



Learning Lab: Introduction to Canva

Presenter: Josh Hirsch

September 26, 2017 from 11:00 am - 12:00 pm

With Canva for Nonprofits, nonprofits can bring their vision to life, and through beautifully crafted content inspire a community to action. Empower your team to create high-impact social media graphics and marketing materials. Canva offers its premium version free to registered nonprofits.

This Learning Lab workshop is designed for those looking to explore a whole new way to design. Attendees will be guided through an in-depth tour of the user interface and all of the features and functionality, and



also provided helpful tips that will get new users ready to hit the ground running with their Canva design skills.

****Laptop will be provided to work on projects during the workshop.***

Registration 

Members: FREE

Non-members: \$25

Mindfulness In Action

Presenter: Aimee Bernstein

September 26, 2017 from 2:30 - 4:00 pm

Stress Less Achieve MORE mindfulness-in-action training develops a higher level of leadership and self-mastery in high-pressure environments. Our approach is built on three assertions:



1. We all get triggered and react at times when under pressure. This limits listening and negatively can affect relationships, decisions and actions.
2. Traditional stress management methods-meditation, yoga etc .- require that we take time out of our busy schedules to practice, which many people fail to do.
3. Research shows that the brain stores information based on arousal levels. Thus, we may not be able to draw on the calm state we find in meditation when in high-pressured situations.

Registration 

Members: FREE

Non-members: \$25

Writing to Win: Grants that Get Results!

Presenter: Laura Morse
September 28, 2017 from 1:00 - 3:00 pm

Finding the right private or corporate foundation partner to fund your mission can sometimes seem impossible, but knowing the right approach can help you win funders over to your cause. This overview of grants management will cover the topic from identification, research, solicitation and reporting - from both the grantor and grantee perspective. This session will explore grant examples of "the good, the bad and the ugly" as writing lessons to improve skills.



Registration 

Members: FREE
Non-members: \$25



Presenter: Josh Hirsch, MS
October 6, 2017 from 11:00 am - 12:00 pm

Being a member of Nonprofits First provides for you a wealth of resources and tools. Existing members are invited to review member benefits and how to take advantage of them. New and prospective members are invited to an introduction on maximizing your benefits.

Registration 

Members: FREE
Non-members: FREE

Marketing Your Personal Brand

Presenter: Whitney Cherner, LCSW

October 10, 2017 from 1:00 - 3:00 pm

Personal brand doesn't just apply to job-seekers. It's even more important when you are a professional and representing an agency. Your personal brand is all about who you are and what you want to be known for. If you want to learn how to manage your image and be your own PR guru, sign up for Marketing Your Personal Brand.



Registration 

Members: FREE

Non-members: \$25

Toastmasters Speechcraft Program (Public Speaking)

Presenter: Kim Harty

Wednesdays, October 11 - November 15 from 11:00 am - 12:30 pm

Speechcraft is a six week program designed to break down the barriers to public speaking under the leadership of experienced Toastmasters. Each week we will practice impromptu speaking, deliver prepared speeches, provide feedback, introduce speakers and have a lot of fun. Each participant will receive a workbook, with detailed instructions on how to make the most of the course and how to complete speaking projects.



Registration 

Members: \$125

Non-members: \$200

The Five Dysfunctions of a Team

Presenter: Karen Erren

October 12, 2017 from 1:00 - 2:30 pm

They say you spend more time at the office with your colleagues than you do at home with your family. And just like family, disagreements erupt. Come find out how to best interact with your coworkers in order to ensure shared success in this session based on Patrick Lencioni's bestselling book, *The Five Dysfunctions of a Team*. Bring your questions because this session will include working through real scenarios.



Registration 

Members: FREE

Non-members: \$25

Millennials in the Workforce

Presenter: Whitney Cherner, LCSW

October 18, 2017 from 11:30 am - 12:30 pm

Millennials (ages 18-34) currently make up 40% of the workforce. 53% of hiring managers say it's difficult to find and retain millennials. 58% of Millennials expect to leave their job in three years or less. While Millennials are the most educated generation in history, they have specific personality traits that managers cannot ignore. Millennials in the Workforce will teach managers what to expect when working with Millennials and how to develop an effective engagement strategy.



Registration 

Members: FREE
Non-members: \$25

Hiring to Win

Presenter: Andrea Hoffer

October 19, 2017 from 1:00 - 3:30 pm

Learn why hiring is so difficult and how following a proven 3 step process can improve your hiring success rate and remove the typical stress that comes with hiring.



Together we will:

- Review & Learn the 3 Steps to Hiring Effectively
- Complete worksheets to create your own hiring process
- Discuss Tips & Tricks to conducting effective interviews

*Please Note: You don't need to be hiring at the time of the workshop to find it useful. In fact, it is best if you "do the work" you will learn when you are not currently hiring.

Registration 

Members: FREE
Non-members: \$25



Presenter: Josh Hirsch, MS
October 20, 2017 from 11:00 am - 12:00 pm

Being a member of Nonprofits First provides for you a wealth of resources and tools. Existing members are invited to review member benefits and how to take advantage of them. New and prospective members are invited to an introduction on maximizing your benefits.

Registration 

Members: FREE
Non-members: FREE

The Rise of the Opioid Epidemic - Where Do We Go From Here?

Presenter: Alexa Lee
October 31, 2017 from 1:30 - 2:30 pm

With 592 deaths and over 4,000 overdoses in 2016, Palm Beach County is experiencing about one death a day due to opioids. Families and children are being impacted. How did we get here? Find out the history of this epidemic and what you can do about it in the community to address the problem.



Registration 

Members: FREE
Non-members: FREE

Membership Opportunities

Members of Nonprofits First enjoy [exclusive benefits](#) designed to increase your capacity to serve the needs of your clients. In addition to the cost saving opportunities on all Nonprofits First services, members are part of a community of nonprofit professionals with a demonstrated commitment to the continued strengthening of our industry.



Become A Member

501(C)Jobs

Looking for a job in the nonprofit sector? Visit www.501cjobs.org to view job postings, submit an application, and attach your resume.

