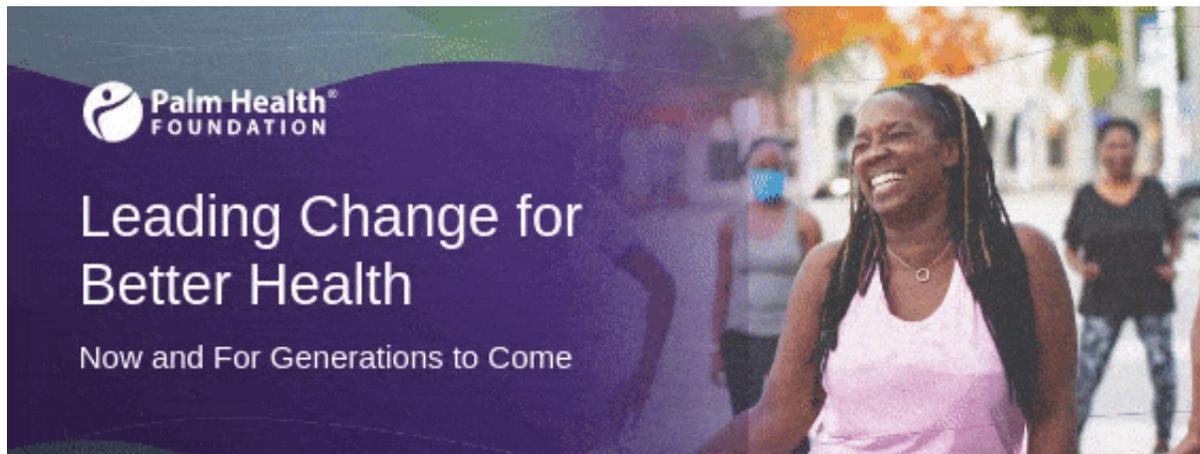


[View this email in your browser](#)



Let's Move!

Join Palm Health Foundation and [Digital Vibez, Inc.](#) for the annual [Let's Move Challenge](#), launching TOMORROW, March 1st!

Can you commit to exercising for 30 minutes a day, *every day* in the month of March?



Daily physical activity leads to lasting health benefits, such as improved sleep

quality, mental health and mood, digestion, and heart health – just to name a few!

Take the challenge! Join a team and log your daily physical activity minutes on the [Let's Move website](https://letsmovepbc.org).

LET'S MOVE
Palm Beach County
Commit to Change

**March 1 - 31
2024**
LetsMovePBC.org

LET'S MOVE:
COMMIT TO CHANGE PHYSICAL
ACTIVITY CHALLENGE

ENGAGES
Palm Beach County residents in a friendly competition through the month of March with the goal of promoting physical activity and healthy behaviors!

LET'S MOVE
invites Palm Beach County residents to form teams and get moving together- commit to exercising at least 30 minutes a day, and log your minutes!

Designed by: **FINITY TEK** DESIGNS

Join the Challenge!



SAVE
THE
DATE

AWARDS
CELEBRATION
4/12/24

6PM
COX SCIENCE CENTER



Announcing Dr. Marsha Fishbane as Palm Health Foundation Board Chair

Dr. Marsha Fishbane, pediatrician, public health physician, and dedicated community volunteer, has been elected chair of the board of trustees at Palm Health Foundation.

Dr. Fishbane joined the foundation board in 2015 and has served on our Community Investment Committee for 17 years. She brings wide-ranging insights from 43 years of practice in private and public settings and leadership positions at nonprofit



and government organizations.

“Dr. Fishbane’s deep understanding of how to create countywide health solutions has been essential to helping us realize our vision where all Palm Beach County residents—especially children and youth—have opportunities to thrive and reach their full health potential.”

– Patrick McNamara, President & CEO, Palm Health Foundation

[Read More](#)

Celebrating the Spirit of Philanthropy

Over 150 guests attended Palm Health Foundation’s scholarship reception in honor of our nursing and behavioral health professions scholars and their donors.

We awarded a record 73 scholars, an unprecedented number, thanks to a generous contribution from Southeast Florida Behavioral Health Network.

[Read More](#)



*“Through our support of the nursing and behavioral health professions, we are ensuring that our residents receive the person-centered care they need and **deserve.**” – Dr. Marsha Fishbane, Board Chair, Palm Health Foundation*





>> *In case you missed it: Read nursing scholar Dercas' story!* [CLICK HERE](#)

[Click here](#) to learn more about Palm Health Foundation's scholarships.

We're Hiring

Palm Health Foundation is seeking applicants for the **Accounting and Grants Coordinator** position.

POSITION SUMMARY

The primary responsibility of the Accounting and Grants Coordinator is to support the administrative needs of the foundation, especially in the Accounting and Grants Departments, in accordance with department policies.

Account job functions include: Administrative support of accounting; annual budget worksheet oversight, preparation of accounts payable, coding, data input and production of vendor checks for appropriate signature.

Grants duties include, but are not limited to: Database entry; formatting of contracts; oversight of grant reporting; grant/fund tracking; and assisting in maintenance of tools that integrate and track interactions between donors, donations, grants and types of funds.

[Learn More](#)

Humanizing Health

We've published our [2023 Report to the Community](#), themed ***“Humanizing Health.”*** This report highlights the many ways Palm Health Foundation is prioritizing the human experience in our work to build a culture of health for all in Palm Beach County.



HUMANIZING HEALTH

2023 Report to the Community



[Read the Report](#)

Patrick McNamara on NeuroArts Blueprint

Awards Committee



Our president and CEO has been asked to serve on the [NeuroArts Blueprint's](#) Renee Fleming Investigator Awards Review Committee!

The awards will support both basic and applied research that expands the evidence base of the emerging field of neuroarts and furthers the mission of the [NeuroArts Blueprint](#).

[Read More](#)

Upcoming Events

Don't miss out on this one-day conference about neurodegenerative diseases featuring nationally recognized leaders, community physicians, research experts, local vendors, and demos!

RHYTHMS FOR THE BRAIN

A NeuroArts Symposium



TICKETS
AVAILABLE
NOW

SATURDAY, MARCH 23, 2024
11:00AM - 4:30PM

VIP RECEPTION TO FOLLOW

Raymond F. Kravis Center for the Performing Arts
701 Okeechobee Blvd., West Palm Beach, FL 33401

Don't miss out on this one-day conference about neurodegenerative diseases featuring nationally recognized leaders, community physicians and research experts, local vendors, and demos!

GUEST OF HONOR, KEYNOTE SPEAKERS, & PANELISTS

- **SUSAN MAGSAMEN** (Guest of honor): Founder and executive director of the International Arts + Lab and author of *Your Brain on Art*
- **RANDY BLAKELY, PHD**: Executive Director of FAU Stiles-Nicholson Brain Institute
- **PATRICIA IZBICKI, PHD & NICOLE BAGANZ, PHD**: Neuroscientists
- **JENNIFER BUCZYNER, MD**: Neurologist
- **ARIF DALVI, MD, MBA**: Neurologist & Movement Disorder Specialist
- **CATHERINE DROURR, MD**: Internal Medicine Specialist
- **JASON HAO, DOM**: Hao Acupuncture Clinics
- **BRIAN HARRIS**: CEO and co-founder of MEDRhythms
- **DAVID LEVENTHAL**: Mark Morris Dance Group and program director and founding teacher of Dance for PD®
- **AMRE NOUH, MD, MBA**: Cleveland Clinic Florida

REGISTER NOW
SYMPOSIUM & VIP RECEPTION
www.m3f.org/events
or call (561) 510-8611



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Presented by



Palm Health Foundation annually supports the FAU Stiles-Nicholson Brain Institute's [Brainy Days](#), a series of events and educational lectures featuring world-renowned experts that promote brain health, share neuroscience discoveries, and reduce the stigma associated with brain disorders.

Brainy Days events are held throughout the entire month of March – join us!

[View All Events](#)

save the date



❖❖❖
*The Alzheimer's Project
Presents
Dancing with the Stars of Palm
Beach County:
Music Music Music!*

REGISTER
HERE!

March 28th, 12-4 P.M.
The Fountains Country Club
4476 Fountains Dr, Lake Worth



For more info: judithsimon50@gmail.com

**Celebrating the benefits of the ARTS for
those living with neurologic and
cognitive challenges.**



Learn more about Palm Health Foundation's health advancement work by
reading our [Stories of Impact!](#)

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