

THE WELL

THE RESOURCE FOR BEHAVIORAL HEALTH AND WELLNESS
APRIL/MAY 2025

Of PBC



Ten Years Strong:
Get Your Green On Marks a
Mental Health Milestone

Building Bridges:
Youth Services and Justice
Department Unite for Mental
Health Awareness Month

**Bringing the Desi
Community Together:**
The Power of Puja, Functions,
and Cultural Events

Plus: Multicultural Youth Arts Festival • Senior Year Is No Joke •
To Support and Serve • From Being an Inmate to Living
My Best Life • Empower Healthcare: Breaking Barriers
to Build a Healthier Future • **And Much More!**

Cheers to 10 Years of Shining a Light on Mental Health Awareness and Trauma Informed Care

We are thrilled to bring you our latest issue of **The Well of PBC**, where we're marking a major milestone—ten years of the “**Get Your Green On**” campaign. What started as a small student collaboration has been watered by the dedication of advocates, students, and community leaders, and blossomed into a county-wide movement, bringing people together to shine a light on mental health awareness, trauma informed care, and the power of community support.

Inside, you'll discover:

- **Spotlight on "Get Your Green On":** Discover how this decade-long initiative has grown and what it means for Palm Beach County's commitment to mental health.
- **Empower Healthcare:** Meet Dr. Jinga Oglesby-Brim and learn how seniors in our area are combating loneliness and nurturing new connections.
- **Wellington Desi Association:** Explore how one diaspora community gathers to worship, break bread, and uplift one another in uncertain times.
- **Local Nonprofits in Action:** See how organizations across the county are finding fresh ways to continue their missions and serve our neighbors.

Thank you for being a part of our shared vision: a welcoming space where everyone's voice is heard and where we all work together to shape a brighter, healthier future.

Visit our social media channels and share your stories of how you are connecting and empowering wellness within Palm Beach County!

[The Well of PBC](#) is an online publication focused on Palm Beach County. The mission of The Well of PBC is to become the primary resource for behavioral health and wellness for Palm Beach County, a safe exchange space for community, and an outlet for our neighbors and stakeholders to transform the behavioral health landscape.

Support this local publication by subscribing to receive future issues and updates. And don't forget to share this publication with your family, friends, co-workers, and neighborhood, and ask them to subscribe and share as well.

We invite you to showcase your talent by contributing to The Well.
Contact our editor Julie Khanna for guidelines or to learn more at thewell@bewellpbc.org.

Click here to subscribe and visit [The Well of PBC](#).

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The Well of PBC would like to offer individuals, business owners, organizations, community funders, and city and county entities the opportunity to sponsor an issue, feature, or purchase an advertisement. Become a resource and pour into The Well.

For more information contact Katrina Blackmon

Email: thewellads@bewellpbc.org

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BeWellPBC | 700 South Dixie Hwy. #103 | West Palm Beach, FL 33401 US

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