



## **DIABETES ACADEMY**



**The March Class of the  
FREE LMC Diabetes Academy  
will be on**

**Monday, March 14<sup>th</sup>**

**at 5:00pm in Meeting Room 2  
of Lakeside Medical Center**

**The focus of this class will be the Importance of Diet,  
Exercise, and Weight-loss in Diabetes Mellitus**

**Individuals with Diabetes  
as well as their family  
and friends are welcome.**

**Please RSVP to Terri  
at 561-996-6571 ext. 8444**