

Today's MMU:

Children's Services Council of Palm Beach County
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To:Updates <updates@gladesinitiative.org>

35 years #HealthySafeStrong

Helping Palm Beach County
children grow up
healthy, safe and strong



Monday Morning Update February 20, 2024

Please note: CSC was closed Monday, February 19 for Presidents' Day, so we are releasing the Monday Morning Update today, Tuesday, February 20.

The School District of Palm Beach County Seeks Parent Feedback

The School District of Palm Beach County is asking parents to complete a questionnaire to provide important information to schools and the District, to ensure they are fulfilling their mission to educate, affirm and inspire each student in an equity-embedded school system. The themes being addressed are academic excellence and growth, student-focused culture, mental health and wellness, parental involvement and school climate. [Click here](#) to access flyers in multiple languages and [click here](#) to complete the questionnaire.

Prime Time Palm Beach County Requests Workshop Proposals for Afterschool Symposium

Prime Time Palm Beach County, Inc. is requesting proposals for its Afterschool Symposium 2024 that will take place on Friday, May 3 at the West Palm Beach Marriott. This year's theme is Recharge and Revitalize – Amplify Your Impact in the Out-of-School Time Field. This annual event calls for afterschool professionals to join Florida's only afterschool intermediary for a morning of celebration for another year of true commitment to themselves and the youth they serve. Application deadline is Monday, March 15 at 5:00 p.m. [Click here](#) to learn more and submit a proposal.

Change a Life with Mentoring

Interested in mentoring a teen mother in Palm Beach County? Healthy Mothers, Healthy Babies Coalition of Palm Beach County (HMHB) invites you to become a mentor in their Caps and Cribs Program. As a mentor, you'll meet with a mentee for one hour a week to help her stay in school and plan for her future all while raising a child. HMHB provides the training and resources to help you connect with your teen mom while building a relationship of trust and confidence that will last a lifetime. [Click here](#) to complete a mentor application and register for a training.

Life Skills Learning Portal Available to Foster Youth

Students Speak Up for Kids, a program of Speak Up

Summer Internship Opportunities Available at CSC

Children's Services Council (CSC) of Palm Beach

for Kids Palm Beach County, invites foster youth of all ages to discover their new Life Skills Learning Portal, a one-stop shop that empowers them with essential life skills and includes resources on financial literacy, career exploration, college preparation and much more guidance. This portal can be a crucial resource for those aging out of the system or any teen who could use life skill planning. [Click here](#) to access assessments, educational materials and practical advice.

County is recruiting positions for the 2024 Summer Internship Program, which runs from June 3 to July 26. Internships are available in the following areas: Program Management, Journalism, Finance and Human Resources. [Click here](#) to view a flyer with more details and a QR code to register. Applications are due Thursday, February 29 at 5:00 p.m.

Youth Services Department 2024 Summer Camp Scholarship Program Parent Applications Now Open

The Palm Beach County Youth Services Department is accepting parent applications for summer camp scholarships until April 12. The Summer Camp Scholarship Program offers eligible children, ages 5-17, a full scholarship to day camp for the entire summer. The scholarship includes all tuition and fees for children residing in families with income at or below 185% of federal poverty guidelines. Parents may choose from participating camps in the county. Learn more [here](#) and see 'events' section below for application outreach events. For more information, contact **561-242-5713**.

Free Tax Filing Through United Way of Palm Beach County

Get your taxes filed free, fast, and safe! If your household income was \$75,000 or less in 2023, United Way of Palm Beach County is offering free income tax preparation services. This program is supported by IRS-certified Volunteer Income Tax Assistance (VITA) volunteers. Find a VITA site near you and learn what documents to bring by [clicking here](#) or calling **211**. View a flyer [here](#).

Funding Available for First Mortgage Loan Assistance Program

Palm Beach County's Department of Housing and Economic Development (HED) announces the availability of State Housing Initiatives Partnership (SHIP) First Mortgage Loan Assistance Program funds. Funding will provide first mortgage loan assistance, at a 4% fixed interest rate, to assist income-eligible applicants/households. The maximum loan amount is based upon established affordability guidelines and creditworthiness, based upon established underwriting guidelines. Eligible applicants can learn more and apply online [here](#). The application portal will close on Monday, February 26 at 11:59 p.m. (or until 50 applications have been submitted).

Friends of MMU:

Please note that CSC will publish its final Monday Morning Update email on Feb. 26. After 17 years, CSC believes it's time to focus more of our attention on the popular online communications platforms. Thank you for being loyal readers, submitters and supporters. Feel free to continue to share your news with us through our other communications channels, including Facebook and Instagram. For questions, please reach us at mmu@cscpb.org.

Events

Palm Beach County Food Bank: February Outreach Calendar

Palm Beach County Food Bank is focused on fighting hunger in Palm Beach County through five programs – Partner Marketplace, Pop-Up Farmer's Market, Benefits

Sunshine and Pearls - A Community Walk for Families & Childhood Hunger

Saturday, February 24
7:30 a.m.
Anchor Park
340 S. Ocean Blvd.
Delray Beach

Summer Camp Scholarship Application Outreach Events

Saturday, February 24
10:00 a.m. - 3:00 p.m.
Belle Glade Branch
725 NW 4 St.
Belle Glade

Outreach, Childhood Hunger Initiatives (Lois' Food4Kids, Weekend Food for Kids, and School Pantries) and Groceries for Seniors. They support close to 200 partner agencies in Palm Beach County with food, programs and services. [Click here](#) to view a listing of opportunities with locations, times and language services offered. [Click here](#) learn more about the Food Bank.

Project Homeless Connect
Thursday, February 22
10:00 a.m. - 1:00 p.m.
The Salvation Army
600 N. Rosemary Ave.
West Palm Beach

Join the Homeless Coalition of Palm Beach County for Project Homeless Connect, a one stop shop for homeless services for individuals and families experiencing homelessness or in crisis. There will be an opportunity to visit various agencies, shop for free clothes, receive a free haircut and take a shower. [Click here](#) to view a flyer in English, [here](#) for Spanish and [here](#) for Creole.

Art & Autism Expo Gallery Opening
Monday, April 8
5:00 - 7:30 p.m.
City of Boynton Beach Arts & Cultural Center

Alpha Pearl Foundation, Inc., in partnership with Alpha Kappa Alpha Sorority, Incorporated Xi Pi Omega Chapter, invite you to join this inaugural walk supporting food donations and scholarships to local students. [Click here](#) to view a flyer with a QR code to scan for details and to sign up.

Day of Autism: Building Bridges with Law Enforcement
Sunday, February 25
10:00 a.m. - 1:00 p.m.
Village Park
11700 Pierson Road
Wellington

Families and individuals with autism spectrum disorder (ASD) and related disabilities are invited to join the Palm Beach County Sheriff's Office, the Village of Wellington & Florida Atlantic University Center for Autism and Related Disabilities (FAU CARD) for a free picnic and fun activities for the whole family, including a petting zoo, face painting, bounce house, games and trackless train, arts & crafts, touch a truck zone, music, and relax zone for parents. Additionally, there will be interactive opportunities with local law enforcement: K9 / Mounted, ATV/ Motors, 911 Bus and Fire Rescue. FAU CARD staff and numerous local vendors will be in attendance providing information and resources for families and individuals with ASD. Free lunch will be provided by Bolay. To view a flyer for the event, [click here](#). RSVP/ pre-register for the event [here](#). For questions regarding event information please call **561-622-2319** and for resources and outreach information, contact **561-235-8412**.

Jupiter Police Family Autism Day
Saturday, April 20
9:00 a.m. - 1:00 p.m.
Carlin Park West
400 A1A

AND

Saturday, April 6
10:00 a.m. - 3:00 p.m.
Main Library
3650 Summit Blvd.
West Palm Beach

Youth Services will offer extended hours to assist with parent applications on Tuesdays and Thursdays, by appointment only, until 7 pm throughout the application period in addition to the outreach events listed above. To access the program's parent application, please [click here](#).

United Way of Palm Beach County Mentor Recruitment Event
Thursday, February 29
12:00 p.m. - 1:30 p.m.
Virtual

Learn more about local youth programs in Palm Beach County! Strengthen the community, change a life and become a role model and mentor to a youth in the county. Please [click here](#) to RSVP.

Making Waves for Change Youth Summit
Saturday, April 27
9:00 a.m. - 4:00 p.m.
Palm Beach Lakes High School
3505 Shiloh Dr.

125 E. Ocean Ave.
Boynton Beach

Florida Atlantic University Center for Autism and Related Disabilities and the City of Boynton Beach invite you to celebrate Autism Acceptance Month. Artists may participate in the following categories: performance, fiber, traditional or modern art, sculpture, photography or music. A flyer can be viewed [here](#).

Jupiter

Join the Jupiter Police Department for a free, inclusive community event filled with resources and fun, including a petting zoo, bounce houses, games, food trucks, story time, touch a truck section (fire and police), paint the Autism Patrol care and more! [Click here](#) for more information and [here](#) to view a flyer for the event.

West Palm Beach

Attention PBC Youth - you're invited to register for the Youth Summit 2024! This event is free to middle and high school students and includes 10 community service hours. Discussions will include life skills, adulting 101, mental health support, future steps, and prevention and awareness. Music, food and prizes abound! Parents can also register to attend a "Parent Session." If you want to get involved, there are opportunities for workshop presenters, adult volunteers, community resources for youth, and sponsors. [Click here](#) to view a flyer with further information and a QR code to registration forms.

Recurring Events:

Holistic Wellness Circle

Tuesdays
6:00 p.m. - 7:30 p.m.
Cocoplum Nature School
342 N. Swinton Ave.
Delray Beach

Holistic Wellness Circle is a collaboration between Soil and Soul and Cocoplum Nature School and seeks justice and healing for families experiencing economic oppression, especially families of color with very young children. No experience is necessary, and all ages are welcome. Skills and relationships developed through Holistic Wellness Circle can be transformative for individual and family wellness. Children socialize and play outdoors, and parents and grandparents get a break from childcare and focus on holistic wellness in partnership with other families. [Click here](#) to learn more and [here](#) to view a flyer.

Parenting 101 Support Group: A Way of Being with Children

Second Thursdays of the month
6:00 p.m. - 7:00 p.m.
Virtual

Center for Child Counseling invites you to this group for parents of children ages three to six. You will learn to handle difficult behaviors and improve your relationship with your child. To view a flyer for this recurring group, [click here](#) and to register, [click here](#).

Florida Atlantic University Center for Autism and Related Disabilities Events:

African American Under-Representation in Autism Initiative Meetings

Every last Wednesday of the month
12:00 p.m.
Virtual

Research indicates that Black children are being misidentified, delay identified and under-identified with ASD. Without identification children will not receive appropriate educational and therapeutic services and they will not maximize their personal potential. The Black Under-Representation Initiative and Black ASD Identification Research Expansion Project helps to spread awareness and implement an action plan for change of autism in the Black community. [Click here](#) to view a flyer, and RSVP by emailing cmckinney@fau.edu.

Support Group: Raising Black Children with Autism

Every last Wednesday of the month
6:00 p.m. - 7:00 p.m.

Virtual

This group is specifically for parents and guardians of Black children with autism, to support, encourage and be a resource on issues related to autism and the Black community. RSVP by emailing cmckinney@fau.edu.

Thea's Night Out - Community Respite Program

Second Fridays of the month

6:00 p.m. - 9:30 p.m.

St. Peter's United Methodist Church

12200 Forest Hill Blvd.

Wellington

Parents are invited to drop off their children for fun activities, crafts and games and enjoy much-needed rest or a night out. Children are paired with a qualified volunteer and qualified medical supervision will be at each event. To view a flyer with more information and instructions on how to register, [click here](#).

Girls Voice Task Force (GVTF) Virtual Space Meetings

Every second Thursday of the month

6:00 p.m.

Virtual

The GVTF virtual space serves as a place for girls to connect with one another, learn valuable skills and grow together. [Click here](#) to complete the application to receive the meeting link. Join GVTF on Remind by texting [@girlspsc](#) to **81010**.

Food as Medicine Workshops

Second and Fourth Saturdays, through June

10:00 a.m. - 11:00 a.m.

Riviera Beach Urban Farm and Garden

W. Blue Heron Blvd.

Riviera Beach

The idea that our foods can aide in our wellness is a proven fact. The need for medications can be reduced by learning medicinal remedies composed of veggies, fruits and herbs. Operation No Food Gap, in partnership with the American Heart Association is excited to host these events and invites you to join in the fun by participating in cooking demos, gardening, wellness events, juicing and educational workshops along with fitness such as Zumba! The events are free and open to the entire family of all ages. [Click here](#) to learn more and RSVP.

Trainings

Healthy Mothers, Healthy Babies Coalition of Palm Beach County: February Educational Calendar

February events include Childbirth and Caring for Newborn classes in English and Spanish, Breastfeeding and Infant Feeding class in English, Spanish and Creole, Infant CPR in English, Safe Baby in English and Spanish, and Prenatal Yoga in English. Support groups such as Circle of Moms, Pregnancy and Infant Loss, Couples Becoming Parents, and Mothers and Babies are also available, several in both English and Spanish. A calendar with details can be found [here](#).

Child-Parent Psychotherapy (CPP)

Tuesday, February 20 - Thursday, February 22

9:00 a.m. - 4:30 p.m.

Children's Services Council of Palm Beach County
2300 High Ridge Road

Florida Grade-Level Reading Campaign Meeting: Chronic Absenteeism Discussion

Thursday, February 22

10:30 a.m. - 12:00 p.m.

Virtual

Guest speaker Inika Williams, Ed.D. from Attendance Works will join at the start of the meeting to discuss the Florida and national data recently released on the state of chronic absenteeism. Please join to learn more about the statistics across Florida's school districts. Advance registration is required. [Click here](#) for a list of meeting agenda items and to register.

Circle of Security Group

Mondays, February 26 - April 15 (8 sessions)

5:30 p.m. - 7:00 p.m.

Center for Child Counseling
8895 N. Military Trail

Boynton Beach

Florida State University Center for Prevention and Early Intervention Policy invites you to apply for their 2023-2025 Florida Cohort 8 CPP training. CPP is an effective, evidence-based intervention to help young children 0-5 and families recover and heal after stressful and traumatic events. [Click here](#) to apply for the first learning session, and [here](#) for a flyer with additional details.

Palm Beach Gardens

This group, through Center for Child Counseling, is for adults with children between the ages of six months to six years, and there will be a maximum of eight adults or six families in the room. Please note that childcare is not available. Please contact Lhernandez@centerforchildcounseling.org if interested for more information.

2024 Children's Services Council Trainings List:

[Click here](#) to view a flyer for this event.

Family and Community Engagement in Action: Staff, Families and Community Agencies Partnering to Achieve Positive Outcomes

Wednesday, February 28 OR May 22
9:00 a.m. - 5:00 p.m.

[Click here](#) to view a flyer with details.

Perinatal Mood and Anxiety Disorders (PMADS)

Tuesday, March 5
9:00 a.m. - 5:00 p.m.

[Click here](#) to view a flyer for this event.

Touchpoints

Next Session March 5-7
9:00 a.m. - 5:00 p.m.

This three-day training is designed for individual healthcare, therapy, early childhood education and social service providers who want to incorporate elements of the Brazelton Touchpoints™ Approach into their practice setting. The Brazelton Touchpoints™ Approach helps professionals engage around key points in the development of young children. By helping parents identify and expect bursts and regressions in child behavior (the "touchpoints") professionals can reduce parental frustration and self-doubt while fostering parenting skills and the parents' enjoyment of their child. In the process, the bond between the provider and the family is strengthened. [Click here](#) to view a flyer.

Additional Trainings:

Dates, times and locations vary

Virtual, on-demand and in-person trainings are available

- Emotional Intelligence- CEUs
- Infant Mental Health- Level 1 & 2- CEUs ***starts Jan 16**
- Get Your Green On Special Trainings: Impact of Nutrition on Mental Health
- Get Your Green On Special Trainings: Healing through Art for Young Children
- Early Childhood Attachment & Development- CEUs
- Brain Development- CEUs
- Supporting Children in Uncertain Times- CEUs
- Language Development in Early Childhood
- Trauma Informed Care- CEUs ***starts Dec 7**
- Advances in Trauma Informed Care Webinar
- Self-care for Helping Professionals Webinar
- IMH Reflective Supervision- CEUs
- AVDA Domestic Violence Prevention Education- CEUs
- T. Leroy Jefferson Medical Society High-Risk Pregnancy Support & Reproductive Justice Webinar
- Special Needs & Sensory Integration- CEUs
- Autism & Cultural Considerations- CEUs ***starts Dec 5**
- Perinatal Mood and Anxiety Disorders (PMADS)- CEUs ***starts Nov 16**
- Teen Parents and their Babies: Strategies for Speaking with Young Parents- CEUs
- Ghosts & Angels in the Nursey Webinar

- Bereavement, Grief, & Loss Webinar
- Connecting with Fathers Webinar
- Solution-Focused Approach for Substance Abuse Services Webinar ***starts Nov 29**
- LGBTQ Strength based Clinical Tools Webinar
- Crisis & Team Management: Developing Effective Teams
- Essentials of Effective Leadership ***starts Nov 30**
- Public Speaking
- T. Leroy Jefferson Medical Society Diversity in IMH: Case Study Review & Support Webinar
- Faith & Culture in Family Engagement- CEUs
- T. Leroy Jefferson Medical Society Social Determinants of Health & Wellbeing Webinar
- Communicating Across Differences Webinar
- Solution Focused Brief Therapy Webinar
- Cultural Humility Webinar ***starts Nov 6**
- Community Trauma & Systemic Thinking Webinar ***starts Nov 15**
- Family Engagement: Facilitating Attuned Interactions- CEUs
- Dynamics of Family: Blended Families, Co-parenting, & the Life Course- CEUs

To learn more and register, [click here](#). Contact Debbie Manigat at **561-740-7000** with questions.

Recurring Trainings:

Mommy Matters Virtual Series

Second Wednesdays - March 13

12:00 p.m. - 1:00 p.m.

Virtual

Baptist Health South Florida invites you to join this educational series emphasizing heart health after pregnancy and nutrition during pregnancy. [Click here](#) to view a flyer.

On-Demand Trainings:

ACEs, Trauma, and Toxic Stress - Center for Child Counseling

Workshop available on bekidsafe.org

Virtual

This workshop provides an overview of the ACE study, Trauma, Toxic Stress and the impact on health. Resilience and building a trauma-informed approach is also explored. This workshop is appropriate for teachers, caregivers, professionals and anyone who is interested in learning more about how adverse childhood experiences impact children, and what we can all do to foster resilience throughout the lifespan. Small fees apply. Click the link above to learn more.

PEPSA Spring Professional Development: Social Stories 10.4 - FAU CARD

Available February 1 - April 30

Virtual

Florida Atlantic University Center for Autism and Related Disabilities (FAU CARD) presents this Partnership for Effective Programs for Students with Autism (PEPSA) training during which you will learn to define Social Story and Social Humility, learn the Social Stories 10.4 criteria, explain how Social Stories improve parent and professional responses to children, adolescents or adults in their care, develop a genuine Social Story for a toddler or child, or a Social Article for an adolescent or adult. [Click here](#) to learn more or contact **561-213-5751** for more information.

Additional Resources

[Visit the CSC website](#)

[CSC Employment](#)

[CSC Provider Agency Employment](#)

[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpcb.org. [Click here](#) review the MMU Submission Guidelines.

Stay Connected!



Children's Services Council of Palm Beach County | 2300 High Ridge Road, Boynton Beach, FL 33426

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