

March 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <i>Self-Injury Awareness Day</i>	2 <i>Teen Coalition Zoom Meeting</i>	3 <i>Teen Coalition Zoom Meeting</i>	4	5  School Bus Drug Prevention Media Contest Deadline	6 Multicultural Youth Arts Festival	7
8 <i>International Women's Day</i>	9	10	11	12 PBCBHC Coalition Connection & Contest Judging (In Person ONLY)	13 Community Voting for School Bus Drug Prevention Media Contest 3/13-3/15	14 Spring Break Scavenger Hunt
15 Community Voting Closes	16 Teen Coalition Zoom Meeting	17	18	19	20	21
22 <i>Brain-Awareness Week Ends</i>	23  Bus Poster Day	24	25	26	27	28 Youth Summit of Palm Beach County
29	30 <i>World Bipolar Day</i>	31				



Women's History Month
National Nutrition Month

National Poison Prevention Week 3/15-3/21
National Drug and Alcohol Facts Week 3/22-3/28
LGBTQ Health Awareness Week 3/23-3/27
Brain Awareness Week 3/16-3/22

Goosechase Spring Break Scavenger Hunt 3/13-3/23

🚌 March 2026: Youth Opportunities and Community Highlights 🚌



🕒 **FINAL COUNTDOWN:** **to the School Bus Media** **Contest Deadline (March** **5th)**

Good news and a friendly reminder: the School Bus Drug Prevention Media Contest deadline was extended, but the new deadline is right around the corner, so hurry and submit your entry! Palm Beach County students still have a chance to win up to **\$1,000 in scholarships**, and winning posters will be displayed on county school buses for the entire community to see. Keep in mind that both digital and visual art is accepted, plus videos! Clock's ticking. Time for students to [submit their masterpiece.](#)

🗳️ **Community Winner** **Voting (March 13th to** **March 15th)**

[Get ready to vote.](#) From March 13 through March 15, YOU get to help select the Community Winner, previously known as the "Popular Pick." Once voting opens, grab your devices, share the link, and vote, vote, vote. Let's celebrate student creativity and show our support for youth voices in prevention.

🚌 **Bus Poster Day** **(March 23rd)**

One of our favorite events of the year is almost here. Bus Poster Day takes place on **Monday, March 23 from 9:00 AM to 11:00 AM**, and we invite students, families, and community members to [join us.](#) Volunteers will help install winning prevention posters on school buses, giving student artwork a powerful platform seen by thousands every day. Student volunteers earn four community service hours for

volunteering. See more details below.



Coalition Connection Meeting- Poster Voting (March 12th)

In lieu of our in-person March Coalition Connection meeting, we're gathering our incredible community partners for this special judging event, and we would absolutely love to have you there!

Come vote for your favorite entry any time between 10 AM to 1 PM at the Children's Services Council in Boynton Beach. Please know that you **do not need to attend for the full three hours**. We intentionally structured the event to be flexible to accommodate busy schedules. Simply arrive when you can, receive your judging

☠ National Poison Prevention Week (March 15th to 21st)

National Poison Prevention Week takes place every year during the third week of March in hopes of bringing awareness to poisoning prevention efforts and keeping families safe. Poisonings remain the leading cause of injury-related deaths, and about half of all calls to poison control centers involve children. This is why safe medication practices are so important. Keep medications locked away in a secure cabinet or lockbox and stored up high and out of reach. Save the Poison Help Line in your contacts: [1-800-222-1222](tel:1-800-222-1222)
Learn more [here](#).



Safe Medication Disposal is Poison Prevention

materials and instructions, complete your reviews, and you're free to head out!

Thank you for your continued partnership and support of youth prevention efforts in our community. We hope you'll be part of this exciting day! 🏆 🌱

Storing unused or expired medications can pose risks to children, pets, and the environment. The good news is that safe disposal is easy. You can safely dispose of Over-the-Counter (OTC) and prescription drugs (Rx medications) at a secure pill drop-off location near you by visiting [PBCDrop.org](https://www.pbcdrop.org).

🌱 Palm Beach County Youth Summit (March 28th)

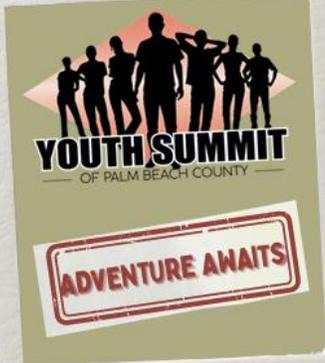
The Palm Beach County Youth Summit is happening Sat, March 28 at Palm Beach Lakes High School from 9AM to 4PM for middle and high schoolers.

This event will be a full day of connection, inspiration, and youth-led experiences while learning and earning community service hours. Check out the highlight video from last year [here](#).

Text "YouthSummit2026" to [888-687-0035](tel:888-687-0035) to get started. By texting that number with the keyword, you'll receive links to register and more. Adventure Waits. Text it now!

Parents can also join in on the fun by signing up for the insightful Parent Workshop on this [link](#). This workshop is designed to support parents of teens with practical tools and meaningful conversations.

PIN YOUR PURPOSE,
MAP YOUR MOVE.



MUSIC-GAMES-PRIZES

10 COMMUNITY SERVICE HOURS

FREE TO MIDDLE AND HIGH SCHOOL STUDENTS

LUNCH INCLUDED

ENJOY AMAZING WORKSHOPS

SATURDAY MARCH 28TH

9:00AM-4:00PM

PALM BEACH LAKES HIGH SCHOOL

PARENT WORKSHOP

RAFFLES AND \$25 GIFT CARD OPPORTUNITIES

REGISTER PBCYOUTHSUMMIT.ORG

REGISTER
TEXT: YOUTHSUMMIT2026
TO 888-687-0035
ENGLISH, SPANISH, CREOLE



PBCYOUTHSUMMIT.ORG

Thank You to our Sponsors



Event Disclaimer: "Palm Beach County PAL Inc.'s Event", is not affiliated with or endorsed by the School Board of Palm Beach County or Palm Beach Lakes Community High School as events/activities hosted by Palm Beach County PAL Inc.'s on Palm Beach Lakes Community High School's premises pursuant to a lease agreement shall not be construed as being conducted, funded, hosted, or sponsored by the School Board or Palm Beach Lakes Community High School on behalf of Palm Beach County PAL Inc.'s Event. The School Board and Palm Beach Lakes Community High School undertake no responsibility for supervising or monitoring the Palm Beach County PAL Inc.'s events/activities and will not be liable for any and all actions of Palm Beach County PAL Inc.'s Event on Palm Beach Lakes Community High School's premises."

Palm Beach County Youth Summit 2026 Volunteer Registration

If you are an adult interested in volunteering at the 2026 Palm Beach County Youth Summit to earn community service hours, please fill out the form below.

[SIGN UP HERE](#)

School Bus Drug Prevention Media Contest

 **Deadline Extended: 16th Annual School Bus Media Contest** 

Great news: our new contest deadline is now March 5th! The winning Palm Beach County students can earn up to \$1,000 in scholarships. PLUS, the contest is also a qualifying Fine Arts event for the **Florida Seal of Fine Arts**. Don't wait, [enter now!](#)

THE ART OF SELF-CARE



CALL OR TEXT
A FRIEND



DO SOME
JOURNALING



STAYING ALCOHOL &
VAPE-FREE



ENTER OUR CONTEST TO
WIN SCHOLARSHIPS FROM
\$100 TO \$1,000



EARN
COMMUNITY SERVICE
HOURS

CONTEST QUALIFIES FOR THE
FLORIDA FINE ARTS SEAL



SHORT VIDEO
REEL CATEGORY



VISUAL & DIGITAL ART
CATEGORIES

Deadline to receive entries
March 5th, 2026

FOR MORE INFO ON
HOW TO ENTER, VISIT:
PBCBUSPOSTER.ORG
OR SCAN HERE



Questions?
Prevention@pbcbhc.org
561-374-7627

SPONSORED BY



IN PARTNERSHIP WITH:



Upcoming Events



Poster Day
Monday, March 23, 2026
• 9 to 11AM •
Belle Glade • Boynton Beach • Riviera Beach
• Royal Palm Beach • West Palm Beach (2)

Students earn Four (4)
Community Service hours!



[Linktr.ee/PBCBHC](https://linktr.ee/PBCBHC)
or Scan to Register

CALLING ALL Teen & Adult VOLUNTEERS



[SIGN UP TO VOLUNTEER](#)

Community Call



Each opportunity, big or small, helps build a more connected, responsive, and effective system of care. We truly value your partnership and hope you'll consider getting involved in the way that works best for you.

Together, we can turn collaboration into action.

- **Logic Model Planning Committees:** Lend your expertise to help guide priorities, outcomes, and strategies that will shape our work moving forward. Your perspective ensures our plans reflect real-world needs and community realities. Our projects include prevention of underage drinking, vaping nicotine, marijuana in all forms, fake pills, opioid overdose and mental health support.
- **Mental Health & Behavioral Health Resources Form:** Take a few minutes to complete the resource form with your organization's information so our county members and partners alike can easily find and access the services you provide.

[SIGN UP HERE](#)



PBCBHC
— Palm Beach County
Behavioral Health Coalition
Building A Healthier Community

Join our Mental & Behavioral Health Resource List

Help us send referrals

YOUR WAY

- Share your
- *Services*
 - *Who you serve*
 - *Cost*
 - *Key details*
 - *Contact info*

*So we can promote your work
in the community*



FILL OUT OUR FORM:



[f/PBCBHC](#) [@PBCBHC](#) [@PreventionPBCBHC](#) [Linktr.ee/PBCBHC](#)

FILL OUT THE FORM HERE

News You Can Use

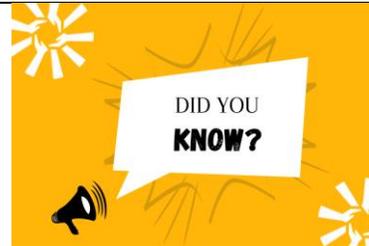


Carfentanil Concern Growing

A [recent NDEWS Web Monitoring Report](#) highlights growing concern about carfentanil and its appearance in the illegal drug supply ([DEA, 2025](#)).

Carfentanil is an extremely powerful synthetic opioid, far stronger than fentanyl or morphine, and was originally developed for use as a tranquilizer for large animals. In illicit drug markets, it may appear as a light-colored powder and is sometimes added to other substances, including heroin, fentanyl, or counterfeit pills, which increases both potency and risk.

The report also reviewed discussions on Reddit, where users shared concerns about the substance. Commenters noted that traditional withdrawal treatments, such



Study Links Adolescent Cannabis Use to Psychotic Disorders

[Rhithu Chatterjee of NPR reported on](#) a new longitudinal study examining the long-term mental health effects of adolescent cannabis use. The research found that teens who used cannabis were at greater risk of developing bipolar disorder, psychotic disorders, anxiety, and depression later in life, even after excluding those who showed signs of mental illness before cannabis use began. Researchers analyzed health data from more than 460,000 teenagers in the Kaiser Permanente Health System in Northern California and followed participants until age twenty-five.

Findings showed that teens who reported cannabis use had about twice the risk of

as methadone, may be less effective. Some also reported that fentanyl test strips may not reliably detect carfentanyl, and that medical staff may be unfamiliar with managing related complications.

developing serious mental health conditions, such as bipolar disorder and psychotic disorders including schizophrenia, compared to teens who did not use cannabis.

Community Happenings



APPLY NOW!



SUMMER CAMP
SCHOLARSHIP PROGRAM

To submit an application, determine eligibility, or find the camp closest to you, please visit:
www.pbc.gov/youthservices/Pages/Summer_Camp.aspx

Full scholarship to day camp from June 1 – August 7, 2026

AGES SERVED

5 - 17

Five-year-olds must be currently attending or have completed VPK to be eligible.
Families must meet scholarship guidelines.

ACCEPTING APPLICATIONS

February 9 - April 3

Education Enrichment, Specialty, and Special Needs camps are offered so that your child can enjoy the perfect summer experience.



YOUTH SERVICES
Growing Brighter Futures



Children's Services Council
PALM BEACH COUNTY



FRIENDS
of Youth Services & Palm Beach County, Inc.

SCAN ME



- Application
- Eligibility Calculator
- Summer Camp Map

Application assistance is available at the locations below

<p>Lantana Rd Branch Library 4020 Lantana Rd Lake Worth</p> <p>Wednesday, February 18 12pm-5pm</p>	<p>Main Library 3650 Summit Blvd West Palm Beach</p> <p>Saturday, February 21 10am-2pm</p>	<p>Glades Rd Branch Library 20701 95th Ave S Boca Raton</p> <p>Monday, February 23 4pm-7pm</p>	<p>Belle Glade Branch Library 725 NW 4th St Belle Glade</p> <p>Thursday, February 26 2pm-5pm</p>
<p>Greenacres Branch Library 3750 Jog Rd Greenacres</p> <p>Saturday, February 28 10am-2pm</p>	<p>Canyon Branch Library 8915 Senator Joe Abruzzo Ave Boynton Beach</p> <p>Friday, March 6 2pm-5pm</p>	<p>Okeechobee Blvd Branch Library 5689 Okeechobee Blvd West Palm Beach</p> <p>Saturday, March 14 10am-2pm</p>	<p>Belle Glade Branch Library 725 NW 4th St Belle Glade</p> <p>Friday, March 20 2pm-5pm</p>
<p>Jupiter Branch Library 705 Military Trail Jupiter</p> <p>Saturday, March 21 10am-2pm</p>	<p>Main Library 3650 Summit Blvd West Palm Beach</p> <p>Monday, March 23 4pm-7pm</p>	<div style="border: 1px solid #007bff; border-radius: 10px; padding: 5px; background-color: #9c27b0; color: white; width: fit-content; margin: 0 auto;"> <p style="font-weight: bold; font-size: small;">SCAN ME</p> <div style="display: flex; justify-content: space-between; align-items: center;">  <ul style="list-style-type: none"> <li style="font-size: x-small;">Application <li style="font-size: x-small;">Eligibility Calculator <li style="font-size: x-small;">Summer Camp Map </div> </div> <div style="display: flex; justify-content: space-around; font-size: x-small; margin-top: 5px;"> <div style="text-align: center;"> PBCYSD</div> <div style="text-align: center;"> PBCYSD</div> <div style="text-align: center;"></div> </div>	

To access a computer or receive assistance completing an application, please contact your camp of choice or contact Palm Beach County Youth Services at (561) 242-5713 or YSD-SummerCamp@pbc.gov

01/26

Johnny's Ambassadors 2026 Spring Webinar Series

10:00 AM to 11:00 AM mountain (12:00 PM to 1:00 PM eastern)



**CANNABIS USE AND PSYCHOSIS:
FROM RISK TO TREATMENT**



MARTA DI FORTI, MD, PHD
FRIDAY, JANUARY 16, 2026
10:00 AM MOUNTAIN / 12:00 PM EASTERN

Each webinar with LIVE attendance is approved for 1.0 CE hour from the NAADAC. Johnny's Ambassadors is an NAADAC Approved Education Provider #253600.

Register at
[JohnnysAmbassadors.org/
webinars](https://JohnnysAmbassadors.org/webinars)

**CANNABIS PHARMACOLOGY,
TEEN NEUROCHEMISTRY:
THE SCIENCE OF RISK**



ERIK MESSAMORE, MD, PHD
FEBRUARY 13, 2026
10:00 AM MOUNTAIN / 12:00 PM EASTERN

**CANNABIS-INDUCED
PSYCHOSIS:
PSYCHOSIS AND MANIA**



NIK RAO, MD, MSC
FRIDAY, MARCH 13, 2026
10:00 AM MOUNTAIN / 12:00 PM EASTERN

**REACHING RESISTANT YOUTH:
FAMILY SYSTEMS APPROACHES
TO EARLY INTERVENTION IN
CANNABIS-INDUCED
PSYCHOSIS**



**GIANNA YUNKER, CIP, CAI,
CFRS, CRS**
FRIDAY, APRIL 17, 2026
10:00 AM MOUNTAIN / 12:00 PM EASTERN

**MARIJUANA MYTHBUSTERS:
COMMON MISCONCEPTIONS
AND THE MEDICAL
EVIDENCE**



MATT POLING, MD
FRIDAY, MAY 8, 2026
10:00 AM MOUNTAIN / 12:00 PM EASTERN

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YouCanStopHT.com

ANYONE

COULD BE A VICTIM OF HUMAN TRAFFICKING

Human Trafficking knows no bounds. This modern-day form of slavery claims victims of all ages, sex, ethnicities, and demographics. You can save a life by knowing the signs and reporting the crime.

KNOW THE SIGNS

PHYSICAL

- Branding-scars, burns, or tattoos • Malnourished
- Serious dental issues • Disoriented or confused
- Drug addiction • Infections • Sleep deprivation

VERBAL

- Responds as if coached • Allows someone else to speak for them • Fearful, anxious, or paranoid
- Reluctant to discuss their injuries

AT SCHOOL

- Unexplained absences • Sudden change in usual attire, behavior, or relationships • Chronically runs away • Sudden increase in material possessions

REPORT THE CRIME

To Report Suspected Human Trafficking to Law Enforcement in FL

CALL 1-855-FLA-SAFE

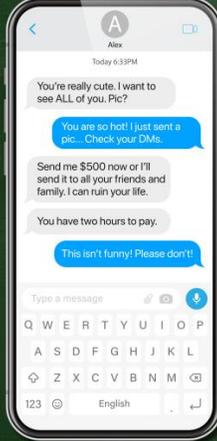


OFFICE OF ATTORNEY GENERAL
JAMES UTHMEIER
Safe, Strong, and Free



SEXTORTION

DON'T BECOME A VICTIM



SEXTORTION is a type of blackmail used to acquire sexual content from a child, coerce them into sexual activity or obtain money.

- Remember, the blackmailer is to blame.
- Show a parent or a trusted adult right away.
- Do not pay money or comply with the blackmailer's requests.
- Report the account through the platform's safety feature.
- Block the suspect, but **DO NOT DELETE** the messages or your profile.
- Report the crime to law enforcement or at Report.CyberTip.org.



GET THE FACTS AT



#STOPSEXTORTION

Stay Coalition Connected...

Update your contact info today to be in on all things behavioral health in Palm Beach County.

[Coalition Connections](#) for updates on General Coalition Meetings, Outreaches, Newsletters...

Text **PBCBHC** to **888-687-0035** for text updates on Coalition happenings.

[Visit our Linktree](#)

