

Today's MMU: Legal Aid Society Offers Monthly ID Drives Throughout Palm Beach County

Children's Services Council of Palm Beach County <mmu+cscpb.org@ccsend.com>

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To: Updates <updates@gladesinitiative.org>

35 years #HealthySafeStrong

Helping Palm Beach County
children grow up
healthy, safe and strong



Monday Morning Update January 23, 2023

News

Legal Aid Society Offers Monthly ID Drives Throughout Palm Beach County

Legal Aid Society of Palm Beach County's Community ID of the Palm Beaches Program allows residents without the ability to receive a state or federally issued ID card the opportunity to receive a Community ID card. Residents are often required to prove their identity for numerous reasons each day, and without a reliable ID may not be able to identify themselves with law enforcement, receive urgent services with schools, health centers, city departments or agencies. Community ID of the Palm Beaches will be issuing IDs in West Palm Beach, Belle Glade and Greenacres in January and February. Call **561-822-9740** for more information and to register. [Click here](#) to read more about the

Children's Services Council Seeks Pediatric Clinics to Host DULCE Program

Children's Services Council of Palm Beach County (CSCPBC) is seeking to enter into an agreement with one or more pediatric clinics in Palm Beach County to host the **Developmental Understanding and Legal Collaboration for Everyone (DULCE)** program, a national initiative of the Center for the Study of Social Policy (CSSP). DULCE is a universal, evidence-based pediatric care approach that supports healthy newborn development, partners with families of infants to meet their social and legal needs and promotes healthy communities. The selected clinic(s) will be expected to host an experienced DULCE team available to provide DULCE services at no-cost to the clinic(s). [Click here](#) for more

Postpartum Care Program Now Available

Healthy Mothers Healthy Babies Coalition of Palm Beach County offers this program of extended care to assist postpartum women with finding a primary care doctor, understand the benefits of the Pregnancy Medicaid Extension and address any issues with their plan, provide access to health education, breastfeeding support and service referrals for mom and baby and offer support groups for new parents. To make an appointment with a Postpartum Care Coordinator, fill out a contact form [here](#).

program.

information and instructions on how to apply.

The Caring Kitchen Serves Anyone Who is Hungry

CROS Ministries distributes hot meals throughout the week and sandwiches on the weekends at multiple county locations in Delray Beach. For a complete list of distribution sites and times, [click here](#). Volunteers that can lift up to 25 pounds are needed to help distribute bags of food on Mondays from 11:45 a.m. to 3:15 p.m. and to help pack bags of food on Tuesdays from 11:45 a.m. to 3:15 p.m. [Click here](#) for further details on volunteering. Do you know someone who is homebound living in the 33444 or 33445 zip codes in Delray Beach and in need of having their meals delivered? Contact **561-308-7980** or scastillo@crosmministries.org for more information.

Clerk of the Circuit Court & Comptroller Keeps Citizens Informed Across Several Platforms

Palm Beach County Clerk of the Circuit Court & Comptroller works with local cities and public libraries to host "office hours," providing an open forum for questions about services provided. Additionally, they offer expert-led webinars via YouTube, employee stories on social media, and tips such as how to stay alert for scammers on TV and radio. [Click here](#) to access their free webinars and [here](#) to stay up to date on community events and offerings.

Upward Bound Program Available for Glades Region Students

Palm Beach State College offers a roadmap to college and beyond through their TRIO Upward Bound program, available for students from low-income families, in grades 9-11 at Glades Central or Pahokee High School. The program offers free advising, tutoring, mentoring, college tours, application and testing waivers and much more. Click [here](#) for a flyer with more details and a QR code to apply. For more information, contact **561-993-1024**.

Calling On Presenters for Prime Time's Afterschool Symposium

Prime Time Palm Beach County, Inc. is requesting proposals for its Afterschool Symposium 2023, a one-day event on May 12 with the theme Shift to Now – Embracing the present to offer youth meaningful out-of-school time experiences. Prime Time is seeking educational workshops that focus on innovative strategies, activities, programs, systems and policies that support afterschool leaders and staff. [Click here](#) to read more and apply. Deadline for submissions is Monday, February 20 at 5:00 p.m.

NonProfits First Calls for Service Learning Projects

For more than 15 years, Nonprofits First has proudly welcomed a class of future nonprofit leaders to their Rising Leaders program. Through service-learning projects, rising leaders are provided with hands-on experience and collaborate with organizations and professionals throughout the county. This is your chance to tap into the talent of the 2022-2023 Rising Leaders Class. If your project is selected, a group of four to six members of the program will dedicate time to addressing a challenge faced by your organization, and final projects will be presented at the conclusion of the program in July. To learn more and submit your proposal, [click here](#). Questions can be directed to mbieber@nonprofitsfirst.org.

Palm Beach County League of Cities Accepting Applications for 2023 Scholarship

The William A. Cruickshank Scholarship provides up to \$1,000 in individual scholarships for expenses associated with academic endeavors to qualified high school seniors and municipal employees. Preferential consideration will be given to individuals demonstrating dedicated pursuit towards a career in municipal government. For more information and to register, [click here](#). Deadline for submissions is February 17.

Mentors Needed to Support Low-Income Youth

Celebrate National Mentoring Month with Take Stock in Children and become a mentor! Take Stock in Children provides a unique opportunity for low-income youth to escape the cycle of poverty through education. Underserved students receive one-on-one support through caring volunteer mentors, with the opportunity to earn a college

Become a Mentor to a Local Teen Mom

January is [National Mentoring Month](#) and is dedicated to elevating the power of relationships by highlighting the benefits of mentoring, discussing best practices for supporting young people and sharing inspiring stories from the field. Healthy Mothers, Healthy Babies Coalition of Palm Beach County is accepting applications for women

scholarship and gain hope for success in college, career and life. Read more and complete a mentor application [here](#). Contact kbriard@takestockpalmbeach.org for more information.

who will dedicate their time to a local teen mom in their [Caps & Cribs Mentoring](#) program. Applications can be completed [here](#).



Why VPK?

VPK is a free, educational program open to all 4-year-olds that's offered at almost 400 locations throughout Palm Beach County.

Watch this video to learn why Voluntary Prekindergarten (VPK) is so important.

[Learn more](#)

Events

Tax-a-Thon, hosted by United Way of Palm Beach County

Saturday, February 4
8:30 a.m. - 4:00 p.m.
Palm Beach State College, Lake Worth Campus
Admissions building
4200 S. Congress Ave.
Lake Worth

A team of IRS-certified, United Way volunteers will be on site to provide free and secure tax preparation assistance for individuals and families whose household income was \$70,000 or less in 2022. VITA volunteers are trained to find taxpayers all eligible tax credits, such as the Earned Income Tax Credit (EITC). View a complete list of documents to bring with you [here](#).

Fifth Third Bank E-Bus Tax-a-Thon, hosted by United Way of Palm Beach County

Monday, February 6 and Tuesday, February 7
12:30 p.m. - 6:30 p.m.
Adopt-A-Family
1736 Lake Worth Road
Lake Worth

A team of IRS-certified, United Way volunteers will be on site to provide free and secure tax preparation assistance for individuals and families whose household income was \$70,000 or less in 2022. VITA volunteers are trained to find taxpayers all eligible tax credits, such as the Earned Income Tax Credit (EITC). View a complete list of documents to bring with you [here](#).

Jupiter Jubilee

Saturday, February 4
11:00 a.m. - 4:00 p.m.
Abacoa Community Park
1501 Frederick Small Road
Jupiter

The Jupiter Jubilee is an annual, free, family-friendly community event put on by the Town of Jupiter for area residents and includes entertainment, civic, educational and cultural components. Each year, Jupiter's unique character, history, community and natural treasures are highlighted. In the spirit of conservation, the Jubilee is a Green event, and vendors, exhibits and attendees are encouraged to recycle, re-use, and

Healthy Mothers, Healthy Babies Coalition of Palm Beach County: February Educational Calendar

February events include educational classes for pregnant women, new parents and their support partners, maternal wellness support group meetings in English and Spanish, childbirth classes with virtual and Spanish options, pregnancy and infant loss support groups, Circle of Dads groups in English and Spanish, prenatal yoga and a six-session support group to reduce stress, in Spanish. A calendar with details can be found [here](#).

Cleanup at Ocean Cay

Saturday, February 4 and every first Saturday of the month (exceptions in April, May & September)
8:00 a.m. - 10:00 a.m.
Ocean Cay Park
2188 Marcinski Road
Jupiter

Palm Beach County Parks & Recreation invites you to help clean up the beach! Grab a friend or a group and help make a difference, all while enjoying the beautiful sunshine. A continental breakfast is provided for all volunteers attending the event and everyone who participates gets a raffle ticket for prizes after the cleanup. Young Friends Cleanup

conserve. For more information, [click here](#).

for middle and high school students who are in need of community service hours takes place on the third Sunday each month from 3:00 p.m. to 5:00 p.m. To register, [click here](#). For more information, contact hello@friendsofjupiterbeach.org

Palm Beach Gardens Police and Fire Public Safety Day

Saturday, February 4
10:00 a.m. - 2:00 p.m.
The Gardens - North County District Park
5101 117th Court North
Palm Beach Gardens

This family-friendly event offers an afternoon of fun and excitement, with a kids' costume contest, live demonstrations, games, activities and food trucks. Further details can be found [here](#).

National HIV Awareness Day Community Event

Tuesday, February 7
3:00 p.m. - 7:00 p.m.
St. John's Missionary Baptist Church
900 North Seacrest Blvd.
Boynton Beach

Pathways to Prosperity, in partnership with Comprehensive Health Center, COVID-19 Strike Force, and BEST IV Miami is hosting this event, offering a free food card with HIV Testing, \$25 cash card with a COVID booster shot, and free IV Infusions (limited spaces available). For more information [click here](#) or call 561-903-7743.

Tu Bishvat in the Park

Sunday, February 12
1:00 p.m. - 3:00 p.m.
Mandel Jewish Community Center
8500 Jog Road
Boynton Beach

Alpert Jewish Family Service (JFS) invites you to celebrate this Jewish Disabilities Network program in celebration of JDAIM: Jewish Disability Awareness and Inclusion month. For more information, contact Tami.Lustig@AlpertJFS.org or visit their website [here](#).

Basketball Fun Day for all Ages

Saturday, February 25
12:30 p.m. - 4:00 p.m.
The Eleanor R. Baldwin Arena
777 Glades Road
Boca Raton

Watch the Florida Atlantic Owls men's basketball team play the UTEP Miners on a day celebrating the FAU Center for Autism and Related Disabilities. Learn about FAU CARD and local resources. This event is free to the first 250 participants registered, and includes free food and drinks, music and games. Register [here](#).

Trainings

Parenting 101: A Way of Being with Children, Center for Child Counseling

Tuesdays: January 24 to March 14
6:00 p.m. - 7:00 p.m.
Virtual

Parenting 101 is a support group for parents and caregivers of children ages three to six and provides a safe space for parents and caregivers to freely share their experiences, challenges and strengths in a confidential group setting. Parents will learn about the importance of attitude and acceptance to strengthen the parent-child relationship, child development, and parenting techniques such as reflective listening, encouragement, limit setting and choices to

Teacher Support Group: A Way of Being with Children, Center for Child Counseling

Tuesdays: January 24 to March 14
1:00 p.m. - 2:00 p.m.
Virtual

This Teacher Support Group provides a safe space for teachers to freely share their experiences, including challenges and strengths, within a confidential group setting. Teachers will learn about the importance of attitude and acceptance to strengthen the teacher-child relationship and techniques such as reflective listening, encouragement, limit setting, choices and behavior management in the classroom. Skills focus on emotional and behavioral development,

manage children's emotional and behavioral difficulties. The skills taught set the foundation for the life-long skill of self-regulation. The support group provides an experience where parents learn from each other's experiences and practice the techniques learned in sessions through group activities and discussions. [Click here](#) to begin the registration process.

academic success and teaching children the life-long skill of self-regulation to enhance learning in the classroom. This group provides a unique experience where teachers will learn from each other's experiences as well as process and practice the techniques learned in sessions through group discussions. [Click here](#) to begin the registration process.

Positive Childhood Experiences (PACES) & Resilience

Wednesday, January 25
6:00 p.m. - 7:30 p.m.
Virtual

In this intensive workshop provided by United Way of Palm Beach County, participants will learn about trauma and toxic stress, outcomes and findings of the ACEs study, impacts of positive childhood experiences and PACES on youth, trauma symptoms in children and youth, the definition of resilience and strategies to promote resilience. To register, [click here](#).

CEO Roundtable Discussion

Thursday, February 2
5:30 p.m. - 7:30 p.m.
Virtual

Junior League of Boca Raton and Nonprofits First invite you for a session to learn the basics of branding your nonprofit. A brand is important for a nonprofit company because it helps to define and distinguish the organization from others in the same field and serves as a way for an organization to communicate its values, mission and purpose to its target audience. [Click here](#) for more information and to register for this free training.

Small Business Bootcamp: A Free Event for All Businesses

Tuesday, Feb. 7
8:00 a.m. - 9:30 a.m.
Hispanic Chamber of Commerce of Palm Beach County
12794 Forest Hill Blvd., Suite 19
Wellington

The Hispanic Chamber of Commerce of Palm Beach County invites businesses of all sizes to join their bootcamp, presented by Bank of America. Email info@cpbchamber.com for more information and [click here](#) to register.

Infant's Brain to the Therapist's Mind: Reflecting on How Babies Teach Us About Therapy

Thursday, Feb. 23
2:00 p.m. - 4:00 p.m.
Virtual

Florida Association for Infant Mental Health Training Academy presents this provocative two-hour interactive and video-based seminar during which Dr. Neil Boris delves into key findings regarding the development of our socio-emotional brains and establishes ways in which research in this arena informs clinical work with parents. This training is encouraged for advanced practitioners such as mental health clinicians, mental health consultants, social workers, early intervention specialists, psychiatrists, pediatricians, and nurse practitioners who work with infants, young children, and their families - especially those who align with Infant Mental Health Specialist (IMHS) or Infant Mental Health Mentor (IMHM) Endorsement categories. [Click here](#) to view fees and to register.

Endemic Times: Art & Play Therapy for Grief, Loss, and Isolation - Center for Child Counseling

Friday, Feb. 24
9:00 a.m. - 4:00 p.m.
Children's Services Council
2300 High Ridge Road
Boynton Beach

The long-term effects from the Covid-19 pandemic are being seen even now with a rise in anxiety, depression and fears in our youth. This workshop will seek to provide hands-on, experiential art and play therapy activities to help children, tweens and teens process their lived experience of grief, loss, and isolation. Participants will engage in interactive activities which can be utilized through in-person and telehealth sessions. Cost: \$125 (Early Bird Special - including 6 CEUs and contact APT CEs). [Click here](#) to register.

Promoting Socialization of Children and Adolescents with AAC across a Variety of Social Settings with Peers

FAU Center for Autism and Related Disabilities
Online Webinar - Available during January

Augmentative and/or Alternative Communication (AAC) includes a variety of methods to support and supplement communication. The aim of this presentation is to provide strategies to move the child beyond requesting items and needs into more social communicative functions. To read more and register, [click here](#).

Coming in March: Center for Child Counseling In-Person Play Therapy Series

Friday, March 24

9:00 a.m. - 1:30 p.m.
Center for Child Counseling
8895 N. Military Trail
Palm Beach Gardens

Join Play Therapy experts to learn the language of the child through this new Play Therapy Series. The first workshop focuses on termination of therapy, which is an opportunity for closure and for the client and therapist to review the personal growth that has unfolded over the course of treatment. When done successfully, the end of therapy can be a positive experience with a long-lasting impact on both the client and therapist. To learn more about the event and to register, [click here](#). Cost includes 4 CEUs and Contact APT CEs. Early bird and student discounts are available. Upcoming workshops include Child-Centered Group Play Therapy, Utilizing Sand Tray in Play Therapy: The Basics and Continuing the Practice, Addressing Trauma Through Play Therapy and Treating Trauma using TF-CBT.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpcb.org. [Click here](#) to review the MMU Submission Guidelines.

Stay Connected!



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