



## Monday Morning Update

### January 14, 2019

**Please Note: Children's Services Council's offices will be closed Monday, Jan. 21, in honor of Martin Luther King, Jr. The next Monday Morning Update will be released on Tuesday, Jan. 22.**

**News**

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### **Local resources available for those affected by the Federal Government Shutdown**

Have you or someone you know in Palm Beach County been impacted by the federal government shutdown? Local resources are available to help government employees and those affected by the government shutdown. [Click here](#) for a listing of local resources.

### **CSC conducting Healthy Beginnings Family Support Study**

Parents who receive home-visiting services funded by Children's Services Council of Palm Beach County are invited to participate in an important study about families. The study, conducted by RTI International, began in November 2018. It includes an in-person parent interview and a child assessment to help learn about the needs of families in Palm Beach County, the kinds of services they receive and the different ways these services help families. [Click here](#) to learn more. A \$50 gift card will be offered to each family who participates.

### **Festivals, breakfasts for Martin Luther King Jr. Day in Palm Beach County**

Martin Luther King Jr. Day is **Monday, Jan. 21** and there are a variety of events across Palm Beach County for people to celebrate the late civil rights movement leader. Many of the events are scattered throughout the week and weekend leading up to the holiday. [Click here](#) to find an event near you.

### **Too Good for Drugs with PBSO**

Sheriff Bradshaw has offered to buy the "Too Good for Drugs" curriculum for any teacher who attends a half day training from Dr. Klarich. Dr. Klarich will come to the school and train all school teachers. Any teacher who attends the training will receive a curriculum for their classroom (valued at \$150.00) with the understanding that they will begin to teach the curriculum when they receive it. The curriculum teaches social and emotional learning which has been proven to reduce drug use in children as they get older. Please contact Dr. Susan Klarich at [klarichs@pbsso.org](mailto:klarichs@pbsso.org) or call 561.688.4055 for more information

### **PBSO Scout Patch Program**

Boy Scouts and Girl Scouts can get a patch by [clicking here](#) and completing four activities on the Palm Beach Sheriff Office's Scout Patch Program list. The Scout leader can then submit the form at the bottom to [klarichs@pbsso.org](mailto:klarichs@pbsso.org) to receive patches for their troops. Please contact Dr. Susan Klarich at [klarichs@pbsso.org](mailto:klarichs@pbsso.org) or 561.688.4055 for more information.



### **NEW VIDEO: Expert advice on asking about your child's school day**

Wondering how you can get your child to share what's going on at school? This [expert video](#) may help. For more information, local tips and trusted advice, create a family profile on [EveryParentPBC.org](http://EveryParentPBC.org).

## Events

### **BRIDGES Dads: Real Men, Real Talk, Real Life**

Monday, Jan. 14

6:30 - 8 p.m.

BRIDGES at Riviera Beach  
4152 West Blue Heron Blvd., Riviera Beach

Fathers, you are important in the lives of your children! Come together with other fathers as we support each other to be the best fathers we can be! For more information, call BRIDGES at 561.899.1644. [Click here](#) to access all ten BRIDGES site calendars.

### **Writers LIVE! Returns to the Palm Beach County Library System**

Jan. - April, 2019

Writers LIVE!, the Library's flagship author event series, returns for another season of bringing the community together with authors and their books. From January to April, a line-up of best-selling, critically acclaimed, award-winning authors from a variety of genres, will discuss their work, chat with you, and sign books. The Library has strived to make this a memorable year by providing something for nearly every reader in our area. [Click here](#) for the event lineup and to register.

### **Waste to Wonder Exhibition Opening Reception**

Saturday, Jan. 19

3 - 5 p.m.

The GalleRE at Resource Depot  
2510 Florida Ave.,  
West Palm Beach

The Waste to Wonder Exhibition ushers in Resource Depot's 20th year as a unique community leader teaching the value of wise consumption and creative reuse in generating positive lifestyle, environmental, and community change. Each artwork in the 21-artist show began as an item found at Resource Depot. [Click here](#) for more details.

### **United for Community Change Nonprofit Panel Discussion**

Wednesday, Feb. 13

11:30 a.m. - 1 p.m.

### **My Brother's Keeper Race to Equity Summit**

Feb. 20 - 21, 2019

The My Brother's Keeper Network is a coalition of

### **Save the date: PBC Youth Summit 2019**

Saturday, April 6

10 a.m. - 4 p.m.

Palm Beach Lakes High School

Urban Youth Impact  
2823 N. Australian Ave.,  
West Palm Beach

Interested in learning how your donation makes a direct impact on the lives of individuals and families in our community every day? Join United Way of Palm Beach County and the executive directors of four United Way partner agencies for an interactive and informative discussion. Enjoy lunch and learn about the variety of services and programs funded by United Way. [Click here](#) to register.

**Save the date: 2019 Birth to 22 Business Breakfast**  
Friday, April 12  
7:30 a.m. networking  
8 a.m. Start  
West Palm Beach Marriott  
1001 Okeechobee Blvd,  
West Palm Beach

Mark your calendar for the 2019 Birth to 22 Business Breakfast to learn what's happening in Palm Beach County to shape the future for all our children. Don't miss this opportunity to hear about the progress - and the opportunities and challenges ahead. Registration, agenda, sponsorship opportunities and more information to come. [Click here](#) for the Save the Date and [click here](#) for more information about Birth to 22: United for Brighter Futures.

public and private entities that work together to improve life outcomes for boys and young men of color through internal agency policy review, education and employment opportunities. In partnership with Birth to 22 United for Brighter Futures, the Race to Equity Summit will convene for in-depth days of learning, inquiry and problem-solving about how best as community we can face, embrace and lead with racial equity. [Click here](#) to learn more and [click here](#) to register.

**Child Rescue Coalition Blankets and Bear Hugs**  
Saturday, January 26  
10 a.m. - 12:30 p.m.  
Child Rescue Coalition Offices  
4530 Conference Way  
South, Boca Raton

Join the Child Rescue Coalition for a family-friendly event to assemble teddy-bear care packages for children rescued from sexual abuse. All ages are welcome for this morning of fun, philanthropy and pizza! [Click here](#) for more information and to register.

3505 Shiloh Dr.,  
West Palm Beach

Join local youth for a day of fun and connecting to local resources at the PBC Youth Summit 2019. Parents can attend the Parenting Workshops to learn how to talk with your teens about various topics. Morning snack and lunch will be provided. [Click here](#) to learn more.

**Diabetes Awareness Day at the Palm Beach Outlets**  
Saturday, Jan. 19  
11 a.m. - 3 p.m.  
Palm Beach Outlets  
1751 Palm Beach Lakes Blvd., West Palm Beach

Diabetes Awareness Day represents the Diabetes Coalition's premier screening event of the year which is hosted by the Palm Beach Outlets in collaboration with Palm Health Foundation. In addition to free diabetes risk assessments, A1c tests, the community is invited to join the Coalition, its partners, and volunteers for a day of learning, while having fun. [Click here](#) to learn more.

### **Florida Mental Health Counselors Association Annual Conference**

Jan. 31 - Feb. 2, 2019  
Lake Mary, Orlando area

Join the Florida Mental Health Counselors Association (FMHCA) at the Annual Conference and earn CEU's while networking with mental health professionals. Conference tracks include ethics, domestic violence, HIV/AIDS, trauma, cultural diversity, children, adolescents and family, addiction treatment and assessment, evidenced-based and emerging practices, military and veterans and more. For more information and register, [click here](#).

### **Dinner and Learn: New Year, New You**

Tuesday, Jan. 15  
5:30 - 07:30 p.m.  
Madison Green Ballroom  
2001 Crestwood Blvd. North  
Royal Palm Beach

Start 2019 off with a new perspective on your health. Join the Women's Chamber of Commerce for a dinner and learn based on the Mediterranean Diet. Listen to cardiologist, Michael Lakow, MD, talk about the health benefits while watching a cooking demonstration. Then, enjoy a delicious meal! [Click here](#) to learn more and to register.

### **Sugar Sand Park Community Center's programs for special needs**

Winter/Spring 2019  
Sugar Sand Park  
Community Center  
300 S Military Trail  
Boca Raton

Sugar Sand Park Community Center offers a variety of classes and activities for special needs children and their families like play groups, parent lectures, Sunday sensory-friendly movies, events at the Children's Science Explorium and more. [Click here](#) to view the Winter/Spring 2019 flyer.

## **Trainings**

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### **Star Achievement Series**

Jan. 31, March 14, April 4 and May 9  
9 a.m. - 4 p.m.  
Children's Services Council  
of Palm Beach County  
2300 High Ridge Rd.,  
Boynton Beach

This four-day Star Achievement series is an elite training program for administrative, executive assistants and operational support staff. Designed by Joan Burge, founder and CEO of Office Dynamics, the Star Achievement training incorporates

### **Construction Career Days**

Jan. 31 - Feb. 1  
7:30 a.m. - 2 p.m.  
Central Florida Fairgrounds  
4603 West Colonial Dr.  
Orlando, FL

Construction Career Days is a nationwide educational outreach program designed to cultivate interest in high school students for the wide variety of skilled construction careers. The local events give students the chance to get a feel for the field by participating in activities like operating machinery and speaking to

### **Open House with ACE Mentor Program**

Bi-weekly sessions,  
Jan. - May 2019

ACE is an after school program that introduces high school students to careers in architecture, construction management, engineering and other disciplines. Learn more about the ACES Mentor Program at an Open House on Thursday, Jan. 17, 5 p.m. [Click here](#) to learn more and to register.



innovative methods of teaching such as interactive role playing, presentations, self-reflection exercises, team competitions, case studies, brainstorming, modeling, and more. [Click here](#) to register.

experienced industry veterans. [Click here](#) to learn more and to register.

### **Fearless Caregiver Conference**

Wednesday, Feb. 27  
10 a.m. - 2:30 p.m.  
Carolyn Sims Center  
225 NW 12th Ave.,  
Boynton Beach

Register for Today's Caregiver magazine's 24th annual Fearless Caregiver Workshops, a training that educates family members on how to become fearless in their caregiving efforts! This daylong workshop will focus on how caregivers can find partners with community and private resources for loved ones with Alzheimer's, developmental disabilities, diabetes, cancer and Parkinson's. Lunch will be included. [Click here](#) to learn more and to register.

### **Boy Energy in Play Therapy**

Friday Jan. 25  
9 a.m. - 1 p.m.  
Quantum Foundation  
2701 N. Australian Ave.,  
West Palm Beach

'Boy Energy in Play Therapy' will begin with a review of the three stages of boyhood, the role of testosterone and the differences between boys' and girls' brains. Specific activities and strategies for working with boys will be explored. Earn 4 CEU's and contact APT's. [Click here](#) for more information and how to register. Early Bird Discount of \$20 is available until Jan. 11.

### **Loving with the Brain in Mind: A Relational-Neurobiological Approach to Couple Therapy**

Feb. 11 - 12  
9 a.m. - 5 p.m.  
FAU Boca Raton Campus  
Student Union Majestic  
Palm Room  
777 Glades Rd.,  
Boca Raton

Distressed couples often get caught up in mutual blame and cycles of emotional reactivity. This workshop explores the psychodynamic, interpersonal, intergenerational, cultural and neurobiological processes that shape these cycles. Based on the latest studies from neuroscience as well as relationship research, Dr. Fishbane presents an integrative approach that empowers couples to transform their interpersonal dynamics. [Click here](#) for more information.

### **KidSafe training on Sexual Abuse Prevention**

Tuesday, Jan. 15  
9 a.m. - 12:30 p.m.  
Children's Services Council  
of Palm Beach County

### **Upcoming Touchpoints trainings for 2019**

Jan. 31, Feb. 2,  
March 29  
9 a.m. - 5 p.m.

### **Next Step Program**

Fridays, Jan. 18 - Mar. 29  
11:30 a.m - 2 p.m.  
Palm Beach State College  
Lake Worth Campus, CBP  
307

2300 High Ridge Rd.  
Boynton Beach

KidSafe Foundations' goal is to provide adults working with children up to date research and education on how best to prevent child sexual abuse. The seminar will cover defining appropriate boundaries, language of safety to use with children and families, grooming techniques of offenders, characteristics of offenders, what to do if you suspect abuse, response to a disclosure of abuse, mandated reporting - process and issues surrounding, characteristics of a child being harmed, and much more. [Click here](#) to learn more and register.

Children's Services Council  
of Palm Beach County  
2300 High Ridge Rd.  
Boynton Beach

Through observation of videotapes, group discussion, and role-plays, participants will deepen their knowledge and skill in the Touchpoints Approach. By focusing on the parent-child relationship, providers will notice the parallel between themselves and the families they serve and the significance of giving up their agenda in the service of the relationship. Participants are encouraged to present case examples for group discussion on applying the Touchpoints principles and assumptions to specific cases. [Click here](#) to register for these upcoming trainings.

4200 S Congress Ave,  
Lake Worth

The Dress for Success Next Step Program is now accepting applications for women 18-25 who would like to build their confidence and acquire relevant career readiness skills. This free 10-week program begins Friday, January 18th. Limited space available! [Click here](#) to learn more and to apply.







**Autism Parent training in Spanish:**

**FAU CARD Little Owls Parent Training on Autism**

Jan. 16 and Jan. 23  
8:45 a.m. - 12:30 p.m.  
Grandma's Place  
184 Sparrow Dr.,  
Royal Palm Beach

This free 2-day training for parents, grandparents of children up to age 6 with autism (or who are exploring a possible diagnosis) will be given in Spanish. The training covers topics such as, encouraging social communication, preventing problem behavior and resources. [Click here](#) to learn more and to register. Respite care is available through Grandma's Place.

**FAU CARD and the Arc of Palm Beach- Little Owls Parent Training on Autism**

Saturday Feb. 2, 9, and 16  
9 a.m. - 2 p.m.  
1201 Australian Ave.,  
Riviera Beach

This is a free 3-day training for parents and grandparents of children up to age 6 with autism or who are exploring a possible diagnosis of autism. The training covers topics such as, encouraging social communication, preventing problem behavior and resources. [Click here](#) to learn more and register.

**Boys to Men Leadership Academy**

Thursday, Jan. 17  
6 p.m.  
Carolyn Sims Center  
225 NW 12th Ave.,  
Boynton Beach

Connect to Greatness, Inc. is a non-profit organization focused on empowering 6th grade African-American Boys to become change makers in the world. The Boys to Men Leadership Academy is now accepting applications for the January 2019 session. [Click here](#) for more information or call Andre Thaddies at 561.503.8455. To apply online, [click here](#).

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## Additional Resources

[Visit the CSC website](#)

[CSC Employment](#)

[CSC Provider Agency Employment](#)

[Search for Trainings](#)

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## Do you have information for the MMU?

Email your MMU submission to [mmu@cscpb.org](mailto:mmu@cscpb.org). [Click here](#) to review the MMU Submission Guidelines.

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[Sign up for the MMU!](#)

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## Stay connected!



[www.cscpb.org](http://www.cscpb.org)