

Playful. Healthful. Hopeful.



Preventing Child Abuse



Raising Awareness During Child Abuse Prevention Month

In recognition of April as [Child Abuse Prevention Month](#), Center for Child Counseling (CFCC) is raising awareness and building prevention methods for Adverse Childhood Experiences (ACEs) in Palm Beach County.

[According to the CDC](#), heightened stress, school closures, loss of income, and social isolation resulting from the COVID-19 pandemic have increased the risk for child abuse and neglect. Adverse Childhood Experiences, such as abuse and neglect, are a leading public health issue. In the absence of healthy and buffering relationships, childhood trauma and adversity can have a devastating impact on the minds and bodies of children and lead to a lifetime of issues for individuals, including mental and physical health difficulties and a shorter life expectancy.

“ACEs are the single greatest unaddressed public health threat facing our nation today,” said Dr. Robert Block, former president of the American Academy of Pediatrics.

[View Full Release](#)

Click on the image below to watch the **CBS 12 News segment** on making our community more trauma-informed so that we can prevent adverse childhood experiences from taking place.



Virtual Town Hall on Child and Adolescent Mental Health | Monday, April 26

After more than a year of virtual learning and social distancing, we are pleased to join PBS [Your South Florida](#) for a live discussion on Monday, April 26th at 7pm to look at the impacts of the pandemic on the [mental health](#) of children and teens.

We hope you can join us for this important town hall!



[Register to Join the Town Hall](#)



ACEs: Trauma to Resilience

Building awareness, skills, and the capacity of parents and adult caregivers to engage in healthy relationships with children is an essential part of preventing child abuse.

Center for Child Counseling has developed an array of online and live workshops that focus on enhancing skills and knowledge about the impact of trauma and building resilience. ACEs: Trauma to Resilience is a 2.5 hour on-demand, online workshop that provides an overview of the ACE (Adverse Childhood Experiences) study, the impact of ACEs, brain development, the results of ACEs, and how to build resilience.

Cost: Regular cost is \$35 (with an additional \$10 to earn 2.5 CEUs). **Until the end of the month, use the promo code PREVENTCA for a 50% discount!**

[Register or Learn More About the Workshop](#)



Play Therapy with Families

Most challenges presented by a child are really family challenges. Since most of a child's experiences in life are controlled by the adults in his/her world, it makes sense that working together as a family group will provide the best possible outcomes for the child.

This 1-hour on-demand, online workshop will focus on using play in sessions with families. Specific activities and strategies will be explored. Earn 1 non-contact APT and CEU!

Cost: Regular cost is \$25 (with an additional \$10 to earn 2.5 CEUs). **Until the end of the month, use the promo code PREVENTCA for a 50% discount!**

[Register or Learn More About the Workshop](#)



Trauma and Play Therapy

The stress of the last year has made it even more crucial for professionals and caregivers to learn effective ways of helping children express their feelings, cope, and heal.

This 1-hour online, on-demand workshop will focus on using Play Therapy with clients of all ages who have experienced trauma. Specific activities and strategies will be explored. Earn 1 non-contact APT (Association for Play Therapy) and State of FL CEU.

Cost: Regular cost is \$35 (with an additional \$10 to earn 2.5 CEUs). **Until the end of the month, use the promo code PREVENTCA for a 50% discount!**

[Register or Learn More About the Workshop](#)



Interested in learning more about any of our workshops? Please contact [Dominika Nolan](#), Director of Education and Prevention Services at Center for Child Counseling.

[Learn More About Our Institute for Clinical Training](#)

The Center for Child Counseling is approved by the Association for Play Therapy, APT Approved Provider #09-263, Florida Board of Licensed Clinical Social Workers, Licensed Marriage & Family Therapists, and Licensed Mental Health Counselors: Provider #50-11511.

Center for Child Counseling, Inc. | 561-244-9499 | F: 561-345-3800 | info@centerforchildcounseling.org www.centerforchildcounseling.org

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