share their experiences through intimate video journals, and experts in infant development and prematurity offer guidance and information.

Margaritaville at Sea announces Heroes Sail Free Program

Margaritaville at Sea, the floating island vacation offering the fun, escapism, and state of mind synonymous with the global

Employment opportunities with Children's Services Council

Interested in becoming a member of the Children's Services Council team and helping Palm Beach County children grow up healthy, safe and strong? Here are the current employment opportunities:

- Administrative Assistant II (Reception/Front Desk): closes on 9/23/22 at 5 p.m.

[Click here](#) to apply.

Organizations collaborate to strengthen youth resources in Palm Beach County

Local youth advocates and organizations got together on Wednesday to see how to best

211's Crisis Support 24/7

If you or someone you know is experiencing a mental health or suicidal crisis- or is struggling with substance use, simply dial 2-1-1 or the new 9-8-8 number. The National Suicide Prevention Lifeline has recently rebranded to 988 Suicide & Crisis Lifeline- with the new three-digit 9-8-8 number replacing its longer ten-digit 1-800-273-TALK (8255) version. 211's highly trained and caring staff will continue to be the frontline responder for crisis calls from both 2-1-1 and the 9-8-8 number.

Provider series with the Early Learning Coalition of Palm Beach County

The Early Learning Coalition is hosting a series for those interested in a career as a family

lifestyle brand, today announced its new groundbreaking "Heroes Sail Free" cruise program, inviting U.S. military service members (active duty and veterans), police, fire, EMS personnel, and educators to enjoy one free cruise fare to the Bahamas. A first for the cruise industry, this unprecedented offer invites these frontline heroes to enjoy a microvacation to the islands. The program is coordinated through a partnership with GovX.com, the largest military and government ecommerce site exclusively for military and first responders. [Click here](#) to learn more.

Students Speak Up for Kids empowers students to stand up for kids in foster care

Students Speak Up for Kids is a division of Speak Up for Kids of Palm Beach County. Their mission is to empower local students with opportunities to serve and speak up for the children involved in PBC's dependency court system. They do this through flexible virtual community service projects, chapters of SSUFK at local schools, and fun-filled in-person events. One of their most notable projects is Music Buddies - a program that pairs kids in foster care with student music teachers who then provide them with free virtual music lessons. To learn more about how to get involved with more incredible projects like this one, [click here](#).

help 167,560 students attend Palm Beach County district-operated schools and other youth in the area. The event brought 40 leaders from local organizations to collaborate on the issues youth ages 0 to 22 in Palm Beach County are facing. Through the program's 300+ community networks, they're working on a "Youth Master Plan" where they can collaborate to bring resources and funding to the issues. [Click here](#) to learn more.

Habitat for Humanity of Palm Beach County: Neighborhood Revitalization Home Preservation Programs

The Palm Beach County Community Remembrance Project is partnering with the Equal Justice Initiative (EJI) to offer a voluntary scholarship essay contest open to 9th - 12th grade students attending public high school in Palm Beach County. Students are asked to select a historical event involving racial injustice in America and its connections to injustice in our society. Students must include a list of all sources used. Deadline is December 9, 2022. [Click here](#) to learn more.

childcare home provider. The series, led by Director of Provider Services Gina Carello, is perfect for those who have a passion for the care and education of young children. This four-part virtual series will give attendees an introduction to opening a Family Child Care Home with step-by-step support, licensing instruction, free professional development opportunities, and much more. Sessions are once a month, beginning September 13th and running through November 3rd. [Click here](#) to register.

Caps & Cribs Mentoring Program

Healthy Mothers, Healthy Babies of Palm Beach County's Caps & Cribs is a mentoring program for pregnant or parenting teens. The young women who take part in this program experience the regular stressors that come with being a student and teen while facing additional challenges that come with being a mom. This is where our mentors come in. Local professionals who are also moms themselves volunteer their time to mentor a teen who is juggling many responsibilities. After applying to be a mentor, these women receive training before being matched with a teen mom. Do you know a pregnant or parenting teen in the Palm Beach County school system? [Click here](#) to refer them to Caps & Cribs. Are you interested in becoming a mentor and making an impact on the life of a teen mom? [Click here](#) to complete the application.

Helping your child adjust to your divorce

Divorce is hard on everyone in a family. You want to minimize the emotional disruption for your children as much as possible. That means communicating that while things are going to change, what's not going to change is that parents love them, says Carolina Libreros, a



Triple P supervisor for the Center for Family Services of Palm Beach County. For more parenting tips, visit

[EveryParentPBC.org/behavior](https://www.EveryParentPBC.org/behavior):

Learn more

Events

Car Seat Check-up with Safe Kids PBC

Saturday, Sept. 24
9 a.m - 12 p.m.
2001 Blue Heron Blvd.,
Riviera Beach

For National Car Seat Check Saturday, learn about child passenger safety and have your child's car seat or booster seat checked by a Certified Child Passenger Safety Technician. Free car seats while supplies last (Child must be present.) For more information, call 561.389.2734.

Our History, Our Culture: The State of Black Education in Palm Beach County Schools

Tuesday, October 11, 2022
6 - 7 p.m.
2129 N. Congress Ave.,
Riviera Beach

This community symposium is designed to engage and galvanize parents and community stakeholders around the state of education as it pertains to Black students. This is an opportunity to elevate our voices and the representation of Black history and culture in teaching and learning. In addition, this will be space for us to use our collective minds to develop ways to innovate education to address the unique needs of students, both academic and socio-emotional. Learn more [here](#).

Palm Beach County Youth Summit

Saturday, Oct. 1
10 a.m. - 3 p.m.
Children's Services Council of
Palm Beach County
2300 High Ridge Rd.,
Boynton Beach

Hosted at the Children's Services Council building in Boynton Beach by the Palm Beach County Behavioral Health Coalition, this peer to peer event has lots of learning, activities, free lunch and community service hours. Youth can earn up to seven community service hours. One of three learning labs - Mental Health and (YOU)th, Habits for Success, and Alcohol Literacy Challenge. Plus join our kick-offs for 13th Annual School Bus Drug Prevention Media Contest, Hunt4Health Scavenger Hunt, Drop the Vape and join the Creation Stations to add your unique inspiration. Students must register as space is limited. [Click here](#) to learn more.

Save the Date: Cayuga Centers' Anniversary Celebration Open House

Tuesday, Oct. 11, 2022
2 - 6 p.m.
1301 N Congress Ave, Suite 130, Boynton Beach

Join us as we celebrate 170 years of serving families and youth. Learn more about the programs we offer, meet our President & CEO Edward Myers Hayes and tour our Boynton Beach facility. Light refreshments and

DownRight ExtraOrdinary Walk for Down Syndrome 2022

Sunday, October 23, 2022
8 a.m. – noon
John Prince Park's Center Drive Pavilion
4759 South Congress Ave.,
Lake Worth

Gold Coast Down Syndrome is proud to continue their tradition of coming together to celebrate people with Down syndrome. Join their DownRight

entertainment! [Click here](#) to learn more.

ExtraOrdinary Walk for Down Syndrome and start your team today! Other activities include bounce houses, breakfast, carnival games, DJ & dancing, live entertainment, pony rides, face painting, raffle & silent auction and much more! [Click here](#) to learn more and to register.

Securing Our Future Economic Mobility Summit

Wednesday, Sept. 28, 2022

9 a.m. - 4 p.m.

Palm Beach County Convention Center
650 Okeechobee Blvd,
West Palm Beach

The goal of the summit is to bring systems leaders together in support of our families that are unemployed or underemployed. The summit will consist of a plenary session and eight workshops plus a lunchtime panel discussion. The workshops will provide information about ways organizations involved in the systems pictured below can work collaboratively to help families earn more and move out of poverty. The systems are: housing and homelessness, employment, childcare, education, safety and justice, food and hunger, health, transportation. [Click here](#) to learn more and to register.

Save the Date: Domestic Violence Awareness Month Opening Ceremony

Monday, Oct. 3

9 a.m.

Palm Beach State College Duncan Theater
4200 S Congress Ave.,
Lake Worth

Save the date for this year's Domestic Violence Awareness Month's Opening Ceremony. This year's theme is Increasing Family Safety Through Abusive Partner Accountability. Luli Ortiz, CBS 12 News, will be our Master of Ceremonies. Lee Giordano, formerly with Men Stopping Violence in Atlanta, GA, is providing the keynote address titled "Strengthening Communities Through Abusive Partner Intervention." [Click here](#) to learn more.

Trainings

2022 Disaster Cycle Training Series

United Way of Palm Beach County is hosting it's 2022 Disaster Cycle Training Series on the following topics:

- Recovery, Oct. 6, 10 - 11 a.m. Panel discussion about different structures (COAD, VOAD, LTRC), different governance (501c3 or no?), and when to start a recovery group.
- In-person Active Shooter and Mass Casualty Training, November (Date and Venue TBD). Participate in this open-to-the-public workshop and get the most current training on human-made disasters, including Run, Hide, Fight and Stop the Bleed.

[Click here](#) to register.

FAU kicks off fall virtual series Research in Action

Multiple dates available

FAU's Division of Research is kicking off its fall "Research in Action" virtual talk series on Zoom on Thursdays at 1 p.m., beginning on Sept. 8 until Dec. 1. Each week, participants can listen to experts in their fields as they present their latest research and take part in Q&A sessions. [Click here](#) to see the fall series sessions.

Upcoming trainings with the Center for Child Counseling

See the links below to upcoming trainings with the Center for Child Counseling:

- September 23: 8:30am - 11:30am [Trauma-Informed Case Conceptualization](#)
- October 17: 9am - 5pm [Motivational Interviewing for Practitioners](#)
- November 14: 9am - 3pm [CBT with Children and Youth](#)
- December 2: 9 - 10:30 am [Self-Care for Practitioners](#)
- [Parenting 101: A Way of Being](#) - Parenting 101 support group provides a safe space for parents to freely share their parenting experiences including their challenges and strengths within confidentiality in a group se

ting. his support group is for parents of children ages 3-6. Sessions will take place weekly on Tuesdays 10/4/22 – 11/15/22 at 6-7pm via Zoom. Click [HERE](#) to register.

Provider series with the Early Learning Coalition of Palm Beach County

The Early Learning Coalition is hosting a series for those interested in a career as a family childcare home provider. The series, led by Director of Provider Services Gina Carello, is perfect for those who have a passion for the care and education of young children. This four-part virtual series will give attendees an introduction to opening a Family Child Care Home with step-by-step support, licensing instruction, free professional development opportunities, and much more. Sessions are once a month, beginning September 13th and running through November 3rd. [Click here](#) to register.

Adverse Childhood Experiences: What protective factors look like & building self-regulation skills

Wednesday, Sept. 28
6 - 7:30 p.m.
Virtual

Families thrive when protective factors are present in their lives and communities: and children are more likely to thrive when their families have the support they need. This presentation will teach participants about how important protective factors are to build resilience in families. Each protective factor will be broken out and explained. This training will also include information about trauma and toxic stress, the impact of trauma on the brain and body, Adverse Childhood Experiences, proactive ways to teach self-regulation strategies to children, and examples of interventions that parents, counselors, and teachers, and mentors can use to help children who have experienced

The Official DC:0-5 for Clinicians Online

Tuesday, Oct. 25
9 a.m. - 1 p.m.
Online

Zero to Three's Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood (DC:0-5™) is the first developmentally based system for diagnosing mental health and developmental disorders in infants and toddlers. This training is for advanced practitioners such as mental health clinicians, mental health consultants, social workers, early intervention specialists, psychiatrists, pediatricians, and nurse practitioners whose work with infants, young children, and their families involves assessment, diagnosis, and case formulation. [Click here](#) to learn more.

Critical Self-Reflection: Finding Your Way to a More Inclusive Form of Reflective Supervision

Wednesday, Sept. 21
1 - 4 p.m.
Virtual

This 3-hour training from the Florida Association for Infant Mental Health, developed for reflective supervisors, explores a multiple lenses approach to reflective supervision. This approach allows reflective supervisors to approach supervisees and their cases from an inclusive perspective for understanding and working within the complexity of early childhood intervention work at the clinical and systems level. This approach is centered in the use and development of critical self-reflection, which the RSC considers the central goal of reflective supervision. [Click here](#) to learn more.

Deliver the Dream Upcoming Programming

Deliver the Dream presents the following upcoming programs:

- Hope at HOME (virtual): A Beary Fun Hunt. Tuesday, October 18, 2022. [Register here.](#)
- Family Fun Day (in-person) Fall Festival Oct. 29, 2022 11 a.m. - 2 p.m. Quiet Waters Park, Deerfield Beach. [Register here.](#)
- Family Retreats (in-person) Veterans Family Retreat. December 9-11, 2022. The Fountains Resort, Orlando. [Register here.](#)

Unicorn Children's Foundation Hosts Virtual Classes

Unicorn Children's Foundation, a non-profit organization that creates cradle to career pathways for people with developmental differences, offers virtual classes that are inclusive for everyone. Enroll in classes including Author Club (publish your own book), French Club, Job Club, Self Advocacy, Graphic Design, and more! [Click here](#) to learn more and to register.

trauma to be successful and resilient. [Click here](#) to register.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpb.org. [Click here](#) to review the MMU Submission Guidelines.

Stay Connected!



Children's Services Council of Palm Beach County | 2300 High Ridge Road, Boynton Beach, FL 33426

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